



The Pemberton Press

What's on for the over 50s in Pemberton

Bright Days Open Forum - Queens Hall Methodist Mission, Market Street, Wigan. 20th March 2018 from 1pm - 2.30pm. Tell us what you think about our Bright Days programme and come and share your ideas! For more information call: 01942 615883 or 01942 241972.

Pemberton Pens - St Barnabas Church, Kitt Green Road, Marsh Green. The group meets every Wednesday from 10am till 12noon. This is a writing therapy and friendship group which is suitable for all abilities. The first session is free to attend, and £2 per session after that. The price includes tea, coffee and biscuits. For more information call Irene on: 07897 623158. Come give it a try!

Aspects Day Club - Masonic Hall, Chapel Street. Every Tuesday, Wednesday and Thursday from 9.30am - 3.30pm. The club provides a day care setting for older people looking to socialise, maintain their health and wellbeing and receive mental stimulation while retaining their independence. There is also a free to attend Carers Hub on the last Wednesday of the month from 1.30pm - 3.30pm. Contact Shirley on: 07792 757793 for information and prices.

Norley Art Group - Masonic Hall, Chapel Street. The group meets every Tuesday. *Please note: the group does NOT meet on the second Tuesday of the month.* The morning session is 10am - 12noon, and the afternoon session is 1pm - 3pm. Sessions cost £2 to attend, which includes refreshments. For more information, call Dorothy Moulson for the morning session on: 01942 247653 and Lesley Black for the afternoon session on: 01942 236733.

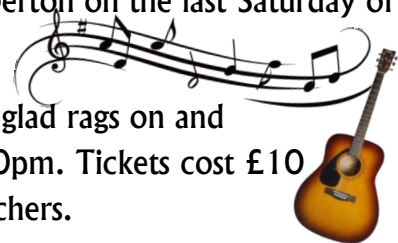
Fur Clemt - Fur Clemt Cafe, Central Park, Montrose Avenue. Come to the cafe every Tuesday at 10am for the News at 10, a look at the headlines and a chat about current events. Join the group on Tuesdays at 2pm for Rugby Memories. Watch and chat about a classic match with the group.

St John's Bereavement Support Group - St John's Church, Pemberton. Meetings are on the first Monday of the month at 7.30pm. Call Janet on: 01942 217024 Email: thepreshos@hotmail.co.uk

St Francis Over 60s Club - St Francis of Assisi Church, City Road. Every Wednesday from 1.45pm - 4pm. Lots of activities are on offer, from dancing to Bingo to having a chat and a catch up. Membership is preferable. Contact George on: 07858 731246 for more information.

Free Lunch - Come join the group at St John's Church in Pemberton on the last Saturday of every month for a free lunch from 12noon-2pm.

Houghton Weavers - St John's Church, Pemberton. Get your glad rags on and come enjoy an evening of folk music. 25th May 2018 from 7.30pm. Tickets cost £10 and are available from Pemberton Lighting and Englands the butchers.



St Barnabas Friendship Group - St Barnabas Church, Marsh Green, Wigan. Come and have a chat with the friendly group every Thursday from 1pm - 3.30pm.

Age Friendly Pemberton - Keep an eye out for the Age Friendly flower logo in local shop windows. These shops have agreed to provide at least a seat, patience and a glass of water to people aged 50+ in an emergency.



Young at Heart Over 60s Club – Bramble House, Broom Road, Worsley Hall, Wigan. Fridays from 1pm - 3.30pm. Join in a variety of activities including movement to music, memory games, Dominoes, Bingo, quizzes and crafts. There is a £2 cost to attend, which includes refreshments and homemade cake! You could win an Easter egg hamper in the raffle too! All are welcome! For more information contact Rita Walsh on: 01942 231901 or: 07542 586156.

Wigan MS Group and Therapy Centre – Marsh Green Community Centre, Kitt Green Road. Open Wednesdays and Thursdays from 9.30am – 3.30pm, the centre offers a variety of therapies and support for people with MS. The therapies include: Aromatherapy, Swedish Body Massage, Reiki and more. All are welcome to make use of the services. For information on membership and prices, or to book a session with a professional therapist, please call Heather on: 07702 025280.

Marsh Green Art Group – St Francis Hall, Marsh Green. Come along and have a go at something fun and creative every Tuesday from 12 noon – 3pm. £2 per session to attend. All are welcome! Contact Barry on: 07837 981414 for more information.

Trinity Community Friends – Trinity Methodist Church, Fleet Street. Pop along and join this friendly and welcoming social group every other Tuesday (next meeting 20th March 2018) from 2pm – 4pm. For more information please contact Janet on: 07423 067101.

Wigan Warblers – The Douglas Bank, Woodhouse Lane, Wigan. The group meets every Tuesday from 12noon -2pm. Have fun with some singing, which could also be beneficial to your health! For more information please contact Natasha Liddle on: 07814 205865.

Winstor House – Helvellyn Road, Norley Hall. Join the group on Mondays at 1.40pm for Bingo. Tuesday from 6pm you can join in a game of Dominoes. Wednesday mornings from 9am – 11am, come have a chat at the coffee morning. £1 for tea and toast. There is also a Table Top sale on Saturday 7th April 2018. 9am – 5pm. Come along and have a browse for a bargain, or clear out your unwanted items! Stalls are available on the day for a £5 fee.

Re-Cycling – DW Stadium, Wigan. Come along and get back into cycling or start from scratch with a beginner group. All are welcome! Bikes are provided. Every Wednesday from 5.45pm. Contact Fergus Hayes on: 07889 537140 for more information.

Inspiring Healthy Lifestyles – There are a variety of activities going on in various locations in the local area. Call: 01942 828511 for more information on activities and prices.

AWARM Plus – You may be entitled to a free boiler replacement if you claim certain benefits. Funding may only be available until 31st March 2018, so act fast! For more info, contact the AWARM Plus team on: 01942 239360 or visit www.wigan.gov.uk/warmhomes



Spotlight Volunteer

Susan Sharples, the events organiser at Winstor House, encourages anyone over 55 from the area to attend their regular activities. Susan has been a volunteer for many years and loves seeing people enjoy themselves and making new friends.

If you would like to be included in our next newsletter, please contact Jo either by phone or email. Tel: 01942 615895

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