

Befriending

Making a difference

Older people are often excluded from participating in social and community life. Befriending provides companionship for isolated people, the chance to develop a new relationship and the opportunity to participate in social activities, especially for those who could get out and about with a little support and encouragement.

What we expect of you

We ask our Befrienders to visit clients, at home, for at least an hour each fortnight, at a time which is convenient to both parties. We also ask that you telephone the client, as soon as possible, if you cannot make an arranged appointment.

To liaise with Tony Scott, the Befriending Manager on a regular basis, to discuss any training or support needs that you might have and to contact Tony as soon as possible, if you have any concerns about the client.

To respect appropriate boundaries and to be aware of the policies and procedures applicable to the role, copies of which will be given at induction.

Is this the right role for you?

- You have at least an hour a fortnight to spare on a regular basis
- You have good verbal, face-to-face, communication skills
- You like people, have empathy patience and a caring nature
- You are happy to work alone, whilst remaining a part of our team
- You understand the need for confidentiality and can show this in practice
- You believe that people from all backgrounds should be treated with dignity

Main Point of Contact

Befriending Coordinator

Age UK Worcester & District's Commitment to you

- We will provide you with relevant induction for the role and ongoing support
- We will reimburse your travelling expenses
- You will be invited to all our group events and our annual volunteer party