

Westminster support for older residents

Age UK Westminster has been awarded over £14,000 by the City of Westminster Charitable Trust to provide needy, older residents with help and support to counter the effects of the covid-19 lock down.

In addition to existing support provided by the charity, this generous donation will be used as follows:

- Telephone befriending
525 older people are known to be at risk of social isolation. There are 150 volunteers who will be calling these people two-three times a week.
- Online activities
“Tea and Chat” hours, quizzes and exercise programmes will be provided for groups of six to ten participants several times each week.

These donations are made possible by the generous financial support of Westminster residents. Age UK Westminster’s Chief Executive, Mehfuz Ahmed, has written to thank the Lord Mayor and local residents for their generosity.

For further information, contact Mehfuz Ahmed:

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