







# All About Atherton August 2019 What's on for the over 50s in Atherton Edition

Tyldesley Creative Writers – Tyldesley Library, Stanley Street.

Get your creative juices flowing at this creative writing group every Tuesday from 10.30am - 12.30pm. The first session is free to attend, so come along and give it a try. Sessions after this cost £2, which includes refreshments.



# Happy Timers CIC Monday Club – Mealhouse Court, Mealhouse Lane.

Enjoy a hot 'pay as you feel' meal and an entertaining social afternoon on the second Monday of the month from 12noon - 2pm. Enjoy some fun activities and a chat in a warm and welcoming informal environment. All are welcome to come. For more information contact Marlene on:  $07734\ 070203$  or Sandra on:  $07855\ 851183$ .

# Atherton Baptist Church – Tyldesley Road.

Have some lunch with the group on the first Tuesday of the month. The meal costs £3.40 which includes main course, dessert and tea or coffee. Please book your place in advance by calling Pat on:  $01204\ 655555$ . Join the group for a hot drink and a chat at the coffee morning every Wednesday from 9.30am - 11am. £1 cost to attend.

# Health and Well Being Event Atherton Conservative Club, Market Street, Atherton Friday 4th October 2019 12noon – 2pm

A fun and informative free event aimed at people over 50. Free refreshments are provided, and there will be various stalls to browse, as well as information and advice and information about local social activities. There's no need to book a place, just come along. For more information call: 01942 615895.

Age Friendly Atherton – Sit Thi Deawn/Take A Seat

Look for the age friendly flower logo in the windows of local businesses. Businesses displaying this logo have committed to providing at least a seat, patience, a glass of water and an emergency phone call to those aged 50+ if needed in an emergency.



#### Atherleigh Ladies Bowling League

Join the group for a game of bowls on Tuesday afternoon from 1.30pm. The group meets at various clubs including: A & T (Gin Pit), Botanical Gardens, Brunswick, Gardeners, Leigh Cricket Club, Leigh Rugby Club, Lord Nelson, Sacred Heart, Tyldesley and Westleigh Village Club. New members are always welcome, and there are teams for both ladies and gentlemen. For more information call Joyce on: 01942 874606.

#### Dementia Buddies - Atherton Town Hall, Bolton Road.

Enjoy a two course lunch with drinks on the first Monday of the month from 11.30am – 2pm. There's lots of entertainment, with Bingo, quizzes and games. The meal costs £3.50. Book your place before attending by calling: 01942 603175 or 01942 888990. Upcoming dates: September 2<sup>nd</sup>/October 7<sup>th</sup>. There is also a coffee morning on the third Friday of the month. Enjoy a hot drink, a chat and some homemade cake. This event is free to attend and all are welcome.

# Hesketh Manor – Bullough Street.

Enjoy a game of Bingo with the group every Friday from 1pm - 3pm. Have a chat and a bite to eat at the Breakfast Club every Tuesday from 9.30am - 11am.

# Blakeborough House – Elizabeth Street.

There is a community coffee morning held here on the first Monday of the month from 10am. All are welcome to come along for a cuppa and a chat.



# Belong Atherton – Mealhouse Lane.

Come along to the coffee morning every Monday and Thursday from 10.30am – 12noon. It's free to attend, so come and have a cuppa and a chat! A Songs of Praise session by Friends of Hindley Green Family Church takes place every Friday from 10.30am – 11.30am. There will be a BBQ themed tea held in the Bistro on Wednesday 28<sup>th</sup> August from 5pm – 6pm, as well as a Peaky Blinders 1920s inspired tea on Wednesday 25<sup>th</sup> September from 5pm – 6pm. Charges do apply for the meal and you must book your place in advance by calling the centre on: 01942 898410.

# <u>Devonshire Place – Devonshire Road.</u>

Have a game of Dominoes with the group every Monday from 1pm. On Wednesdays from 1pm you can take part in a game of Bingo. There is also a craft session on Fridays from 9am – 11am. The craft session costs £2 to attend.

# Crafts 4 Us – Atherton Town Hall, Bolton Road (First floor).

The group meets every Thursday from 1.30 pm - 3.30 pm and has a variety of crafts to have a go at including card making, using a loom, jewellery design and more. Suggestions about new crafts are always welcomed and taken on board. The sessions cost £3 to attend. For more information contact Dorothy by email:

dorothy.rylance@yahoo.co.uk

#### Atherton Methodist Church – High Street.

Come along to the regular coffee mornings held at the church from 9.30am – 12noon. Upcoming dates for this are: 22<sup>nd</sup> August, 12<sup>th</sup> September and 10<sup>th</sup> October. There will also be a coffee morning in aid of Macmillan Fund on Thursday 26<sup>th</sup> September from 9.30am – 1pm. Proms in the Hall event will also be taking place on Saturday 21<sup>st</sup> September from 7.30pm which features Coppull and Standish Brass Band. A Harvest lunch will be held on Sunday 6<sup>th</sup> October which will be followed by a Harvest celebration service. On Saturday 19<sup>th</sup> October, join in with a 40s themed night. For more information, call Lynda on: 07539 852470.

Have you heard about the new <u>'Talking About My Generation'</u> campaign? A group of community reporters aged 50 and over from Wigan Borough and across Greater Manchester have teamed up to launch the campaign and will be reporting on people's stories of life over 50; celebrating their lives and highlighting challenges associated with ageing and how they are being overcome - to inspire people to live the life they choose, regardless of age. The team will meet at monthly newsrooms and attend local events and groups to cover key issues that they feel are important in later life: from retirement to staying active. To see the reporters' stories contact Liz on 01942 615895 for a copy of their newsletter or go to <a href="https://www.yellowjigsaw.co.uk/TalkingAboutMyGeneration">www.yellowjigsaw.co.uk/TalkingAboutMyGeneration</a>

#### Ted's Tales

Local author Ted Dakin enjoys reading his short stories to anyone who likes to take a step back in time to an age now lost forever. Enjoy tales of growing up in Wigan before and during the war. Tales sprinkled with humour, tragedy and unforgettable characters. Readings are free to local groups, but any donations to the Alzheimer's Society will be greatly appreciated. For further information please ring: 01942 498193.

# Atherton Library Craft Group - Atherton Town Hall, Bolton Road.

Enjoy some crafting with the group every other Tuesday from 1.30pm. The sessions are free to attend and there is a £1 charge for materials.

# The Bridge Bowling Club – Dorset Road Community Centre, Dorset Road.

Indoor bowling will start from 13<sup>th</sup> September 2019 and runs every Thursday from 1pm – 4pm. The sessions cost £3 if you would like to bowl, however spectators can watch for free. There is an evening session which is also on a Thursday and starts at 7pm.

# Ambition for Ageing IT Project

Would you like to learn some basic IT skills? Or maybe you'd enjoy passing on your knowledge and helping other people to learn. If either of these sound interesting to you, please give us a call to discuss it further on: 01942 615895.

Please cast your vote for Rugby Memories to win a National Lottery Award!

Voting is easy, either visit www.lotterygoodcauses.org.uk/awards or tweet

@LottoGoodCauses using the Awards hashtags #NLARugbyMemories #NLA

#### Ambergate – Lee Street.

Join in with the knit and natter group every Tuesday from 2pm – 4pm and enjoy some knitting or some crochet or just come along to socialise. The session costs £1 to come along, which includes tea, coffee and cake. Eyes down for Bingo every Wednesday from 7pm – 9pm. Bingo tickets will need to be purchased, tea and coffee is available for 50p. Have a hot drink and a chat at the coffee morning every Friday from 10.30am. Tea and coffee costs £1 and free refills are available. Do you enjoy gardening? Join in with the Friends of Ambergate Gardening Club. All are welcome to help take care of the gardens. Tea, coffee and biscuits are available. For more info, call Jen on 07987 106939.

<u>Driven</u> — Do you enjoy driving? Register with Driven Community Transport and they will match you with residents near you who are isolated or struggling to get out and about — medical appointment, day care, visit family etc. You choose when you want to drive, all training provided, friendly volunteer team, all expenses paid and a great rewarding hobby. Call Amanda on: 01942 409602 for more information. It's good to be Driven.

Leigh Cinema Club - Classic Cinema - The Pelican Centre, Castle Street.

Watch a classic film in an informal and dementia friendly environment on the last Monday of the month. The film starts promptly at 1pm, with doors opening at 12noon. All films shown have subtitles. Feel free to bring your lunch or snacks, tea and coffee is available. A £2 donation to come along would be gratefully received. Carers may accompany for free. For more information, call Elizabeth on: 07969 647466.

Atherton and Tyldesley Botanical Gardens Bowling Club – 232 Tyldesley Road. Join in with some crown green bowling with a friendly group. Social members are also welcome. For more information call Mavis on: 01942 876600 or 07779 923826.

# **Making Space**

Do you have caring responsibilities and are aged over 50? Could you benefit from some extra support? Making Space support carers by providing information, advice, confidence building, sign posting and much more. Give them a call on: 01942 367160 for a chat about how they can assist you.

# **Ted Listens**

Ever thought about recording your memories for posterity? Come and have an informal chat with local author Ted Dakin and record your memories onto a CD. For more information or to make an appointment call: 01942 615895.

1 to 1 - Would you like to have an informal chat to discuss your thoughts and opinions on the local area? We'd love to hear from you! Give us a call on: 01942 615895.

If you would like to be included in the next 'What's On' guide, please contact us:

Tel: 01942 615895 Email: ambition@ageukwiganborough.org.uk