

Bright Days

Summer Music Concert

Featuring the Bright Days Silver Choir



At St John's RC Church

Standishgate, Wigan.

Wednesday 17th July 2019

13.00-14.00

Cost: Free.

Join us afterwards for tea/coffee and a chat

For further information call Harry Unsworth on 01942 615883 or
email harry.unsworth@ageukwiganborough.org.uk

Summer Shindig

Starring

The Houghton Weavers.

Live in Wigan Borough? Over 50?

Then you are invited to join us at the
DW Stadium on Thursday 4th July 2019
12-4pm.

In addition there will be information
stalls, stadium tours and lots more.

Tickets are **free**.

Tickets are available from Ambition for
Ageing on 01942 615895.

Monday

11:30-13:00 Soup & Sandwich

Fresh sandwiches, soup and cake in a friendly environment. Shevington Methodist Church, Gathurst Lane, Shevington. WN6 8GL
£3.00

13:30-15:15 Bingo

Winster House, Helvelyn Rd, Wigan WN5 9XS
All welcome

15:00-17:00 Over 50's Racquet Sports **

Leigh Leisure Centre Sale Way, Leigh, WN7 4JY. The sessions provide an opportunity for people to play badminton, table tennis and short tennis under the guidance of a fully qualified coach. All equipment provided.
£3.50. (Free with Inspiring Healthy Lifestyles gym membership)

Tuesday

11:00-12:00 Swim 'n' Chat

Been exercising? Join us on the first floor for light refreshments. Wigan Baths, Wigan Life Centre, College Avenue, Wigan, WN1 1NJ. Unlimited tea, coffee & biscuits. **£1.00**

11:00-12:00 Walking Netball ** at Robin Park Indoor Sports Centre, Wigan, WN5 0UL

£3.00
(Free with an Inspiring Healthy Lifestyle gym membership)

12:00- 14:00 Wigan Warblers

Douglas Bank Pub Woodhouse Lane Wigan WN6 7NF

Singing for breathing, wellbeing, friendship and fun. Incorporates posture light warm-up for those who have a lung/heart condition. No experience necessary. All welcome. **£2.00**

13:00-15:00 Daisy Chain Stitchers.

A group who promote traditional needlework and craft skills who learn and share. Clifton Street Community Centre, Poolstock Lane, Worsley Mesnes, WN3 5HN. **Free. Group now full. Contact Bright Days to be added to waiting list. Call 01942 615883**

Wednesday

10:30-12:00 Walking Football **

Powerleague Soccerdome, Stadium Way, Wigan WN5 0UN. Contact Alan on 07815 928060 for further details. **£4.00**

10:15-11:45 Silver Choir*

Rehearsals at Argyle Street Methodist Church, Hindley, WN2 3PN.
New members welcome. **£3.00**

* Does not run in school holidays

11:30-14:00 Trinity Lunch Club

Trinity United Reformed Church, Milton Grove, Wigan. Two course lunch. tea/coffee on arrival **£4.50. Spaces now available. To book ring Peter on 01942 571409**

12:30-14:30 Jamming Sessions

Dust off your instruments and come down to The Old Courts, Crawford Street, Wigan, WN1 1NA. No tuition just good hearty music making with like minded friends. **£3.50**

Thursday

10:00-11:30 Ukulele Group

Argyle Street Methodist Church, Hindley, WN2 3PN. **£4.00**

11:00 - 13:00 Over 50's Racquet Sports **

Robin Park, Indoor Sports Centre, Wigan WN1 0UL. All equipment provided. **£3.50. (Free with Inspiring Healthy Lifestyles gym membership)**

13:00-15:00 Happy Circle

Friendship Group. Standish Methodist Church, Standish, WN6 0HA. Car parking available **£3.00**

14:00-15:00 Ambergate Tea & Cake

A variety of cakes, tea or coffee are served in a friendly warm environment. Occasional themed events including performances from local groups. Ambergate, Lee Street, Atherton, M46 0BQ. **£2.00**

Friday

12:30 Classic Cinema Club **

Last Friday of the month, Turmpike Centre, Leigh Library, Leigh. WN71EB. Bring your own cinema goodies. Pay on the door **£2.00**

13:00 - 15:00 Bingo

So much bingo so little time
Hesketh Manor, Bullough Street, Atherton, M46 0DL.

** Promoted on behalf of Inspiring Health Lifestyles/Classic Cinema Club Leigh.



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