

Kuega Jam in full swing



Daisy Chain Stitchers



Christmas Concert



The Housing and Care Options Project



Dance Moves

Keeping in touch Newsletter

Spring 2017 Edition





Welcome to our latest newsletter. Inside, you'll see something of the range of activities and support available locally. We're proud of the difference we make in the lives of local people and, with your help, we want to

continue to make a difference in the years ahead.

There are many ways in which you can help us; by becoming a volunteer, or making a donation. Why not consider buying one of our insurance products; any profit from sales is fed back into our work locally. Finally, we are always grateful for any legacies which we receive; please consider including us in your will.

Finally, we are your local Age UK; we are proud that our staff and volunteers, together, deliver services to a high standard. Will you support us to continue making a difference to older people in your area?

John McArdle Chief Officer



**Do you need help with your cleaning?
Do you know someone else who does?**



Please contact our

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on

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Kuega Jam in full swing

Kuega Jam in full swing at the Age UK Wigan Borough Annual General meeting at Wigan Cricket Club. The group entertained the audience with renditions of well known songs from across the ages. The jammers meet regularly for rehearsals at The Old Courts,

Crawford Street, Wigan between 12.30-14.30 on Wednesdays. The group provide entertain at several Bright Days events throughout the year.



8.7/10

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Age UK Trading* works with a select group of trusted commercial partners to offer solutions that are made specifically to improve later life and enable you or your loved one to remain independent in their own home.

All of these products are manufactured to the highest standard and come with excellent customer service. Providing tailor-made products, value for money and customer satisfaction are fundamental to ensuring all customers can buy with confidence.

If you are interested in purchasing any of these product solutions then please contact Age UK Wigan Borough on the number below.

Call Age UK Wigan Borough:

01942 241 972

Please quote code: **AFF01**

www.ageukwiganborough.org.uk

Age UK Wigan Borough, 68 Market Street, Wigan, WN1 1HX

*Age UK Trading CIC is a social enterprise owned by Age UK the charity.

All Age UK commercial products and services advertised are offered by Age UK's trading subsidiaries which work with various third party suppliers and donate their net profits to Age UK (charity no. 1128267). Age UK Hearing Aids are provided by UK Hearing Care Management Services Limited (UKHCMS Ltd) working in association with Age UK Trading CIC (Age UK's community interest company). UKHCMS Ltd will aim to raise a minimum of £420,000 during 2016/17 for Age UK. Age UK Stairlifts, Bathing and Chair products are provided by Handicare Accessibility Ltd working in association with Age UK Trading CIC. Handicare will aim to raise a minimum of £1,200,000 during 2016/17 for Age UK. Age UK Adjustable Beds are provided by Theraposture Limited working in association with Age UK Trading CIC. Theraposture will aim to raise a minimum of £85,000 during 2016/17 for Age UK. OwnFone is provided by OwnFone Limited working in association with Age UK Trading CIC. OwnFone Limited will aim to raise a minimum of £30,000 during 2016/17 for Age UK.

Dance Moves

If dancing is your thing then why not join Dance Moves at Astley and Tyldesley Methodist Church on Tuesday afternoons between 13.00-14.00.

All levels catered for with a variety of dance styles from rock and roll through tap to sequence dance routines. It is a great way to meet people and get fit.



Christmas Concert

The Silver Choir in full rehearsal at Argyle Street Methodist Church Hindley, where they meet every Wednesday mornings 10.15-11.45 (term time only).

Below the choir performing at the Christmas Concert in the beautiful surroundings of

St Mary's RC Church Stan-dishgate.



The Housing and Care Options Project

The housing and care options service provides free, impartial information and advice to help you to discover what your Housing and Care Options are and help you to plan for your current or future needs. We provide a person centred service that can be a vital link between individuals and services in Wigan Borough. We provide Housing and Care related advocacy. We help talk through options in a timely way to help you to make informed decisions to avoid any future crisis.

We can help you to have choice and control over your future housing and care needs.



We offer...

- Help with housing application forms.
- Advise on different ways to bid for social housing.
- Help to arrange visits to view accommodation.
- Support to access the EAC First Stop
- Housing & Care Options website and advice line, 0800 377 70.

We are also able to signpost service users to a wide range of other services available through Age UK Wigan Borough which can include other charities and our local council. You can contact our adviser on 01942 615882



Contact Age UK
Wigan Borough
on 01942 241972

or visit our website :

www.ageuk.org.uk/wiganborough/

 @AgeUKWB. follow us on Facebook 



Are your retirement finances ready?

Retirement should be a time for relaxing and spending quality time with friends and family. At Fairhurst we would recommend that you ensure your finances are in order so that you can fully enjoy this next stage in your life.

For example, have you considered:

- **Your options for pension drawdown**
- **Investment products to secure your income**
- **Life insurance & assurance**
- **Long-term care planning and funding**
- **Will planning and preserving assets**
- **Inheritance Tax planning**
- **Use of family trusts**
- **Efficiently passing on assets such as the family business**



This may sound complicated and easy to put off for another day but the sooner your finances and wealth plans are in order the sooner you can have peace of mind.

We are here to help you through the process and to offer advice and solutions to make your finances work for you in your retirement, as well as ensuring efficient movement of family assets to your successors where desired.

For a free no obligation chat or to arrange a meeting please call Steve Elliott (Tax Partner) or Martin Stewart (Financial Planning Director) on 01942 241103.



Fairhurst Financial Planning Limited are authorised and regulated by the Financial Conduct Authority.



Ambition for Ageing – One year on



It's been an incredible first year for the project. We have mapped assets in our allocated wards of Atherton, Leigh West and Pemberton, invested in projects for and run by people over 50 and recruited lots of volunteers for Local Investment Panels, Forums and Community Ambassadors. We are starting to see that small changes can make a big difference with dedicated volunteers, a little money and lots of enthusiasm.

One of the 38 investments made to date by the Ambition for Ageing Project includes mobile equipment for the Classic Cinema Club (Part of Leigh Film Society).

The group were awarded £1,945.59 by the Ambition for Ageing Local Investment Panel.

Elizabeth Costello, volunteer organiser of the group, said "This investment has enabled us to purchase a number of items including promotional material and mobile equipment. In addition to the growing numbers of attendees at our club we are now starting another in Tyldesley. The Classic Cinema club is held on the last Friday of every month at the Turnpike Centre in Leigh with the film starting at 1pm and refreshments available from 12.30pm. The new Classic Cinema Club is held at the Pelican Centre in Tyldesley on the last Monday of each month at 1pm. Our venues are accessible and we welcome new members. It's a great place to relax and enjoy a film from days gone by amongst friends." The group were recently fea-



Classic Cinema Club



MS Support Group

ured on Granada Reports.

The Ambition for Ageing project has also successfully made 2 larger investments to date (up to £10,000). The first is for innovative equipment for the MS Support Group in Marsh Green, Pemberton and the second to set up a new community garden at the Greengrass Centre in Atherton.

And our Customer Survey Said...

We monitor the services that we provide and ask the people using them to tell us what they think. Here is what they have said:

- 100.0% say that staff treated them with courtesy;
- 99.8% say that our staff were reliable;
- 96.8% say that the service was helpful to them
- 98.5% would use the service again;
- 98.5% would recommend us to their friends and family.

In addition, 70.6% describe us as 'excellent' and 26.9% as 'very good', with only 1.7% as 'average' and 0.4% as 'poor'.

We also monitor the longer term impact on the lives of older people using our services. As a result of being in contact with us:

- 9.4% feel less lonely as a result of using our services;
- 36.1% feel more positive;
- 71.4% know where to find information they need;
- 44.9% feel safer at home; and
- 37.7% find it easier to manage around the house.

These figures are based on feedback from older people using our services over the period January to December 2016 *.

We are pleased with this strong endorsement of the services that we provide and always strive to improve what we do.

* Based on 476 returns to our Quality Monitoring Questionnaires in this period across all our services. 799 questionnaires have been sent, representing a response rate of 47.7%.



Ash Tree House

Care Home

*Mum is treated
with the respect she
deserves, dignity and
kindness by all the staff.*

*Daughter of Resident at
Ash Tree House
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Ash Tree House makes a real difference to the lives of our residents. Offering 24 hour residential and dementia care, Ash Tree House's caring and highly trained staff cherish our residents, assisting them to remain independent and ensuring they enjoy an active lifestyle.

*A home is more than just bricks and mortar – it is a **place you feel safe, well cared for and relaxed.***



Passing by? Pop in for a cuppa ...



Ash Tree House Care Home

Warwick Drive, Hindley, Wigan, WN2 4DT
customer.services@idealcarehomes.co.uk
01942 256 089

ideal carehomes

idealcarehomes.co.uk

Bright Days Programme

Keeping active and healthy helps you to feel better about yourself and being more active and enjoying life can have long term health benefits too.

Our Bright Days Programme aims to help you feel good and have fun. It offers a wide range of activities to encourage you to get the most out of life, whether it is just having a cup of tea and a chat or doing something more active like swimming or walking or enjoying a sing along!

A copy of our current brochure is available on our website.

Our latest newsletter can also be read on our website.

Befriending

Our befriending service provides support and companionship to people across the Wigan Borough, either by home visits or by telephone. The befriending volunteer is also able to identify concerns and issues so that referrals can be made to the appropriate service or organisation.

The criteria for this service is that the person should be over the age of 60, live alone, have no family involvement and have no involvement from other services.

Bright Days activities

Age UK Wigan Borough, working in partnership with other services and organisations, has set up a programme of activities to suit everyone, located at various venues within the borough.

Our activities include:

- Silver Choir
- Coffee mornings
- Ukelele Club
- Craft Club
- Line Dancing
- Jamming Sessions
- Here and There Club
- Sequence Dancing
- Zumba
- Classic Cinema Club

To book a place or to find out more about the Bright Days Programme, please contact the Bright Days Team Leader, using the details below. For an up-to-date list of our activities see

<http://www.ageuk.org.uk/wiganborough/Our-services/Bright-Days-Events-and-News/>

Contact:

Bright Days Team Leader,

Phone: 01942 615883

Email:

brightdays@ageukwiganborough.org.uk

Daisy Chain Stitchers

Daisy Chain Stitchers hard at work producing another masterpiece. One of their latest pieces is a commemoration of those that fell in World War 1.

The stitching group is one of the oldest establish groups that link with Bright Days

they meet every Tuesday at Clifton Street Community Centre 13.00-15.00.



Moazaic Cafe Mount Zion I. M. Church Ormskirk Road Pemberton First Monday of every month 2-4pm cost £2.00 per person. This is a dementia friendly event offering board/table games, musical activities, craft activities, chair based exercise and visiting speakers. For more details contact Barry Hart (Minister) 01942 215745/07759 790005.

Cafe/drop in Centre The Hub St Mark's Church Victoria Street, Newtown, Wigan . Every 3rd Monday of the month. For carers and those they care call in for refreshments and activities. £2.00 per session. No need to book just drop in.

Higher Folds Lunch Club at Higher Folds Sports and Social Club Kensington Drive Leigh. Every Monday 10.00am - 1.30 pm. Tea biscuits and games followed by a 2 course lunch and bingo. Cost £3.50. Contact Jacquie on 01942 678441 for more information and to book your place.

Spring Social 10th March Hesketh Manor 13.00-16.00 Bullough Street Atherton M46 ODL Live singer, Bingo, Games. Cost £2.00 to book call 01942 615883

Come and Meet Us event 13th March 10.00-12.00 Asthon Library. Come along and find out about the current range of services offered by Age UK Wigan Borough. A friendly member of staff will be on hand to answer your questions and to provide advice on our services and how to access them.

Saint Patrick's Day Celebration 16th March 13.00-16.00 Brian Boru 55 Bryn Street Ashton Wigan WN4 9AX Free event to book call 01942 615883

Bright Days Open Forum 20th March 13.00-14.30 Queens Hall Market Street, Wigan. Please come and give us your views. If you don't tell us , we can't change anything. Are you a member of the community who would like help setting up a group? Come along and give us your ideas.

Spring into Bright Days Friday 24th March Westwood Independent Methodist Church Ince WN3 4LA 13.00-15.00. Come and meet some of our Bright Days team. Community bake sale, tombola, raffle, information stalls, vintage clothes stall, easter bonnet competition and music.

VE Day Celebration 8th May 13.00-15.00 Leigh Miners Welfare Institute Kirby Street Leigh. Vintage Disco from A Train Swing. 1940's dance, raffle, tombola. 'Fancy Dress Optional' Free event to book call 01942 615883.

Cruise with us in Chester Thursday 11th May we shall be taking a trip to Chester to 'Cruise and Dine'. Coach travel from Wigan or Leigh. Drop off in Chester with a chance to explore the historic city. A 3 hour cruise with a 4 course lunch on board. All this for £35. A £5 non refundable deposit to be paid by 3rd Feb. Full payment to be made by 10th March. This trip is very popular, first come first served to book call 01942 615883.



Bright Days
provided by




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T: 0333 999 8699 E: careline@hc-one.co.uk

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Retirement Living

Retirement Living for people over 55

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Riverside Retirement Living accommodation and services will keep you living independently with the peace of mind that you're safe and sound. We are here to make the next stage of your life easy.

We will support you in living life to the full so you can keep active and be involved in the local community if you want to.

You can concentrate on enjoying that extra feeling of freedom.

We recognise sometimes people need extra help as they get older, but while you or a loved one may need support, being independent is important too. We understand change isn't easy, the decision to move on may be tough, but we are here to help you take that next step with confidence

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- Has poor mobility and is at risk of falls
- Has been diagnosed with dementia
- Is hard of hearing or has poor sight
- Is living alone and wants to feel safer

For more information and a free demonstration, please call:

0330 123 3 365

or email: 365enquiries@sanctuary-housing.co.uk

www.sanctuary365.co.uk

Sanctuary

Sanctuary365 is a trading name of Sanctuary Home Care Limited, an exempt charity