



Kathleen Deason was
93 on July 18th



We all hope you had a
lovely day Kathleen

Inspirational Story: How Far a Phone Call Can Go...

During the pandemic we have had to adapt how we support people across Wiltshire. We usually support people in person where possible but recently we have been restricted to supporting our clients over the phone. We were worried we couldn't provide the same support over the phone, but we've been happily surprised by the positive feedback we've received!

Elizabeth Smith said that from the very first phone call I had from **Mike Fielding** I immediately had the feeling that, "yes I wanted a chat." My feeling was right, because throughout a very long phone call I felt that I was talking to someone who had great care, great kindness and lots of fun and laughter. In this very bad time, it was so uplifting to speak to somebody who made me laugh as much as I made him laugh. These phone calls have been a lifeline to me when I have been feeling down. Each phone call has made me look forward to all my tomorrows. I



Mike Fielding



Jane Smith

can't wait for Mike to call again because I know it will lift and light up my day.

Marilyn Hunter would like to say a huge thank you to **Jane Smith**, the volunteer who rings her each week. They both come from the same area so they have a lot of shared knowledge and remembrances that they can talk about. Marilyn has also received help from the Salisbury Age UK Wiltshire office in the past and is extremely grateful and appreciative of the help she has received. Everyone has been so kind and helpful, and it has made such a difference to her.

5 of the Bravest or Scariest Things You've Ever Done or Overcome?

1. **Derrick Bailey's** scariest moment was when a hay wagon set on fire due to the tractor backfiring! Luckily, nobody got hurt but it gave them all a fright.
2. **Davina Toole's** scariest moment was when she was in a game park with family and friends and their car got stuck in the mud! They got out to push and the warden ran towards them shouting and carrying a gun telling them to get back in the vehicle. She wasn't sure if she was more scared of the wild animals or the warden!
3. **Reg Bryant's** scariest moment was stepping into the elevator at the Atonium in Brussels because it's like going into freefall!
4. **Doreen Smith's** scariest memory is setting back out, under enemy gunfire, to collect her younger brother from school as she'd forgotten to pick him up on her way home!
5. **Ken Brown's** scariest moment was when he narrowly avoided what could have been a near fatal collision by keeping his wits about him.

Next Week's Question: What is your favourite flower or plant?

This Week's Quiz:

1. What is a female goose called?
2. On 19th August 1968 Soviet tanks rolled into which country?
3. Is the Tropic of Cancer North or South?
4. Ag is the chemical symbol for...?
5. The velocipede was an early type of what?

Match the characters to the books they're found in:

Mary Lennox	Pride and Prejudice by Jane Austin (1813)
Michael Henchard	The Secret Garden by Frances Hodgson Burnett (1911)
Sydney Carton	A Tale of Two Cities by Charles Dickens (1859)
Grace Poole	Book of Judges (Old Testament)
Merrylegs	Treasure Island by Robert Louis Stevenson (1883)
Jim Hawkins	The Mayor of Casterbridge by Thomas Hardy (1886)
Samson	Black Beauty by Anna Sewell (1857)
Lady Catherine de Bourgh	Jane Eyre by Charlotte Bronte (1847)

Age UK Wiltshire Sunflower:

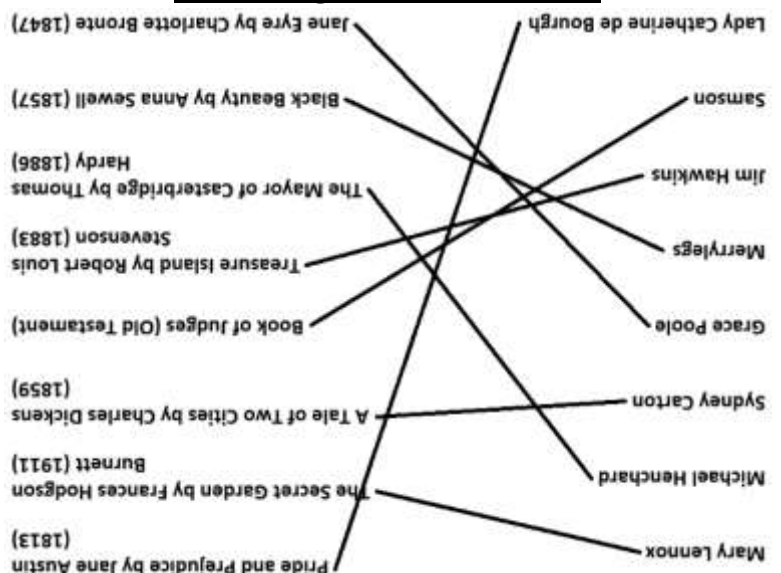


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45"

This Week's Quiz Answers:

1. Just a goose - a male is a gander
2. Czechoslovakia
3. North
4. Silver
5. A Bicycle

Matching Game Answers:



Extra Content from Our Readers:

Dear all,

A card to thank you the Age UK Wiltshire people who have put the newsletter together each week. I cannot thank you all enough. Also, not forgetting dear Bob Knightley taking the time each week to ask if I was okay and if I need anything. It's lovely people like yourselves that keep the world ticking by. I will certainly never forget the kindness you have given me, so my thanks again to you all. More importantly, all of you keep safe – God bless you all,

Jean

Dear Age UK Unites!

I was sorry to read that the newsletter is coming to an end, but I do want to say how much I have enjoyed receiving them and how much I have looked forward to the next week's edition with the answers. Thank you to the ladies who have telephoned me during the last few weeks and I also have enjoyed belonging to one of your ladies. I enjoyed the story of a cat named "Dog," who must be a wonderful companion for Charlie in Corsham. I shared some of the quiz questions with one of my daughters who has a computer, I especially enjoyed a question that I could answer! Again, thank you all for the trouble you have taken to keep some of us sane during this lockdown.

Yours Sincerely,

Sheila Harris (90 in Dec)



By Margaret Gardiner

A Riddle:

As I was going to St Ives, I met a man with Seven wives
Seven wives had seven cats and seven cats had seven kits.

How many were going to St Ives?

Answer: One – They were all coming away.

Jokes:

The butcher offered me eight venison legs for £10 do you think that was too deer?

I bet the butcher £10 he couldn't get the rib-eyes from the top shelf, but he said the steaks were too high.

A Poem:

May silver linings light your way, and blue skies never hide away.
And you are thought about with love, today and always.

Every Cloud... by Penny Bradshaw

I have to personally admit, that this time of Corona lockdown as had many very positive effects on many of our lives. This morning I woke up to the delights of the “dawn chorus”, something I haven’t heard in a long time; it was probably still there, but drowned out by the sound of traffic; and last night I was delighting in listening to the silence, interspersed with the odd hoot of an owl rather than the toot of car horns. My garden has never looked nicer, thanks to the amazing spring weather and the extra hours of care and attention spent on it.

I have also enjoyed exploring new walks with the dog during our daily exercise. Nature has been at its very best with trees and flowers in full bloom, creating a riot of colours and fragrant. What a delight it has been watching families out walking together, with small children riding on dads’ shoulders, all enjoying the simple pleasures in life.

What a pleasure it has been having telephone conversations with old friends I haven’t been in contact with in years, and also having the time to have a natter with neighbours over the garden fence whilst hanging out the washing. I am also aware of the improving air quality. The lack of cars, lorries and planes has given our planet a chance to heal itself. In many areas of the world, the pollution levels are the lowest they have been in decades.

Many of us are also enjoying having the time to try out new recipes; we have rediscovered the joy of eating home-made bread. I’ve had the time to try out new dishes; okay, some were better than others, but it was fun having a go! I’ve also ordered a tapestry kit, so wish me luck with that. I’ve even enjoyed myself sitting at the garden table and getting out my paints. New books have also been devoured with great joy.

We have also learnt to appreciate what we have; the Thursday clapping for the NHS and our keys workers is a way of demonstrating our gratefulness and gratitude to all the people around us who have carried on working to enable us to keep safe. And who can forget “Captain Tom”, what an amazing man.

When I look back at this time, naturally I will remember the terrible death rate and the terrible loss that has affected so many families; and also, the great hardship caused to so many by the loss of income and other aspects of the lockdown. But I will also remember the outstanding kindness of other people, the benefits of a slower and quieter pace of life and the true beauty of nature.

The Age UK Wiltshire Sunflower Competition

Have you been **growing your own sunflower** at home?

Do you think it’s **bigger** than ours?

Let us know before **11am on Monday 27th of July** to be in with a chance of **winning sunflower seeds!**

Or, if you haven’t been growing your own sunflower **guess the final measurement of our sunflower** next week to be in with a chance of **winning too!**

