



CONTACT US

Age UK Wolverhampton, formerly Age Concern Wolverhampton, is a charity that aims to promote the wellbeing of all people in the City aged 50+ and help to make later life a fulfilling and enjoyable experience.

Telephone: 01902 572060

Email: mail@ageukwolverhampton.co.uk

Address: The Workspace, All Saints Road,
Wolverhampton, WV2 1EL

Age UK Wolverhampton offer the following:

- Information and advice
- Benefit checks
- Handyperson service
- Home energy checks
- Home help Service
- Welfare benefits advice
- Friendship clubs
- Comfort doll group
- Craft clubs
- Knit and natter groups
- Newsletter
- Word of Mouth traders list booklet
- Tai Chi classes
- Volunteer telephone support service
- Volunteering opportunities

Check out our website to find out more:
www.ageuk.org.uk/wolverhampton



Picture as published in the Express & Star

COMFORT DOLLS

Hugh Porter and Anita Lonsbrough are supporting the relaunch of our Comfort Doll project.

Our comfort dolls are made entirely by volunteers, and distributed by our staff and volunteers to people living with dementia.

If you are a carer, either at home or in a care setting, or an individual that knows someone who would benefit from being gifted a comfort doll, please contact us on 01902 572060 or mail@ageukwolverhampton.co.uk



**Funded by
UK Government**



Age UK Wolverhampton is a charitable company limited by guarantee and registered in England and Wales.
Registered Charity Number: 1051232
Company Number: 3088739
Registered office: Age UK Wolverhampton, The Workspace, All Saints Road, Wolverhampton, WV2 1EL



**December 2023 -
March 2024**

- For 50+ years
- Licensed bar
- Seating area
- Tea and coffee

HITS OF THE 50S, 60S, 70S & 80S

**All venues time: 1 - 4 pm
£3 entry on the door**

WEDNESFIELD

**The Conservative Club
98 Neachells Lane
Wednesfield, WV11 3PR**

2nd Wednesday of every month

**13th December, 10th January,
7th February *, 13th March**

***Please note February's disco is on the
1st Wednesday of the month**

PENN

**Penn Bowling Club,
10 Manor Road,
Wolverhampton WV4 5PY**

3rd Thursday of every month

**21st December, 18th January,
15th February, 21st March**

BILSTON

**Churchill Conservative Club,
43 Mount Pleasant
Bilston WV14 7LS**

Last Thursday of every month

25th January, 29th February, 28th March

***No discos in December**



Tai Chi

Our Tai Chi classes are for people aged 50 years and over who wish to improve mobility, health and wellbeing. Tai Chi is as gentle Chinese exercise used for relaxation and to help improve balance. We are pleased to announce **new sessions will be held on Mondays, commencing January 2024.**

All classes £5 per session



Mondays from 15th January:

The Hub at Ashmore Park – 10am – 11am

Griffiths Drive, Wolverhampton, WV11 2LH

Have a Heart – 12.00 – 1.00pm

9 Salisbury Street, Wolverhampton, WV3 0BG

The Institute – 1.30 – 2.30pm

Wood Road, Tettenhall Wood,
Wolverhampton, WV6 8NF

Wednesdays:

All Saints Church – 10am – 11am

All Saints Road, Wolverhampton, WV2 1EL

The Institute – 12pm – 1pm

Wood Road, Tettenhall Wood,
Wolverhampton, WV6 8NF

Testimonial:

“Our instructor, Phil Shelton, with his **expert knowledge**, patience and encouragement has given me the confidence to continue to **improve my mobility** through Tai Chi, along with support of the group this is continuing. This has made such a **significant improvement to my quality of life**”



Information and Advice

Our team of dedicated staff and volunteers provide free, confidential and independent information and advice on a wide range of subjects.

Information & Advice is a telephone service, open:

**Monday to Thursday
9.30am to 2.30pm**



Single Point of Contact Volunteers

We are looking for volunteers who are interested in being an **initial point of contact**, assisting clients across a wide range of initial enquiries coming into the service where clients will be advised or signposted to internal or external services.

It is an interesting and varied telephone role. The volunteer will be helping to provide information and advice to individual older people and their carers. We are looking for volunteers who are able to offer 3 hours of support per session.



Please contact us if you are interested in this role.

Sign up to our newsletter

Scan the QR code to

or email:
mail@ageukwolverhampton.co.uk



Leave a Legacy

Giving through your will is one of the most heartfelt acts of benevolence and provides a lasting memory to causes that are important to you. Leaving a gift in your will enables us to provide vital services for older **people in Wolverhampton.**



Donations:

We rely on your support to help older people in Wolverhampton. You can donate by bank transfer, cheque cash or online by scanning the QR code, opposite.



Every gift in every will, no matter how large or small, makes a difference. To ensure we receive your gift please ensure your solicitor or will writer nominates Age UK Wolverhampton. If you do not specify Wolverhampton and ideally registered charity number 1051232 we are unlikely to receive your gift.

Please contact us for further information.

