

## Free computer guides from Digital Unite

An extensive collection of learning guides about using modern technology created by **Digital Unite**, the digital learning experts. The easy-to-use guides are ideal for improving your own confidence and skills or for supporting other learners.



### Computer basics

It's easier to get to grips with computers than a lot of people think. Here's how to get started.

[Read more](https://www.digitalunite.com/technology-guides/computer-basics) <https://www.digitalunite.com/technology-guides/computer-basics>



### Microsoft Office

Easy-to-follow guides on using Microsoft Office programs (Including Word, Excel, Powerpoint and Paint).

[Read more](https://www.digitalunite.com/technology-guides/microsoft-office) <https://www.digitalunite.com/technology-guides/microsoft-office>



### Email & Skype

Staying in touch has never been easier or cheaper. These easy-to-follow guides will help you take advantage.

[Read more](https://www.digitalunite.com/technology-guides/email-skype) <https://www.digitalunite.com/technology-guides/email-skype>



### Using the internet

These guides will give you all the tools you need to become a confident internet user, surfing the web with aplomb.

[Read more](https://www.digitalunite.com/technology-guides/using-internet) <https://www.digitalunite.com/technology-guides/using-internet>



### **Health and Fitness**

How to stay fit and healthy with a little help from the internet

**[Read more](https://www.digitalunite.com/technology-guides/health-and-fitness)** <https://www.digitalunite.com/technology-guides/health-and-fitness>



### **Internet security**

These essential guides detail the simple rules for staying safe online.

**[Read more](https://www.digitalunite.com/technology-guides/internet-security)** <https://www.digitalunite.com/technology-guides/internet-security>



### **Hobbies & interests**

Find out just how easy it is to make the most of the many exciting, fun and useful things that the internet has to offer.

**[Read more](https://www.digitalunite.com/technology-guides/hobbies-interests)** <https://www.digitalunite.com/technology-guides/hobbies-interests>



### **Music & audio**

Music, audiobooks - you name it, it's all on the internet and really easy to get hold of and download. Here's how.

**[Read more](https://www.digitalunite.com/technology-guides/music-audio)** <https://www.digitalunite.com/technology-guides/music-audio>



### **Smartphones & tablets**

Powerful, convenient and multi-purpose, smartphones and tablets are the two key players in the fast-growing world of mobile computers.

**[Read more](https://www.digitalunite.com/technology-guides/smartphones-tablets)** <https://www.digitalunite.com/technology-guides/smartphones-tablets>



### **TV & video**

It's now possible to watch TV programmes you've missed and films you thought you'd never find again – all online. These guides explain.

**[Read more](https://www.digitalunite.com/technology-guides/tv-video)** <https://www.digitalunite.com/technology-guides/tv-video>



### **Social networking & blogs**

We'll show you how to get involved in these exciting, fun and flexible forms of social media.

**[Read more](https://www.digitalunite.com/technology-guides/social-networking-blogs)** <https://www.digitalunite.com/technology-guides/social-networking-blogs>



### **Digital photography**

There are so many great ways to store, edit and share photos – our guides will show you how.

**[Read more](https://www.digitalunite.com/technology-guides/digital-photography)** <https://www.digitalunite.com/technology-guides/digital-photography>



### **Government services, shopping & banking**

The chores that used to mean a trip in the car can now be done from a chair, with a cup of tea by your side. No more filling in endless paper forms!...

**[Read more](https://www.digitalunite.com/technology-guides/government-services-shopping-banking)** <https://www.digitalunite.com/technology-guides/government-services-shopping-banking>



### **Online collaboration tools & remote working**

Online collaboration is becoming an increasingly important part of the way organisations work.

**[Read more](https://www.digitalunite.com/technology-guides/online-collaboration-tools-remote-working)** <https://www.digitalunite.com/technology-guides/online-collaboration-tools-remote-working>