

Telephone:

01902 572060

Email:

mail@ageukwolverhampton.co.uk

Address:

The Workspace, All Saints Road, Wolverhampton, WV2 1EL

Age UK Wolverhampton also offer the following:

- Home energy checks
- Welfare benefits advice and checks
- Friendship Clubs
- Art & Craft Groups
- Knit and Natter Groups
- Word of Mouth Traders List
- Volunteering opportunities

Check out our website to find out more: www.ageuk.org.uk/wolverhampton







ABOUT US

Age UK Wolverhampton, formerly Age Concern Wolverhampton, is a charity that aims to promote the wellbeing of all people in the City aged 50 + and help to make later life a fulfilling and enjoyable experience.

General information and advice is available by calling **01902 572 060**.

We are happy to provide a range of factsheets, booklets and leaflets giving advice on specific subjects, and can point you in the right direction to get the help that you need.

Age UK Wolverhampton is a charitable company limited by guarantee and registered in England and Wales. Registered Charity Number: 1051232

Company Number: 3088739

Registered office: Age UK Wolverhampton, The Workspace, Al Saints Road, Wolverhampton, WV2 1EL





Sept - Dec 2023

- For 50+ years
- Licensed bar
- Seating area
- Tea and coffee

HITS OF THE 50S, 60S & 70S All venues time: 1 - 4 pm

Full dates & venue etails inside

WEDNESFIELD

2nd Wednesday of every month

The Conservative Club 98 Neachells Lane Wednesfield WVII 3PR

PENN

3rd Thursday of every month

Penn Bowling Club 10 Manor Road Wolverhampton WV4 5PY

CENTRAL WOLVERHAMPTON

Last Tuesday of every month

ECC Sports & Social Club Showell Road Wolverhampton WV10 9LU

BILSTON

Last Thursday of every month

Bilston Churchill Conservative Club 43 Mount Pleasant Bilston WV14 7LS

All clubs E3 entry on door

Handy Person

This service is available to people who are aged 50 years and over, who need help to keep their homes safe, comfortable and secure.

Please see below examples of some of the work we can undertake, along with current prices:

- Supply and fit key safes £55
- Supply and fit a pair of grab rails £55
- Painting, prices start from £55 per wall
- Plane a sticking door £35
- Moving furniture price on application
- Small plastering jobs price on application
- Shed re-felting and repairs price on application

Charges for this service help to contribute to funding of our free charitable services.

ALL WORK CONSIDERED

Home Help Service

- Personal Service
- Caring, friendly and fully trained staff
- Adaptable service, you are in control
- We do as much or as little as you would like

Help with:

- Shopping and Cleaning
- Washing & ironing/meal preparation
- Arranging appointments
 - General Monitoring
 - Companionship
 - Monitoring of diet
 - Prevention of social isolation

DAYTIME DISCO DATES 2023

Enjoy the sounds of: The Beatles, The Rolling Stones, Tom Jones, Abba, Elvis, The Bee Gees, Free, T-Rex, The Supremes, Little Richard and many more!

September 13th Conservative Club, Wednesfield
September 21st Penn Bowling Club, Manor Road

September 26th ECC Sports & Social Club

September 28th Bilston Churchill Conservative Club

October 11th Conservative Club, Wednesfield

October 19th Penn Bowling Club, Manor Road

October 26th Bilston Churchill Conservative Club

October 31st ECC Sports & Social Club

November 8th Conservative Club, Wednesfield

November 16th Penn Bowling Club, Manor Road

November 28th ECC Sports & Social Club

November 30th Bilston Churchill Conservative Club

December 13th Conservative Club, Wednesfield

December 21st Penn Bowling Club, Manor Road

*Please note there will be no ECC and Bilston discos in December



Sign up to our newsletter
Scan the OR code to

or email: office@ageukwolverhampton.co.uk



Volunteers required for our Telephone Support Service

Telephone support is a free service delivered by volunteers, offering older people and carers a weekly supportive telephone call.

By encouraging discussion our volunteers are able to find out what type of support is required and can help address the issues at the heart of isolation.

Tai Chi

For people aged 50 years and over who wish to improve mobility, health and wellbeing. Using this gentle Chinese exercise for relaxation and to help improve balance. Classes held on **Wednesdays** at: £5 per class

10am - 11am All Saints Church All Saints Road Wolverhampton WV2 1EL

12pm - 1pm The Institute Wood Road Tettenhall Wood WV6 8NF

