



Leigh West Letter

What's on for the over 50s in Leigh West AUGUST 2019

Leigh Classic Cinema Club – The Turnpike Centre, Civic Square.

Watch a classic film in an informal and dementia friendly environment on the last Friday of the month. The film starts promptly at 1pm, with doors opening at 12noon. All films shown have subtitles. Feel free to bring your lunch or snacks, tea and coffee is available. A £2 donation to come along would be gratefully received (carers may accompany for free). For more information, call Elizabeth on: 07969 647466.



Leigh Townswomen's Guild – Derby Room, Leigh Library, Civic Square.

The group meets on the first, second and fourth Tuesday of the month at 7.30pm. Come along and have a chat and a cup of tea, listen to guest speakers and see demonstrations. There are also regular meetings with other guilds as well as outings and social gatherings throughout the year. The guild will be celebrating their 70th anniversary on 2nd October, and would love more members to join this long standing and friendly group.

Age Friendly Leigh – Sit Thi Deawn/Take A Seat

Look for the age friendly flower logo in the windows of local businesses. Businesses displaying this logo have committed to providing at least a seat, patience, a glass of water and an emergency phone call to those aged 50+ if needed in an emergency.



Happy Hunters – Community in Action, 4 The Centre, Higher Folds.

Come and have a go at some metal detecting. Beginners are welcome to come along. The group will start to meet from 15th August 2019. The sessions will take place every Thursday evening from 6pm – 8pm.

Ambition for Ageing IT Project

Would you like to learn some basic IT skills? Or maybe you'd enjoy passing on your knowledge and helping other people to learn. If either of these sound interesting to you, please give us a call to discuss it further on: 01942 615895.

Health and Well Being Event – Leigh Miners Welfare Institute, Kirby Road.

Friday 27th September 2019 from 12noon – 2pm.

A fun and informative free event aimed at people over 50. Free refreshments are provided, and there will be various stalls to browse, as well as information and advice and information about local social activities. There's no need to book a place, just come along. For more information call: 01942 615895.

Leigh Residents Bingo Club – Kingsleigh Methodist Church, King Street.

Enjoy a game of Bingo with a friendly group every Monday from 1pm – 3pm. It's free to come along, Bingo books cost 60p each. You can also have lunch with the group for £1. For more information, call Anita on: 01942 707294.

Mindfulness Group – Leigh Community Centre, Kingsleigh Methodist Church, King Street.



Leigh Residents Bingo Club – Kingsleigh Methodist Church, King Street.

Enjoy a game of Bingo with a friendly group every Monday from 1pm – 3pm. It's free to come along, Bingo books cost 60p each. You can also have lunch with the group for £1. For more information, call Anita on: 01942 707294.

Golborne and Lowton Art Group – Lowton Sailing Club, Sandy Lane.

All abilities are welcome to come along and give art a try every Thursday from 10am – 3pm. The first session is free to come along and give it a go. Sessions will then cost £4 to attend, which includes tutor fee, tea and coffee. For more information, give Anna a call on: 01942 270161 or visit their website at: www.golborneandlowtonartgroup.com

Driven – Do you enjoy driving? Register with Driven Community Transport and they will match you with residents near you who are isolated or struggling to get out and about – medical appointment, day care, visit family etc. You choose when you want to drive, all training provided, friendly volunteer team, all expenses paid and a great rewarding hobby. Call Amanda on: 01942 409602 for more information. It's good to be Driven.

Have you heard about the new 'Talking About My Generation' campaign? A group of community reporters aged 50 and over from Wigan Borough and across Greater Manchester have teamed up to launch the campaign and will be reporting on people's stories of life over 50; celebrating their lives and highlighting challenges associated with ageing and how they are being overcome - to inspire people to live the life they choose, regardless of age. The team will meet at monthly newsrooms and attend local events and groups to cover key issues that they feel are important in later life: from retirement to staying active. To see the reporters' stories contact Liz on 01942 615895 for a copy of their newsletter or go to: www.yellowjigsaw.co.uk/TalkingAboutMyGeneration

Ted's Tales

Local author Ted Dakin enjoys reading his short stories to anyone who likes to take a step back in time to an age now lost forever. Readings are free to local groups, but any donations to the Alzheimer's Society will be greatly appreciated. For more information, or to book a reading call: 01942 498193.

Leigh and District Angling Association

Membership costs £10 a year for concessionary members, £23 a year for adults over 18. Waters included within the membership are Bickershaw Flash, Fir Tree Flash, Firs Park Lake, Queens Fishery, Pennington Flash and some parts of the canal around Leigh area. Formal committee meetings are held quarterly. Membership cards are available from Leigh Tackle and Bait, Atherton Tackle and Terry's Tackle (Golborne).



Paperback Writers - The Coffee Stop, 23 Railway Road.

Come along every Wednesday from 10.30am – 12.30pm to a supportive creative writing group. Receive feedback on your own creative writing and learn new techniques. The sessions cost £6 to attend. For more information call Julie on: 07817 309873.

The Dark Writers Creative Writing Group - The Coffee Stop, 23 Railway Road.

Join the group on the first and third Tuesday of the month from 7pm – 9pm. Sessions cost £6 to attend, and all are welcome to join in. For more information call Julie on: 07817 309873.

Leigh Photography Group - The Coffee Stop, 23 Railway Road.

The group is currently taking a break over the Summer and will restart having regular meetings again in the Autumn. The group usually meet on the first and third Tuesday of the month from 7pm – 9pm. There are practical sessions as well as technical briefings. All abilities are welcome. For more information, call Rik on: 07915 545707.

Groups that meet at The Coffee Stop meet on an upper level floor with no lift available.

Your Choice – The Gary Kay Centre, Spinning Gate.

A peer led mental health support group which is open Monday, Tuesday, Thursday and Friday from 10am – 3pm. Drop in for a brew. The session costs £1 to attend.

Happy Timers CIC – Appy Days – Leigh Library, The Turnpike Centre.

Get some help and advice on using a tablet, including help on buying your own tablet. The sessions take place on Thursdays from 10am – 11.30am. The group is informal and supportive. For more information, call Sandra on: 07855 851183.



Kingsleigh Circle – Kingsleigh Methodist Church, King Street.

Enjoy a variety of activities and crafts every Wednesday from 2pm – 4pm (Note there are no meetings in August). Sessions cost £2 to attend and annual membership costs £3. The group will be holding a “Chutney and Cheer” event on 9th October from 2pm. Tickets cost £3, you can pay on the door and all are welcome. Jars of chutney will be on sale at the end, with 50p from each jar going to The Stroke Association. For more info, call Mavis on: 01942 674389.

Relaxation and Support – Leigh Miners Welfare Institute, Kirby Road.

Learn some tips about how to live a healthy and positive lifestyle as well as learning about relaxation techniques. The group meets on the last Thursday of the month from 10am – 12noon. U3A membership is required; however you can attend up to 2 meetings before requiring membership. For more info, email Christine: hart863@btinternet.com

Ted Listens - Ever thought about recording your memories for posterity? Come and have an informal chat with local author Ted Dakin and record your memories onto a CD. For more information or to make an appointment call: 01942 615895.

Leigh Miners’ Bowling Club – Leigh Miners Welfare Institute, Kirby Road.

The group meetings take place Monday – Friday from 7pm – 9pm and on Wednesdays from 1pm – 3.30pm. Members are welcome to play on any day at any time, as long as there isn’t a match being played. Social members are also welcome. It costs £10 per season for both social and team members. Team players will also need to be a member of the Miners’ club.

Brunswick SS Recreation Club – Leigh Road, Hindley Green.

Come down to the club on Mondays and Wednesdays from 4pm and try some archery. This also takes place on Saturdays from 12.30pm. Enjoy some football every Tuesday and Thursday, with matches taking place at the weekend. Crown Green bowling with teams and a league will also be taking place. Enjoy an afternoon of crafting on Fridays from 1pm – 3pm. For more information call Verity on: 01942 253599.

Wrinkles and Dimples – Parents, Grandparents and Toddler Group – Kingsleigh Methodist Church Community Hall, King Street (opposite Leigh bus station).

Meet new friends and take part in activities every Friday from 9.30am – 11.30am. The session costs £2 per family to attend, and coffee, tea and toast are available. For more information call: 01942 260628.

Leigh St George Table Tennis Club – Leigh Spinners Mill (2nd Floor), Park Lane.

Enjoy a game of table tennis with a fun and welcoming group every Thursday from 1pm – 3pm. The sessions cost £2 to attend and light refreshments are available. Social members are also welcome to come along. There is also a beginners group on Monday afternoons from 1pm – 3pm. For more information, contact Kevin on: 01942 603158.



Jigsaw – Leigh Miners Welfare Institute, Kirby Road.

Join the group on the first Monday of the month from 7.30pm. The group enjoys days out, meals and holidays together. Come along and make new friends. It costs £2 to attend.

Making Space - Do you have caring responsibilities and are aged over 50? Could you benefit from some extra support? Making Space support carers by providing information, advice, confidence building, sign posting and much more. To have a chat about how they could assist you, call: 01942 367160.

Holy Grounds Coffee Morning – Christ Church Pennington, Schofield Street.

Come to the coffee morning every Wednesday at 10am. There will be free luxury tea and coffee as well as warm pastries and great conversation. An optional church service will follow at 11am.

Higher Folds Luncheon Club – Higher Folds Sports and Social Club, Kensington Drive.

Join the group for a chat and a bite to eat every Monday from 10am – 1.30pm. For more information contact Jacqui on: 07378 606677.

MemorableIGH – The Old Grammar School, Railway Road.

Join the group and share your memories and reminisce about the local area every Tuesday from 1pm – 3pm. Sessions cost £4 to attend. For more information, call Julie on: 07817 309873.

1 to 1 - Would you like to have an informal chat to discuss your thoughts and opinions on the local area? We'd love to hear from you! Give us a call on: 01942 615895.

If you would like to be included in the next 'What's On' guide, please contact us:

Tel: 01942 615895

Email: ambition@ageukwiganborough.org.uk