

Volunteer Task Description:

Friend at Home.

Task to include some or all of the following:

- Visit a service user in their home on a regular basis, maximum of once a week, providing friendship, support and social contact
- Accompany service user for a walk in the park
- Accompany service user to go shopping
- Accompany service user to GP/Hospital Appointments
- Help with opening and reading mail
- Help service user access activities local to them
- Signpost/ refer service users to other organisations should they require help that Age UK East London cannot provide

All volunteers will need to keep in touch with their line manager regarding how the visits are going this can be done in the following ways:

- Put comments on Age UK East London's Charity Log Database for which you will have a log in profile to access the database from home or your office.
- If volunteer does not have access to a computer they can fill in a comment sheet and send into their line manager on a regular basis.
- If there is an urgent issue you need to discuss you will have the contact details for you line manager and contact details for the Friend at Home team should you not manage to contact your line manager.
- To carry out the duties of the post in accordance with Age UK's East London's policies and procedures including: Equal Opportunities, Health & Safety, Confidentiality, Complaints, Data protection, Safeguarding Vulnerable Adults
-

Please do email Sharon.waddams@ageukeastlondon.org.uk should you wish to volunteer with Age UK East London or download the application form and return either by email or by post to the address on the form.