

York Celebrates ^{v5}

*United Nations International Day of Older People
Saturday, 30th September 2023*

**Growing Old Responsibly: saving the planet & celebrating the natural world
through story telling & painting**

What is this about?



- ✓ Showcasing resilience & contribution of elders in a changing & challenging world...
- ✓ Making space to talk about and share memories and ambition with older people...
- ✓ Signposting the creative & diverse ways older people practise sustainable wellbeing as they live their best lives!

Who is getting involved in York?

YOPA; Age UK York; Age-friendly York; supported by York Art Gallery; Museum Gardens; York Theatre Royal; York Explore; York Minster; Home Instead; Radio York; Hospital Radio

Join us, Come and Visit on September 30th

Art Gallery:

Inspired by the *Bloom* exhibition, artist-led still life drawing in the YAG studio, free drop-in session: celebrating the natural world; learning to love drawing and painting the beautiful world around us.

Museum Gardens: guided tours to complement *Bloom*

York Theatre Royal:

- Linked to **A Play for The Living in a Time of Extinction**, a tv screening, in the foyer, of local elders identifying objects and practices that are planet-friendly, *from September 25th*
- Patio screening of the same stunning stories....on pedal-powered cinema screen! *from September 25th*
- Digital still-life 'painting' workshop in upper foyer, *on September 30th*

York Minster: *tv screening, as above from September 25th*

York Explore: *tv screening on October 1st*

50+ Festival Information Fair to be announced

Join us, Look and Listen

Radio York: will be hearing live and recorded voices of older people from across all corners of our city, storytelling across the day

York Hospital Radio: story telling designed to engage the older hospital community

Websites: Age UK York, YOPA, OCAAY, Live Well York, Minster and Home Instead will be promoting this celebration of old age with messages on their main websites

York Art Gallery, York Theatre Royal, YOPA and York Explore will be provoking dialogue and debate for those of us who tweet(!) with a twitter takeover of the Theatre, and York Museum social media Twitter accounts!

For further information contact:

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Supported by YOPA York Older People's Assembly Registered Charity 1101