

## Contact us

There are several ways you can contact us to find out about all the services Age UK York can offer.

### Telephone:

**01904 634061**

### Email:

**ageukyork@ageukyork.org.uk**

### Or you can visit our website:

**www.ageukyork.org.uk**

**Age UK York  
St. Edmund's House  
Margaret Street  
York  
YO10 4UX**



Registered Charity No: 1118346

Registered Company No: 6006449

## Other Services

Age UK York offers a range of services for older people. Our services include:

- Information and Advice
- Money and Benefits Advice
- Befriending Service
- Carer Respite Service
- Day Clubs
- Home from Hospital services
- Cleaning service
- Wills and Power of Attorney
- Home care agency
- Trusted Trader Directory
- Out and About

The Carer Respite Service is supported by the City of York Council and the Vale of York CCG.



## Carer Respite Service

Providing carers of loved ones time for a short break, knowing the person they care for is in safe hands.



## What services are available?

We can provide either a volunteer or a paid care worker depending on the type of support required.

Volunteers can:

- provide low level support
- provide companionship
- take people out on short trips such as a walk or to a cafe

Care workers are paid staff who can:

- provide more personal care
- take people out in a car on longer trips

## When is it available?

The service is available everyday, including weekends and evenings.

We also offer a night time service as well as pop ins to check people are okay if the carer is away.

## Why Age UK York?

Our volunteers and staff

- are carefully selected
- have had criminal records checked
- have often been carers themselves
- undergo mandatory training

We have care organisers who:

- visit you to see what your needs are
- maintain regular contact with you

*"Thank you for all the help my husband and I have received over the past year. We are very grateful to W, who visits my husband weekly, and is a very kind and considerate person."*



There is a cost for the carer respite service. Details of current charges are on our website and will be discussed on our home visit. We can provide advice on applying for carer's allowance and you may be eligible for assistance.

**For further information about the Carer Respite Service, please call us on:**

**01904 634061**