



### **A warm hello from your Bright Days Team**

**We will re-introduce our face-to-face activities over the coming months. This will be based on Government Law and Guidance, venue availability and ensuring that we have our volunteers back in place. We hope to begin some of our groups in July but are unable to confirm this at present as some of our venues cannot agree use until the Government's next big announcement on 21st June. If you previously attended one of our groups we will contact you as soon as we know it will be re-opening. Not every activity will open right away—please be patient.**

**We will continue to provide our alternative phone, Zoom and postal activities (we hope to keep some of these running indefinitely). Please consider joining in. Many people are already enjoying the sessions. All telephone activities require either a landline or mobile number and Zoom sessions require internet access and an email address. If the telephone or Zoom sessions are not for you then why not try our postal quizzes? All sessions are FREE and FUN. This program includes our activities for July. Many activities are 'open to all'. If you have access to the internet please continue to check our website, Facebook page and Twitter for items of interest. To register for any activity ring**

**Pauline or Harry on 01942 615883.**

**We look forward to hearing from you**

**Come and join in the fun!**



### **Exciting Events Coming Soon from Leigh Film Society**

**Friday 13th August—Leigh On Film**, a journey into Leigh heritage. Leigh Town Hall 2pm & 6pm viewings. Tickets £5

**Mondays from 2nd August (for 6 weeks)—Movie Sing-a-longs.** Leigh Town Hall 1pm. Tickets £2 per session

**Friday 24th September, 29th October and 26th November—Classic Cinema Club** at The Turnpike Centre, Leigh 1pm. Donations welcome.

**Friday 10th December—It's a Wonderful Life** at Leigh Parish Church 7.30pm Tickets £5. **Booking is essential** via the website on [leighfilmsociety.com](http://leighfilmsociety.com) or by ringing 07969647466.

## **Sessions for members of groups July programme**

Wednesday 7th, 14th, 21st, 28th, July at 10 am Wednesday Club Quiz and sing (this is a phone group)

Wednesday 7th, 14th, 21st July Silver Choir Zoom Sing 10.30am

Wednesday 7th, 14th, 21st, 28th, July Members of Kuega Jammers 12.30pm (Zoom hosted by Jammers)

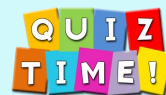
Thursday 1st, 8th, 15th, 22nd, 29th July members of Hindley Ukulele Group 7:30 pm.

(Zoom hosted by Ukulele Group)

## **Sessions 'open to all' July programme**



### **Telephone Activities**



- Tuesdays at 1pm **Quiz** (this is a phone group)
  - Wednesdays at 1.45pm **Quiz** (this is a phone group)
  - Thursdays at 1pm **Quiz** (this is a phone group)
  - Thursdays at 2pm **Bingo** (this is a phone group)-
  - Fridays at 10.30am **Quiz** (this is a phone group)
  - Fridays at 1pm & 1.45pm **Bingo** (these are phone groups)
- \*\*Note\*\*** Quizzes are sent out to you by post in advance and answers are given at the session.



### **Zoom Activities**

- Thursday 1st July at 11am—(Zoom) **Bingo**
- Thursday 8th July at 11am—**Sing along with Harry** (this is a Zoom session)
- Thursday 15th July at 11.45am—Zoom Café. Make yourself a brew and enjoy **Name that Tune** (this is a Zoom session)
- Thursday 22nd July at 11am —**Blankety Blank** . Join in the fun with Pauline, Harry & Chris (this is a Zoom session)
  - Thursday 29th July at 11am—**Family Fortunes**



**Name  
That  
Tune**

**Blankety Blank**

**Family Fortunes**



Call 01942 615883 to book any session

*All Sessions are FREE to join!*



## WALKING FOOTBALL

Welcome to the newest member of the Bright Days team, Steven Edwards. Steven will be leading the new weekly Walking Football sessions.

**When**—Every week starting Tuesday 29th June. There will be 2 sessions, one at 11am, the other at 1pm

**Where**— at Howe Bridge Leisure Centre , Eckersley Fold Lane, M46 0PJ

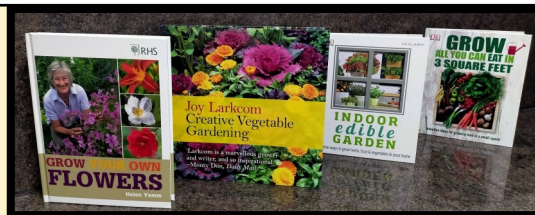
The cost is £3 per session. If you are interested in either playing walking football or volunteering at the sessions please call Steven on 01942 615880 for more information.

## 'Let's Grow Together' Lending Library

We have several gardening & growing books available for members of our growing club to borrow. Loans are for three weeks & books will be delivered to your door, or can be collected from the office. Limited numbers of books available. Here are the titles:

- ◆ Indoor Edible Garden (Lots of simple activities for creating innovative growing spaces)
- ◆ Grow All You Can Eat in 3 Square Feet (Another simple guide full of fun, easy, ideas.)
- ◆ Grow Your Own Flowers (RHS) (Lovely guide for the experienced gardener)
- ◆ Creative Vegetable Gardening (Guide for the serious vegetable grower)

Do contact Sarah-Jane on [Sarah-Jane.Tarn@ageukwiganborough.org.uk](mailto:Sarah-Jane.Tarn@ageukwiganborough.org.uk) or 01942 615 880 if you would like to join our growing club, or borrow a book.



## WIGAN ATHLETIC COMMUNITY TRUST'S EXTRA TIME HUB



### Would you like to meet like-minded people in your area and bring your free time alive?

Wigan Athletic Community Trust's Extra Time Hub provides over 55s the opportunity to meet people, socialise and do the things they enjoy. Due to the COVID-19 pandemic sessions are currently running online with various ways of support and activities to get involved with!

- Virtual coffee mornings on Zoom running every Tuesday (11am) and Thursday (4pm)
- Wednesday activity hour - reconnect with an old sport or learn a new one with taster sessions running across the borough.
- Walk and talk sessions every Friday morning at 11am - please pre-book by contacting Christine

To find out more or to get involved please email [c.blundell@wiganathletic.com](mailto:c.blundell@wiganathletic.com) or call 01942 318090



[facebook.com/LaticsExtraTime](https://facebook.com/LaticsExtraTime) @LaticsCommunity



## **Age UK Wigan Borough Handyperson service**

**We're back with Covid secure practices.  
High quality work and competitively priced.**

**Our helpful team are here to help with jobs such as;**

- **Fitting Keysafes**
- **Fitting of Stair Rails and Grab Rails**
- **Making or Adjusting Steps**
- **Hanging of Curtain Poles, Blinds**
- **Assembling of Flat Packs**
- **Shed Repairs and Refelting**

**We also specialise in bespoke work to suit your needs.**

**For more information contact the Handyperson Service on (01942) 615894 or  
(01942) 615880**



In addition to the **Bright Days** telephone and Zoom activities the following services are also currently available from Age UK Wigan Borough:

- **Information and advice for benefits advice and form filling (by phone, email or Zoom only)**
- **Home Help service**
- **Handyperson Service**
- **Advocacy Service (by phone, email or Zoom only)**
- **Food Action Together**

**Please note that the Care Home and Housing Options service is no longer provided by Age UK Wigan Borough but is available by contacting Wigan Council on 01942 486183.**



**Contact us:**

**Age UK Wigan Borough, Pennyhurst Mill, Haig Street, Wigan WN3 4AZ.**

**Tel: 01942 615880 (Monday-Friday 09:00-16:00).**