

Wiltshire ageUK Unites

Celebrating Volunteers' Week

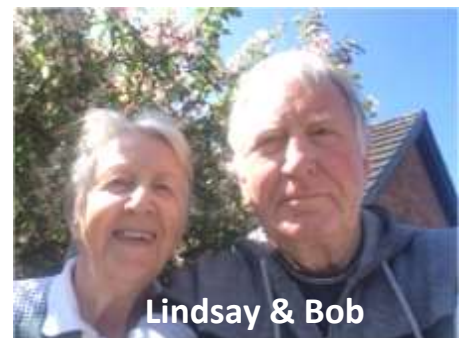


**A big thank you to all
our Age UK Wiltshire
Volunteers**



Volunteering Inspirational Stories:

Lindsey & Bob Knightley – We moved to Devizes from South Devon in 2016. Lindsay joined the Devizes office team at Age UK Wiltshire and soon after Bob became a volunteer handy man. We both enjoy making our telephone calls each week as we are both of the age where we should stay home as much as possible at the moment. We have both been active volunteers for many years.



Lindsay & Bob

Elena Liquete – I've been an AUKW Wellbeing volunteer since 2018. I enjoy the calls not just because they give me the opportunity to feel "useful" but also because I learn so much from them. I've had many fascinating conversations in

which clients have shared their life experiences, recommend books for me to read, shared recipes or have given me gardening advice. The elderly are an amazing resource that society isn't tapping into.

Jane Smith - What a great opportunity to say hello to all the lovely ladies I chat to every week. I volunteer because I find it such a privilege to share in the lives of others. It's wonderful hearing about their memories and experiences. Despite the current situation, I'm amazed by their positivity and great outlook. Thank you for the warm welcome when I call and for allowing me to get to know you.



Jane

5 of your Favourite Ages:

1. **Geraldine Jones'** favourite age was 7 because they lived in a little cottage in the country. They had the freedom to roam, climb trees, and play in the fields.
2. **Margaret Wood's** favourite age was 19 when she got married - she was married 67 years. Her husband passed away a year ago and she misses him dearly.
3. **Ted Vanwynsberghe's** favourite age was 25 -35. The war was over, and he was a pilot loving flying in the air force, life was good.
4. **Delma Goddard's** favourite age is right now! Due to isolation she is doing things she thought she would never do again for the newsletter – writing and reading poetry.
5. **Peter Baker** enjoyed 1953. He went to see a show. Without realising, he was talking to the women in the group. One of the women then sang 'You Belong to Me' just for him.

Next Week: What did your family pass down to you **or** you passed down to your family?



Fact of the Week: The world's smallest country is Vatican City. It's only 0.2 square miles.

Quotes about Volunteering:

'Start where you are. Use what you have. Do what you can.'

- Arthur Ashe

'As you grow older, you discover you have two hands – one for helping yourself, and the other for helping others.'

– Audrey Hepburn

'Too often we underestimate the power of touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.'

- Leo Buscaglia



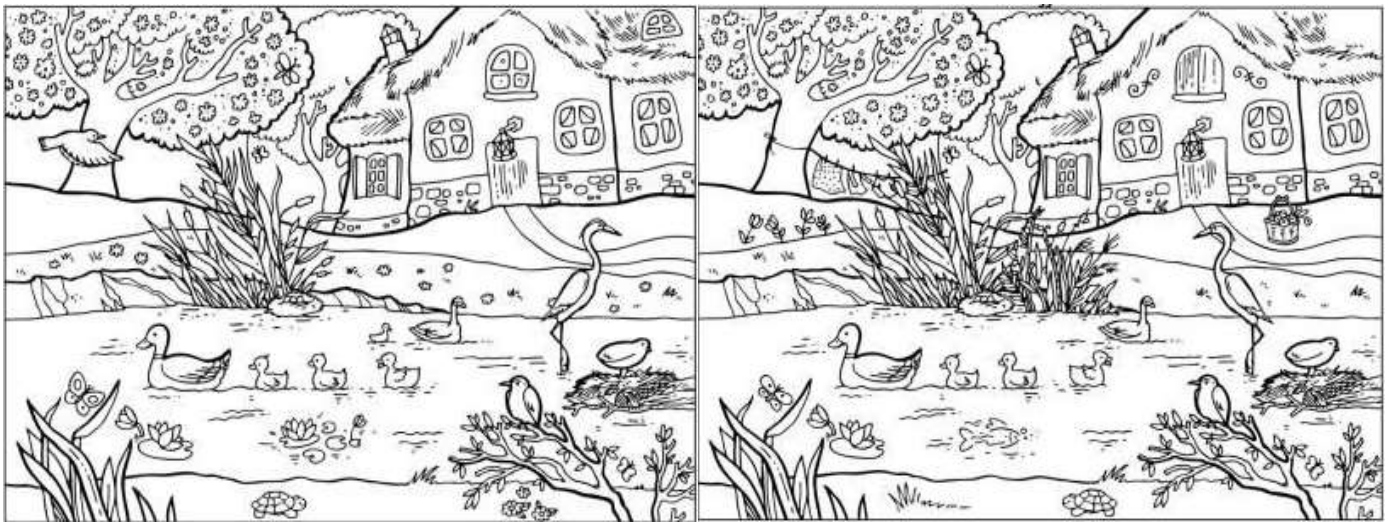
You could use volunteer week as an opportunity to say thank you to the Age UK Wiltshire volunteer who calls you to bring a smile to their face this week

The Age UK Wiltshire Sunflower



↑
6.5"

Spot the Difference and Colouring In:



Leslie Batchelor is celebrating a Birthday on 6th June



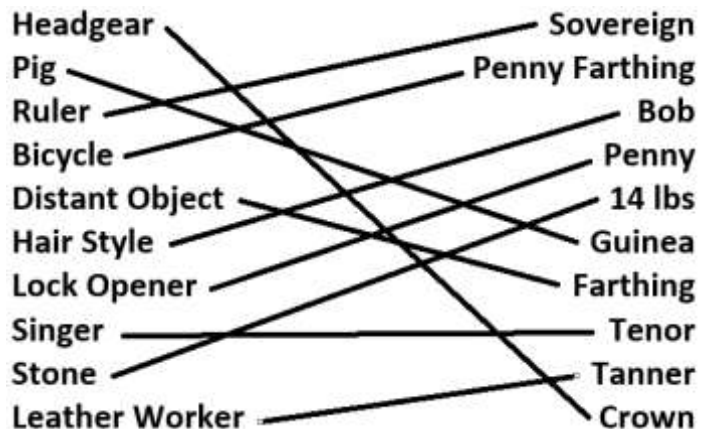
We all hope you have a lovely day

Leslie

Last Week's Quiz Answers:

1. Scooby Doo
2. 1979
3. The Chuckle Brothers
4. South Dakota
5. Rum

Last Week's Game Answers:



Total Amount = £26 7s 8 1/2d