

**JOINING FORCES  
VETERANS PROJECT**

The Joining Forces Veterans Project provides you with a range of activities and services to meet your needs right here in Wirral.

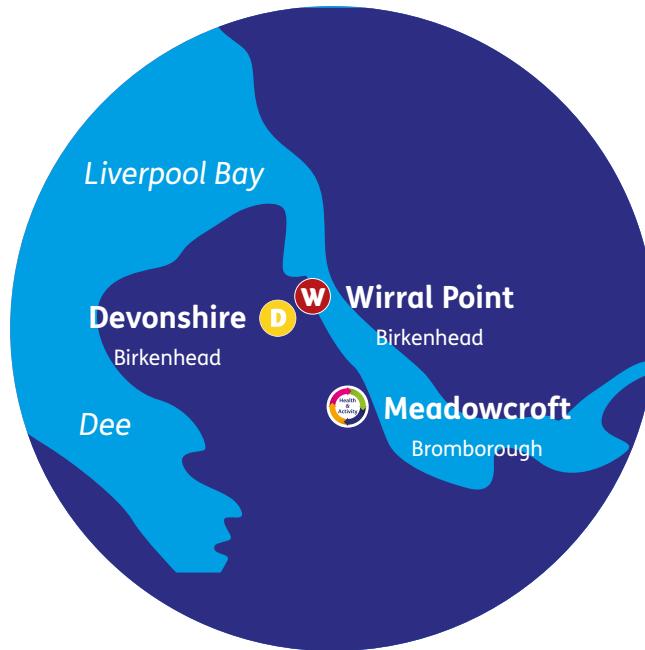
It includes: An Information and Advice service including support with benefits.

A programme of activities created around your interests, not just promoting health and well-being but looking at support and social groups too.

Specific reminiscence and life story work, enabling you to record your life history and memories in a variety of ways to provide you and your family with a lasting keepsake.

**JOINING FORCES  
VETERANS PROJECT**

Locations



To find out more please call  
**0151 482 3456**

The Joining Forces Project is a co-operation between the Ministry of Defence and Age UK Wirral Aged Veterans Fund funded by the Chancellor using LIBOR funds and supported by Age UK



[www.ageukwirral.org.uk](http://www.ageukwirral.org.uk)

Your local, independent charity  
Registered charity number 1034510



**AGE UK WIRRAL  
JOINING FORCES  
VETERANS PROJECT**

- Are you a Veteran?
- Have you served one day or more in the Armed Forces?
- Are you 65 plus?

See inside for details



## Health & Activities

We offer a wide range of activities to enable you to keep fit and socialise. Our programmes are all designed to improve health and wellbeing giving you the opportunity to make the most of your later years.

## Reminiscence & Life Story Work

Come and meet our life stories worker, where you can talk about your life before during and after your armed forces service. We will work at your pace and help you to create a life story book full of memories and your life story for you and your friends and family to enjoy for many years to come.

## Information & Advice

Our information & Advice caseworker is on hand to support you with a wide range of issues such as accommodation, health and wellbeing, pensions, benefits, home improvements and more.

You can be visited at home, at Age UK Wirral centres, (please see map on the back of this leaflet) or you could attend one of our 'Drop In' advice clinics.

## Armed Forces Pensions

We can check whether you are eligible and support you in applying for your pension.

You may also be eligible for a war pension; there are several different categories and related allowances.

They depend on your length of service, when you served and whether or not you were injured while in action.

## Armed Forces Veterans Badges

If you have served in the UK Army, Royal Navy, Royal Marines, Royal Air Force, Volunteer or Regular Reserves you are entitled to an Armed Forces Veteran's Badge - and it's totally free.

We can help you apply.

### They include:

#### Arts & Crafts



#### Games & Social



#### Computer & Technology



#### Therapies



#### Exercises



#### Outdoor



Activities within these categories include, support & social groups, walking groups, day trips, an allotment programme to name but a few and we are continually working with veterans to explore and meet individual needs and interests.

## Your Medals & Service History

If you have served in the UK Army, Royal Navy, Royal Marines, Royal Air Force, Home Guard or the Reserve Forces we can help you apply for medals and/or service history records.

