

# About Age UK Wirral, Liverpool & Sefton



Your local, independent charity  
Registered charity number 1034510

## Over 40 years' experience in caring for people with dementia

We have been working on the Wirral since 1948, so we know a lot about the Borough and the communities that live here. We have been caring for people with dementia since 1984, and with over 40 years' experience, we have a wealth of knowledge and expertise that underpins our excellent reputation in Wirral. Over recent years, we have also built up specific additional expertise around working with younger people with dementia. In 2026, we expanded our area to also include Liverpool and Sefton.

### Our values:

- **Friendly**

We treat people with respect and courtesy

- **Professional**

We treat people with respect and courtesy

- **Locally focussed**

We treat people with respect and courtesy

- **Changing lives**

We make a difference through what we do and how we do it

- **Person-centred**

We make a difference through what we do and how we do it



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# A Guide for Carers to services for people living with dementia



## Stepping Stones

Advice, Support, Day Care, Long Term Care  
40 years' experience available to you from Age UK Wirral, Liverpool & Sefton.

# Dementia Carer Support

Life as a carer can be full of challenges, so it is good to know that there is support out there for you. We run our Carer Support Service to help take some of the strain for you, through providing both practical and emotional support.

## The help available to you includes:

- **Support loved one's** coming to terms with a diagnosis
- **Emotional Support** - as a carer, looking after your loved one at home can put you under tremendous pressure, and we understand that caring responsibilities can be exhausting, isolating, stressful, and worrying
- **Introduction to Carers Groups** - to help build friendships where there is support there for you
- **We arrange carer's events** - regular coffee corners and carer lunches, soup and sandwich socials
- **Dementia Friendly Screening** - We support the monthly Dementia Friendly Screening at the Light Cinema, New Brighton
- **Carers Course** - this aims to provide carers with valuable advice and information from experienced professionals
- **Legal Surgery** - held every month, offering carers the opportunity to gain free legal advice from a solicitor during a 30 minute appointment

"It's not easy being a carer but knowing that there are others out there going through it with me has helped me get by."

For further information regarding Dementia Carer Support please contact Carer Support at Age UK Wirral, Liverpool & Sefton **0151 488 7804**

# Active Minds

This is a regular group for people with mild to moderate dementia who are at the beginning of their dementia journey. It provides a range of stimulating and enjoyable activities, as well as the opportunity to interact socially, have fun and make friends.

It is designed to maintain skills and memory for longer and improve general wellbeing and happiness. An assessment will be completed prior to starting to ascertain your suitability for this group.

This group is not subject to funding from the local Authority.

For further information regarding Active Minds please contact Carer Support at Age UK Wirral, Liverpool & Sefton **07752 701630**

# Devonshire Days - Day Time Breaks

Devonshire Days are about what a person can do, not what they can't do.

Devonshire Days provide the opportunity for people, including those living with dementia, to socialise, enjoy themselves and enhance their health and wellbeing, all in a stimulating environment. They also provide a break for carers too; many carers talk to us about how difficult it is to entrust the care of a loved one to someone else, particularly at first. Yet it isn't usually long before our new clients are settling in, socialising, engaging in activities or simply enjoying the 'change of scene'.

## Devonshire Days includes:

- **Full day & half day** sessions available
- **Sessions catering for people with dementia**, younger people with dementia and people who are frail and isolated
- **Support to promote cognitive ability** through a range of Cognitive Stimulation Therapy exercises and activities
- **Dementia sessions** available Monday to Friday 9am to 4.30pm
- **Specialist sessions** available Monday to Thursday 8.30am to 5.30pm
- **Choice of refreshments**
- **All personal care and support needs** can be met by our fully qualified Devonshire Days Care Navigators
- **A safe, warm and comfortable environment**
- **Venues at both Meadowcroft, Bromborough and at Devonshire Resource Centre, Birkenhead**



Get in touch and have some 'me time'. Trust us - your loved one will be well looked after. For further information please call  
Devonshire Resource Centre, Birkenhead – **07752 701630**  
Meadowcroft, Bromborough – **07514 990684**

# Help is just a phone call away

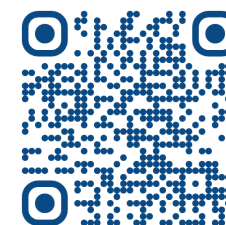
Being a carer is one of the hardest jobs in the world. Let us help! In this booklet you will find a range of Age UK Wirral, Liverpool & Sefton services which are designed to provide you and your loved one with emotional and practical support which ensures you both have time to enjoy some of the fun things in life too.

## Someone who listens and understands.






There's someone to talk to, someone who will listen, someone who understands. Just one phone call - that is all it takes to find someone who appreciates your needs and those of your loved one. They will tell you about the help that's available locally, what you need now to make your life easier and more fulfilling and how to access it quickly.

Take a look at all the services that are available to you, it's just an outline - then please call **0151 482 3456** to discuss what are the next steps for you.

Scan the QR code for referral forms to Dementia Carer Support, Devonshire Days and Active Minds.....



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# Stanhope Court - Residential Care

Our Residential home based in Bromborough has 13 rooms and is registered with the Care Quality Commission. We offer residential accommodation for people with dementia. With a 'home from home' feel, all of our bespoke, ensuite ground floor bedrooms have views of the garden or courtyard, and our small facility ensures a very personal service during your stay.

Each room in Stanhope Court includes all of the facilities to ensure a comfortable stay, including a flat screen TV, easy chair, wardrobe, chest of drawers, nurse call point and individual heating controls.

Meals can be served within guests' rooms or in our dining room, and there are several smaller communal areas where guests can relax or take part in activities. What sets Stanhope Court apart is that guests can also choose to take part in a range of activities available in the adjoining Health & Activity Centre, including exercise classes, flower arranging, computer classes and much more.

Our team is led by our Registered Manager, who oversees our committed care staff, all of whom hold relevant, up-to-date qualifications. They are all supported by an excellent and friendly team of housekeeping and catering staff.

Stanhope Court is regulated by the Care Quality Commission (CQC). Their latest report is available on our website [www.ageukwls.org.uk](http://www.ageukwls.org.uk) or we can send you a summary.

