

Pemberton Press

What's on for the over 50s in Pemberton

Ambition for Ageing IT Project.

Do you have a few hours to spare each week? We're looking for volunteers to share basic IT knowledge with older people on a one to one basis in the Atherton, Leigh and Pemberton areas. We're also looking for people who are looking to learn IT skills in an informal environment. For more information, call: 01942 615895.

Grosvenor Court – Orrell Road.

Chair based yoga takes place on Tuesday mornings from 10am – 11am. The session is free to attend and is led by a professional instructor. Join the group on Monday and Thursday afternoons for a game of Bingo from 2pm. Pop in and enjoy some tea, some toast and a chat on Fridays from 2pm – 4pm. Volunteers are always needed to lend a hand with the tea and toast. If you have a few hours to spare, give Sheree a call on: 07739 788537. There will also be a Table Top sale on Monday 3rd June from 1pm. All are welcome to come along and have a browse!

Pemberton Forum – St John the Divine Church, Church Street.

Come and see us at our forum on Monday 17th June from 11am. You can get updates on the Ambition for Ageing project, as well as information about local investments and activity groups in the area. It's free to come along and everyone is welcome. Free refreshments are also provided. For more information or to book your place, call us on: 01942 615895.

Summer Shindig Update

We've been very busy organising our huge celebration which will be taking place at the DW Stadium in Wigan on Thursday 4th July 2019. We've had so much interest in the event that we've sold out of tickets! We are currently still taking requests for tickets, and adding names to a waiting list.

For those of you who haven't heard about the event yet, it will be a fun packed day with entertainment from the Houghton Weavers, various stalls to browse, DW Stadium tours and much more. Free refreshments will be provided, and free parking will also be available. This is a free TICKET ONLY event. If you would like more information or your name added to the waiting list, please give us a call on: 01942 615895.

Age Friendly Pemberton – Sit Thi Deawn Project

Look for the age friendly flower logo in the windows of local businesses. All businesses displaying this flower have agreed to provide at least a seat, patience, a glass of water and an emergency phone call to people aged 50+ if needed urgently.



Young at Heart Over 60s Club – Bramble House, Broom Road.

Join the group every Friday from 1pm – 3.30pm and enjoy a variety of activities with a friendly group. Activities include movement to music, memory games, Dominoes and more. The session costs £3 to attend, which includes refreshments and homemade cake. For more information, contact Rita on: 01942 231901 or: 07542 586156.

Community Coffee Morning – Lamberhead Green Independent Methodist Church, Fleet Street.

Enjoy a hot drink and a chat at the community coffee morning on the first Monday of the month from 10am – 12noon. All proceeds go to charity.

Pemberton Pens – St Barnabas Church, Kitt Green Road, Marsh Green.

Join this writing therapy and friendship group every Wednesday from 10am – 12noon. All abilities are welcome to come along and give it a try, and the first session is free. The session then costs £2 to attend, which includes tea, coffee and biscuits. For more information, call Irene on: 07897 623158.

Wigan Memory Walk – Haigh Woodland Park, Copperas Lane, Haigh.

Join in with the memory walk on Saturday 7th September to promote awareness of dementia and raise funds for the Alzheimer's Society. The walk starts at 11am, with registration taking place at 10.45am.

Marsh Green Art Group – St Francis Hall, City Road.

Have a go at something fun and creative every Tuesday from 12noon – 3pm. The sessions cost £2 to attend. All materials are free to use. For more information, contact Barry on: 07837 981414.

Re-cycling – South Stand of the DW Stadium, Wigan.

Re-cycling is a project designed to offer free cycling sessions to those aged 50+. Bikes and helmets are provided, however participants can bring their own. Routes are located around the DW Stadium area, and will all be beginner friendly. Sessions will take place every Monday (starting from 13th May 2019) from 5.30pm – 6.30pm, meeting at the south stand of the stadium. For more information, please contact Ian Gaskell on: 07889 537140 or email: i.gaskell@wiganathletic.com

Would you like to take part in an hour of enjoyable tasks as part of an academic project for the University of Manchester? If you are interested, then please contact Pauline or Martine on 01942 615895. The session will be held locally and there will be a small fee paid to participants too!

Winster House – Helvellyn Road, Norley Hall.

Join in with a game of Bingo with the group every Monday from 1.30pm. You can also have a hot drink and a chat every Wednesday at the coffee morning from 9am.

Extra Time Hub – DW Stadium, Loire Drive.

Come along every Tuesday from 1pm – 3pm, and take part in some exciting activities, find out about opportunities open to you as well as meeting like minded people and socialising. Activities include quizzes, arts and crafts, sporting activities and more. Sessions cost £3 to attend, which includes tea and coffee. For more information, contact Christine on: 01942 318090 or email:

c.blundell@wiganathletic.com

Armed Forces Day – Wigan Town Centre.

This will be taking place on Saturday 29th June. Activities include World War I simulation dome, field hospital display, military vehicles, climbing wall, musical entertainment and more. This starts at 10.30am and finishes around 4pm. This takes place after the parade which starts at Crompton Street at 10am prompt and finishes at Wigan Parish Church.

Wheelchair Bowling – Leigh Spinners Mill, Park Lane.

Enjoy a game of indoor long mat bowling using the group's specialised wheelchairs. For more information, call: 07554 889556.

St John's Church – Church Street

Come along on the last Saturday of the month for a free lunch from 12noon – 2pm. Have a bite to eat and a chat.

Driven – Do you enjoy driving? Register with Driven Community Transport and they will match you with residents near you who are isolated and struggling to get out and about – medical appointment, day care, visit family etc. You choose when you want to drive, all training provided, friendly volunteer team, all expenses paid and a great rewarding hobby. Call Amanda on: 01942 409602 for more information. It's good to be Driven.

Making Space - Do you have caring responsibilities and are aged over 50? Could you benefit from some extra support? We support carers by providing information, advice, confidence building, sign posting and much more... Please ring us on: 01942 367160 for a chat about how we can assist you.

Ted Listens – Ever thought about recording your memories for posterity? Have a chat with local author Ted Dakin and record your memories onto a CD. For more information, call: 01942 615895.

1 to 1 - Are you currently living alone and would like to chat about your opinions on the local neighbourhood? Then we would like to hear from you. The chat won't take up much time, is completely informal and can happen at a place and time of your choosing. For more information, call: 01942 615895.

Wigan Rugby Memories – Fur Clemt Cafe, Central Park, Montrose Avenue.

Come along every other Tuesday to reminisce about all things Wigan Warriors and have a chat from 2pm – 4pm (upcoming dates: 14th May and 28th May 2019, then every other Tuesday after this). There are regular visits from past and present players. It's free to attend and refreshments are available.

Young at Art – Masonic Hall, Chapel Street.

The group meets every Tuesday (note: the group doesn't meet on the second Tuesday of the month). Everyone is welcome to join in, even if you've never painted before. Come along and make new friends and find the relaxation art brings. The sessions cost £2 to attend, which includes tea, coffee and biscuits (£1 retainer fee for missing weeks). To find out more, call Dorothy on: 01942 247653.

Orrell Music and Dramatic Society are performing the smash hit feel-good musical comedy, Sister Act, from Wednesday 24th to Saturday 27th July, nightly at 7.30pm at St Peter's High School, Howard's Lane, Orrell, Wigan, WN5 8NU. Tickets will be on sale from 1st June and cost £9. To book tickets please call 01695 622713.

Reflections Wigan CIC – Orrell Hall Barn, Spring Road.

A personalised day care and activity club for people primarily with dementia, our services are also used by people with learning disabilities and who are socially isolated. We are open Monday – Friday from 10am – 4pm. A range of activities are available including arts and crafts, reminiscence, baking, Tai Chi, music and dance and much more. Darts, Dominoes and pub lunches are also available in the Reflections pub (no alcohol is served). For more information contact the centre on: 01942 564440, or contact us on Facebook or via our web site www.reflectionswigan.co.uk

Oasis Cafe – Pemberton Free Grace Church, Rehoboth Chapel, Wardley Street.

Come to the coffee morning every Tuesday (term time) from 9.30am – 12noon. There's plenty to do such as craft activities, knitting, playing Dominoes or just enjoying a cup of tea and a chat. There's an area set up with toys for babies and toddlers. Tea, coffee and snacks are available. For more information call: 01942 375700.

St Barnabas Friendship Group – St Barnabas Church, Marsh Green.

Come along to this friendship group and have a sit down and a chat with a friendly and welcoming group. The group meets every Thursday from 12.30pm – 2pm. It costs £1 to attend. All are welcome to come along and make new friends!

Fur Clemt – Montrose Avenue, Norley Hall.

Enjoy a hot meal at the cafe Monday to Friday, which is served at 12noon. Selections of meals are available with prices starting at £1 for soup and a sandwich. The Fur Clemt food outlet is open from 11.30am – 3pm, Monday to Friday. With a £5 membership, you can shop twice a week for only £2 per visit. All are welcome to start a membership and have access to fresh fruit, vegetables and more. An activity group for the over 50s also meets at St Barnabas Church (Kitt Green Road, Marsh Green) every afternoon from 2pm – 4pm.

Wigan MS Group and Therapy Centre – Marsh Green Community Centre, Kitt Green Road, Marsh Green.

There are a variety of therapies available at the centre including Aromatherapy, Swedish Body Massage as well as support for people with MS from a friendly and supportive group. For more information about membership and prices, contact the centre on: 01942 217696.

Aspects Day Club – Masonic Hall, Chapel Street.

The day club provides a warm and welcoming day care setting for older people to come along and socialise, maintain their health and well being, and receive mental stimulation while also retaining their independence. The club is open on Tuesdays, Wednesdays and Thursdays from 9.30am – 3.30pm. For more information contact Shirley on: 07792 757793.

Wigan Pride will take place on Saturday 10th August from 11am – 5pm in Market Place, Wigan. The event is free to attend and includes live entertainment, a parade and more. The theme this year is 'Journey from Stonewall'.

If you would like to be included in the next 'What's On' guide, please contact us:

Tel: 01942 615895

Email: ambition@ageukwiganborough.org.uk