

## Volunteer Task Description:

## AgeWell Catering.

- We often have activities and events where we provide healthy food for our service users. We are looking for a small team or individuals to prepare, cook and serve healthy food.
- To carry out the duties of the post in accordance with Age UK's East London's policies and procedures including: Equal Opportunities, Health & Safety, Confidentiality, Complaints, Data protection, Safeguarding Vulnerable Adults
- Qualifications: Catering qualifications desirable but not essential.
- Hygiene training preferable but we can provide training
- **Desirable:** A good understanding of what constitutes 'healthy eating'

Please email <u>Sharon.waddams@ageukeastlondon.org.uk</u> should you wish to volunteer with Age UK East London or download the application form and return either by email or by post to the address on the form.