

# Community Befriending Volunteer

## Role Description

### Role purpose

1.2 million older people across the UK often feel lonely or isolated at home. We aim to connect people together to alleviate loneliness in Herefordshire & South Worcestershire and provide a crucial link to the outside world.

### Main tasks/activities

As a **Community** Befriender, you will be providing much needed companionship for isolated or bereaved older people; providing a crucial link to the outside world. It is important that our clients receive this support and encouragement, to help them develop confidence and new relationships.

### Tasks include, but not limited to:

- Visiting clients regularly at home, for up to an hour per week
- Participating in telephone befriending in-between or as an alternative to home visiting
- Accompanying an older person to social activities or other social outings (optional)
- Liaising with our befriending coordinators



### Skills/experience

#### We are looking for individuals who have:

- Good communication skills
- Empathy and patience
- A caring and polite attitude
- The ability to work as an individual

### Days/hours

Our befriending coordinators will match you with a client based on your availability. Each client visit should take up to an hour, once a week. We recommend starting with one weekly client.

### Background checks

As part of joining our **Community** Befriending team, we'll ask you to complete an Enhanced DBS (Disclosure and Barring Service) check and provide two references, to ensure everyone we support stays safe and well cared for.

### Expenses

We reimburse reasonable expenses incurred, for example travel costs.

Apply here!



Still got questions? Contact us on: [volunteering@ageukwyvern.org](mailto:volunteering@ageukwyvern.org)