

Contact us

There are several ways you can contact us to find out about all the services Age UK York can offer.

Telephone:

01904 726191 (Hospital Team)

01904 627995 (Main Office)

Email:

ageukyork@ageukyork.org.uk

Or you can visit our website:

www.ageukyork.org.uk

**Age UK York
St.Edmund's House
Margaret Street
York
YO10 4UX**



Registered Charity No: 1118346

Registered Company No: 6006449

Other Services

Age UK York offers a range of services for older people. Our services include:

- Information and Advice
- Money and Benefits Advice
- Befriending Service
- Carer Respite Service
- Day Clubs
- Home from Hospital services
- Out and About
- Cleaning service
- Wills and Power of Attorney
- Home care agency
- Trusted Trader Directory



Home from Hospital Service

A free service enabling older people to be more confident and comfortable at home after their hospital stay.



What do we do?

We provide weekly visits to help you rebuild confidence and independence and to ease your return home.

We offer a range of support which may include:

- Shopping
- Light house tasks
- Prescription collection
- Liaising with health and social care professionals
- Companionship
- Outdoor mobility
- Help to access other professional services
- Escorting you home and settling you in

We are unable to:

- Offer personal care
- Give / prompt you to take your medicines
- Provide medical care

Who do we help?

We are able to help those aged 60 or over who live in the York area and who have either:

- Been in A&E
- Had a day procedure
- Had a hospital stay
- Have CYC reablement support

We are unable to offer support if:

- You are under 60
- You have some complex long term care needs

What does it cost?

This is a FREE service. There is no charge for the service.



How do I access it?

You can access this service simply by:

- Asking your health professional to make a referral
- Ringing 01904 726191