



WELLBEING & CONNECTIONS

Post-discharge Support Service

For Westminster residents aged 60+

Who is the service for?

Westminster residents aged 60+ who have recently had a hospital stay or a change in health.

What does the service offer?

Age UK Westminster offers immediate short-term support to clients in their homes. This may include:

- A home visit from a member of our experienced team.
- Initial assistance with light shopping, helping arrange meal deliveries and prescriptions
- Talking to health professionals for arrange support at home.
- Finding the ongoing support and care options that are right for you.
- Accessing social opportunities near you, such as clubs and community activities.
- Arranging a volunteer to visit you at home for up to 6 weeks to help you regain confidence.

How do I make a referral?

We accept referrals from health care professionals, community health workers and self-referrals.

For more information please call

020 3004 5610 (Mon-Fri, 10am-2pm)

email PostDischarge@ageukwestminster.org.uk

or visit www.ageukwestminster.org.uk

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