Male Care Worker

Location: York and the surrounding area. Entering service users home.

Responsible to: Care Organiser

Hours: Part time with possibility of extra hours (8 hours/ 0.2FTE). Care Workers will be required to work flexibly to meet business need. Visits will be arranged between the times of 9am-4pm Monday-Friday.

Salary: £3627.52 per annum (£8.72 ph)

Job Description

The Carer’s Respite Service provides short breaks for carers of older people, by volunteers and a number of paid Care Workers. Age UK York has been providing carer respite services through 'In Safe Hands' since 1981. This services gives carers a break during the day, evening or weekend and we employ support workers to provide this if there availability allows for it.

Care Workers will visit the service user and stay with the person who needs care between 1-5 hours to give their carer a break. Depending on the needs of the client the Care Worker could also accompany the older person out of the home for an outing to a local cafe or for walk.

Some of our roles require male or female employees only to suit the service user, where this is indicated it is a genuine occupational requirement in accordance with the Equality Act 2010 requirement, in accordance with the Equality Act 2010.

Key Responsibilities

- Accompany an older person, sometimes with confusion or dementia, on outings away from their home in a prearranged arrangement with Care Organisers and the service users Carer.

- Sit with the cared for person where there are complex needs, to give carers a break and if the support worker has availability to provide for this.

- Assist with simple practical tasks e.g preparing drinks, snacks partaking in craft activities.

- Give personal care such as help with mobility, through the use of a wheelchair, toileting if required (training will be provided).
• Attend introduction meetings with the clients, carer and the Service Organiser before the arrangement takes place. One hour's pay will be given for the introduction.

• Write accurate time sheets at the end of each month, highlighting what had been done during sessions

• Regularly report to the Service Organiser about visits and discuss any issues which may have arisen with regard to health and safety and possible risks or the client's behaviour and/or needs of the service user.

• Attend regular training.

• Attend support worker supervision sessions during the year and annual appraisal / extended supervision.

• Any other duties commensurate with the post.

Person Specification

Essential

Skills
• Able to work on own initiative and write detailed reports.
• Able to handle challenging or inappropriate behaviour.
• Able to adapt to rapidly changing situations and behaviour patterns.
• Personal care (examples include toileting or preparing food).
• Good communication skills

Experience
• Experience of working in the care sector, with older people with confusion or dementia.

Knowledge
• Understanding and sensitivity to the needs of older people.
• Work to the policies and procedures of Age UK York.
• Have good understanding of confidentiality
• Knowledge of safe Moving and Handling
• Have an understanding of basic First Aid and Health and Safety and Risk Assessment procedures.

Qualifications
• Qualifications in health and social care or willing to train through Age UK.

Other
• This need role requires Care Workers to be patient, honest and be reliable.
• Have a service user centered approach
• A liking for social activities.
Desirable

Knowledge
- Understand and work to risk assessments