

Issue 71

www.ageukwiganborough.org.uk

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Local Choir Donates to Age UK Wigan Borough

Age UK Wigan Borough were delighted to receive a very generous donation of £1000 from Lowton, Golborne, Newton Community Choir.

Pictured with Age UK Wigan Borough Chief Officer John McArdle (left) are Muriel Fowler, Music Director and Shade Black, Piano Accompanist. Also pictured (right) is Matthew Hothersall Chair of the Board at Age UK Wigan Borough. We welcome this generous donation



as it will allow us to continue our work developing responsive and engaging services and activities for older people across the Borough.

For further information about the choir including forthcoming concerts visit **http://www.lgncc.co.uk/.**

Age UK Wigan Borough Value Statements

Core values state the essential ethos of an organisation. They describe what drives the organisation and the standards it upholds. A group of staff members and volunteers have been working to develop our core values (shown in the box). These will be used to demonstrate the way we work and the type of person we seek to employ. They will be used to inform our recruitment and appraisal systems.

Dancing with the Forces

Bright Days recently teamed up with Leigh Community Trust to put on a tea dance with a forces theme and music from the 50s and 60s. A great time was had by all!



We lead the way with PRIDE.

Respectful

Innovative

Empowering

Dynamic

We are: Person Centred

Ambition for Ageing Project Update

Ambition for Ageing are making investments that will help to reduce social isolation for older people in Atherton, Leigh West and Pemberton.

- The Bridge Bowling Club in Atherton received £3,582.72 for new Indoor Bowling equipment.
- The Over 60's Club at St Francis Church in Pemberton received £453.50 for a Bingo Machine and Microphone & Amplifier.
- Dorset Road Community Centre in Atherton received £1,618.25 for an accessible door and crockery.
- Aspects Day Club in Pemberton received £928.56 for an iPad and indoor games.
- Winster House in Pemberton received £599.87 for Outdoor seating, plants, garden equipment and promotional materials for their summer fair.

Applications from Leigh West are currently being processed. If you would like more information on the project please contact Pauline or Martine on 01942 826079.

Chief Officer John Mcardle and Central Services Manager Sarah Shannon presenting a cheque to The Bridge Bowling Club in Atherton.



Resolutions Mediation Service

Resolutions provide mediation to families who are experiencing conflict or have important decisions to make that are difficult to talk about. Mediation is a safe space to express thoughts, feelings and wishes and, most importantly, listen to those of others.

Being voluntary, impartial, confidential and fair means that people are able to have conversations in a way that can be otherwise hard. Whilst the focus is on the family, the mediator takes control of the session. He/she does not take sides, give advice or guidance but supports those involved to talk about what is happening and decide on a way forward that is right for everyone.

A mediator will arrange to meet with each person involved prior to coming together to mediate so that he/she understands the situation and to make sure that everyone knows what mediation will be like. Sessions take place in a neutral venue, such as a community centre at a time that suits you. Subsequent sessions are available to help look at how things are getting on. For more information call Tracy on 01942 601502 / 07462607023 or email tracy@resolutionsmediation.org. Website: www.resolutionsmediation.org.

The future of transport in Greater Manchester starts now

People across the city region and beyond are being asked to have their say on the future of Greater Manchester's transport as a 12-week consultation on a draft long-term strategy launches.

The Greater Manchester Transport Strategy 2040 – developed by Transport for Greater Manchester (TfGM) on behalf of the Greater Manchester Combined Authority (GMCA) and Greater Manchester Local Enterprise Partnership (LEP) – sets out long-term proposals to create a cleaner, greener, more prosperous city region through better connections and simpler travel. The Strategy considers all aspects of travel from local neighbourhoods to global markets and focuses on creating an integrated, sustainable, and well co-ordinated transport system which supports a wide range of different travel needs.

The consultation, launched in early July by Tony Lloyd, Interim Mayor of Greater Manchester, gives local people the opportunity to shape the future of travel as part of a radical, and ambitious, new approach to planning in support of long-term needs and aspirations.

Find out more and join in the conversation at <u>www.tfgm.com/2040</u>, where a short animation of the Greater Manchester Transport Strategy 2040 is also available to view. All comments will be reviewed and taken into consideration before the Strategy is finalised later this year.

David's Outstanding Achievement Recognised

During 2015/2016, David Rogers, Insurance Arranger, achieved the highest

conversion rate for home insurance sales in the entire country. David was also ranked 4th overall for the highest conversion rates across all core insurance products. When you consider that there are many hundreds of insurance arrangers and supervisors nationally, you will agree that this is an outstanding achievement. Well done David!

David receiving his Special Achievement Award from John McArdle, Chief Officer (left).



Age UK Wigan Borough Prepare for Winter Event

Need to know how to stay safe this winter? Would you like to know how to save money on your gas/electricity bills? Would you like tips on how to keep warm during the cold months? How to stay healthy? Then why not drop into our 'Prepare for Winter Event' at The Queens Hall on Market Street in Wigan? The event will run from 13.00-15.00 on Tuesday 18th October. For more information contact Harry Unsworth on 01942 615884 or Harry.Unsworth@ageukwiganborough.org.uk.

Would you like to be a Silverlinks volunteer?

Silverlinks aims to provide older people with information about housing, care & related finance in later life.

Sharing experiences with older people of staying put or moving home and helping others reach a decision that's right for them is a vital part of the work Silverlinks carries out.

We want to meet people who are interested in working with older people through giving them the benefit of their own experience. Volunteers will help people become aware of what's out there, giving their time to listen to people and offer practical advice. Through this support, we aim to help people feel less isolated and to assist them in developing awareness of what to do and who to ask for help and advice.

To find out more, we will be providing free information sharing sessions over August and September. If you are interested, please contact Jilly on: 01942 241972 or email **margaret.mccann@ageukwiganborough.org.uk**. Alternatively, visit **https://silverlinksprogramme.wordpress.com/resources-for-older-people**/

Celebrate Raksha Bandhan

Raksha Bandhan is a Hindu festival which is celebrated in India and throughout the world each year. This year it will be celebrated on Thursday 18th August.

Family is an integral part of all Hindu festivities and it is family bonding that Raksha Bandhan celebrates. Literally meaning 'a band that protects', Raksha Bandhan is a unique ritual that celebrates the love, affection and bond between brother and sister. It is a day when siblings pray for each others' well being and wish for each other happiness and goodwill. In modern times close friends also take part in the festivities.

On the day of the Rakhi festival, a sister ties a sacred thread or Rakhi on her brother's wrist, and both make a prayer to God for the wellbeing of each other. The Rakhi (bracelet) is usually made from red and gold threads interwoven with coloured beads. It is a day of festivities, gatherings, exchanges of sweets and gifts, lots of noise and singing and dancing!

Over a period of time, the festival has developed from celebrating the bonding of brother and sister to become an icon or symbol of socio-cultural integrity. It has a great social significance because it underlines the notion that everyone should live in harmonious co-existence with each other.











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