



A warm hello from your Bright Days Team

Summer is here and we are looking forward to slowly re-introducing our face-to-face activities over the coming months. This will be based on Government Law and Guidance, venue availability and ensuring that we have our volunteers back in place. The first activities to re-open are as follows;

Monday 2nd August—Shevington Soup and Sandwich. £3 per person. Food served at Shevington Methodist Church between 11.15am and 12.15.

Already started;

Mondays at 10.30am—Walking Football at Howe Bridge Leisure Centre. £3 per session

Tuesdays at 11am—Walking Football at Howe Bridge Leisure Centre. £3 per session

If you previously attended one of our groups we will contact you as soon as we know it will be re-opening. Not every activity will open right away—please be patient.

We will continue to provide our alternative phone, Zoom and postal activities (we hope to keep some of these running indefinitely). Please consider joining in. Many people are already enjoying the sessions. All telephone activities require either a landline or mobile number and Zoom sessions require internet access and an email address. If the telephone or Zoom sessions are not for you then why not try our postal quizzes? All sessions are FREE and FUN. This program includes our activities for August. Many activities are 'open to all'. If you have access to the internet please continue to check our website, Facebook page and Twitter for items of interest.

To register for any activity ring

Pauline or Harry on 01942 615883.

We look forward to hearing from you

Come and join in the fun!



New for August, Catchphrase on Zoom



Face to Face August programme

Mondays 10.30am—Walking Football, Howe Bridge Leisure Centre. £3.00 per session

Mondays 11-12.30—Soup and Sandwich, Shevington Methodist Church. £3 per person. Food served between 11.15 and 12.15

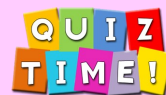
Tuesdays 11am—Walking Football, Howe Bridge Leisure Centre. £3.00 per session

If any other activities open at short notice we will contact existing members and then promote to new members the following month.

Telephone and Zoom sessions August programme



Telephone Activities



- Tuesdays at 1pm **Quiz** (this is a phone group)
 - Wednesdays at 1.45pm **Quiz** (this is a phone group)
 - Thursdays at 1pm **Quiz** (this is a phone group)
 - Thursdays at 2pm **Bingo** (this is a phone group)-
 - Fridays at 10.30am **Quiz** (this is a phone group)
 - Fridays at 1pm & 1.45pm **Bingo** (these are phone groups)
- **Note**** Quizzes are sent out to you by post in advance and answers are given at the session.



Zoom Activities

- Thursday 5th August at 11am—(Zoom) **Bingo**
- Thursday 12th August at 11am—**Catchphrase** Try and work out the phrase from the picture! (this is a Zoom session)
- Thursday 19th August at 11.45am—Zoom Café. Make yourself a brew and enjoy **Name that Tune/Family Fortunes** (this is a Zoom session)
- Thursday 26th August at 11am —**Blankety Blank** . Join in the fun with Pauline, Chris & Vicky (this is a Zoom session)



**Name
That
Tune /
Family
Fortunes**



Blankety Blank
Catchphrase



Call 01942 615883 to book any session

All Sessions are FREE to join!



WALKING FOOTBALL

Come along and try one of our new walking football sessions in partnership with BeWell at Wigan Council

When—Every Monday at 10.30am and Every Tuesday at 11am

Where— at Howe Bridge Leisure Centre , Eckersley Fold Lane, M46 0PJ

The cost is £3 per session. If you are interested in either playing walking football or volunteering at the sessions please call Steven on 01942 615880 for more information.

Leigh Film Society

Enjoy a good singalong? Why not join in each Monday from 2nd August at 1pm at Leigh Town Hall and sing along to popular musicals. The first is the ever-popular 'Grease'.

If this isn't your cup of tea then why not try the 'Classic Cinema Club' on the last Friday of each month at the Turnpike Centre, Leigh? The next showings will be on Friday 30th July (Shane) at 1pm and 27th August at 1pm (The Million Pound Note.)

Booking is essential either on the website ; leighfilmsociety.com or by calling 07969 647466

At LEIGH TOWN HALL, 1st Floor, Time: 1pm
Six covid community recovery screenings for 2021.

2ND AUG: GREASE
9TH AUG: MAMMA MIA
16TH AUG: MAMMA MIA HERE WE GO AGAIN
23RD AUG: THE GREATEST SHOWMAN
30TH AUG: THE SOUND OF MUSIC
6TH SEPT: MARY POPPINS

Six weekly sing-a-long community screenings for health and wellbeing and covid recovery. Sing your way to health and happiness.
Entrance is £2. Booking Online Essential for Track and Trace.

Wigan Council AMUL ORGANISATION LEIGH TOWN HALL
CONTACT: 07969647466
www.leighfilmsociety.com Facebook: [leighfilmsociety](https://www.facebook.com/leighfilmsociety) Twitter: @leighfilm



WIGAN ATHLETIC COMMUNITY TRUST'S EXTRA TIME HUB



Would you like to meet like-minded people in your area and bring your free time alive?

Wigan Athletic Community Trust's Extra Time Hub provides over 55s the opportunity to meet people, socialise and do the things they enjoy. Due to the COVID-19 pandemic sessions are currently running online with various ways of support and activities to get involved with!

- Virtual coffee mornings on Zoom running every Tuesday (11am) and Thursday (4pm)
- Wednesday activity hour - reconnect with an old sport or learn a new one with taster sessions running across the borough.
- Walk and talk sessions every Friday morning at 11am - please pre-book by contacting Christine

To find out more or to get involved please email c.blundell@wiganathletic.com or call 01942 318090



Age UK Wigan Borough Home Help service

Are you finding it difficult to do some of your jobs around the house ?

Why not try our Home Help Service?

Our friendly staff have all had a Disclosure and Barring Service check and are managed by Age UK Wigan Borough.

If you would like to know more about our competitively priced service please contact Vicky, our Home Help Coordinator, on 01942 615885



If you would like to try a sample of one of our quizzes by post please call Bright Days on 01942 615880. It's FREE!



In addition to the **Bright Days** telephone and Zoom activities the following services are also currently available from Age UK Wigan Borough:

- **Information and advice for benefits advice and form filling (by phone, email or Zoom only)**
- **Home Help service**
- **Handyperson Service**
- **Advocacy Service (by phone, email or Zoom only)**
- **Food Action Together**

Please note that the Care Home and Housing Options service is no longer provided by Age UK Wigan Borough but is available by contacting Wigan Council on 01942 486183.



Contact us:

Age UK Wigan Borough, Pennyhurst Mill, Haig Street, Wigan WN3 4AZ.

Tel: 01942 615880 (Monday-Friday 09:00-16:00).