

## Age UK Lambeth Celebrating Age Festival

2016

### How to contact us

For further information please contact:

**Age UK Lambeth**

Third Floor  
336 Brixton Road  
London  
SW9 7AA

Tel: **020 7346 6800**

Fax: **020 7346 6814**

Email: **info@ageuklambeth.org.uk**

**www.ageuklambeth.org.uk**

Registered charity number 1063497

Company number 3252067



# Welcome to the 18th Lambeth Celebrating Age Festival

1st – 31st October 2016

**Age UK Lambeth's 2016 Celebrating Age Festival begins on the 1st October 2016, the International Day of Older Persons.**

We have again put together a month of events which show the breadth of things to do when you live in Lambeth and celebrate the richness and diversity of our community. They are aimed at those of us aged over 55 and their carers, but everyone is welcome to non-ticketed events.

In this brochure you will find returning favourites, including a screening at Brixton Ritzy, music at Lambeth Mission and trips to the Victoria & Albert Museum and Dulwich Picture Gallery. We also have great new events such as an illustrated talk about a wartime Lambeth midwife, performances from the Loneliness Street Theatre Cabaret, an Africa Day at the Vida Walsh Centre and a chance to be pampered at The Salon SW4!

As ever we are indebted to the many local organisations who contributed to the festival, both those who put on events and those who provide invaluable services and support to Lambeth residents. Make sure you come along to our Information Day on Wednesday the 12th to meet an array of organisations working all year round to provide older people with a better quality of life.

Age UK Lambeth is delighted to support the festival again and must specially congratulate festival founder Maurice Charlesworth who this year received a British Empire Medal for his work. We raise most of our funds locally and you can donate to help our work by using the donation boxes at Celebrating Age events, visiting our website to click on the Donate button or by completing and returning the form at the back of this brochure.

All details listed in this brochure are correct at the time of going to press. Any subsequent changes or additions will be listed in a supplementary sheet available from our reception at 336 Brixton Road and downloadable from our website.

**Wishing you a very enjoyable October!**



**Diana Kahn**  
Chair of Trustees



**Graham Gardiner**  
Chief Executive

# Message from Festival Founder Maurice Charlesworth

Hello all and welcome to the 18th Celebrating Age Festival!



It is always a pleasure to put this programme together because we have such great support from the Lambeth community; there is always so much going on and we can rely on a wonderful response as soon as we invite organisations and individuals to make a contribution.

Music is central to our celebrations this year, with regular live performances at the Royal Festival Hall, an appearance from Carole Ann Wells at Lambeth Mission and a chance to see the London Symphony Orchestra in concert. We have also 'bookended' the month with a pair of socials which should appeal to anyone with a sense of nostalgia, or a love of great tunes!

But we of course want there to be something for everyone, so if music isn't for you then you can take your pick from film screenings, theatre, guided walks, museum trips and more — even some beauty therapy courtesy of the brilliant students at Lambeth College. So don't stay at home: grab your bus pass, and let me be seeing you at our events.

As ever, a great big thank you to everyone who has contributed, especially to those who have organised an event and to Kim, Cathi and Tom, the planning team at Age UK Lambeth.

**Maurice Charlesworth, BEM**

## Lambeth Libraries

Lambeth Libraries and Archives welcome everyone supporting the Celebrating Age Festival 2016. Visit your local library and see what's on offer. All events come with tea, biscuits and a warm welcome!

Libraries – Where to find them:

### Brixton Library

Brixton Oval, SW2 1JQ

☎ 020 7926 1056

### Clapham Library

91 Clapham High Street, SW4 7DB

☎ 020 7926 0717

### Durning Library

167 Kennington Lane, SE11 4HF

☎ 020 7926 8682

### South Lambeth Library

180 South Lambeth Road, SW8 1QP

☎ 020 7926 0705

### Streatham Library

63 Streatham High Road, SW16 1PN

☎ 020 7926 6768

### Upper Norwood Library

39 Westow Hill, SE19 1TJ

☎ 020 7926 1063

### Waterloo Library

1 Kennington Road, SE1 7QP

☎ 020 7926 0750

### West Norwood Library

14-16 Knights Hill, SE27 0HY

☎ 020 7926 8092

## Accessible for you

Are you a keen reader but unable to get to your local library? We can bring books or spoken word tapes to you at home. For more information ring **020 7926 8335** or email [libraries@lambeth.gov.uk](mailto:libraries@lambeth.gov.uk)

## Royal Festival Hall Friday Concerts

🕒 Friday Lunch 1pm-2pm

🕒 Friday Tonic 5:30pm-7pm

▶ Central Bar, Royal Festival Hall,  
Belvedere Road, Waterloo, SE1 8XX

☎ 020 7960 4200

✉ [customer@southbankcentre.co.uk](mailto:customer@southbankcentre.co.uk)

Don't forget that every Friday sees free concerts in the Royal Festival Hall, with a mixture of folk, jazz, world music and more. So come on down to the Southbank and end the week with some excellent music.

Contact Royal Festival Hall for more information on the acts throughout October!

## The Loneliness Street Cabaret

☎ 020 7346 6800

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

Beautiful Mess is a theatre company which specialises in innovative work out in the community. The troupe perform fun, playful, socially relevant plays in unexpected places using music, clowning and even puppetry! For the Celebrating Age Festival Beautiful Mess are putting on four free shows in different locations around the borough:

▶ Tomkyns House (Kennington)

🕒 Tuesday October 4 *page 9*

▶ Coventry Hall (Streatham)

🕒 Wednesday October 5 *page 9*

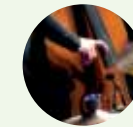
▶ Cheviot Gardens (West Norwood)

🕒 Thursday October 6 *page 10*

▶ Vida Walsh Centre (Brixton)

🕒 Friday October 7 *page 10*

Check the relevant page for the address and contact details to **book your place!**



## St John's Senior Citizens' Project Tasters

▶ St John the Evangelist Church, 386 Clapham Road, Clapham, SW9 9AR

For the Celebrating Age Festival St John's is offering free taster sessions to their regular events. In support of the festival you can come and try them out for nothing!

### Exercise Class

🕒 Tuesday October 11 *page 13*

### Choir

🕒 Thursday October 13 *page 14*

### Social Club (tea, cake and bingo!)

🕒 Thursday October 13 *page 14*

## Good Companions Tea Dance

▶ Effra Road Chapel, 63 Effra Road, Brixton, SW2 1BZ

☎ 020 7346 6800

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

Don't forget this regular tea dance – run by Festival Founder Maurice Charlesworth – will be taking place every Monday as usual. Start the week with the Good Companions for ballroom, sequence, line and party dancing. All are welcome regardless of ability – see [pages 8, 13, 17, 21](#) and [25](#) for more details.



Tea Dancers

## Saturday October 1

### Underground Overground: History of the Railways

🕒 1pm 📍 Free

▶ Oval Farmers' Market, 337 Kennington Park Road, Kennington, SE11 4PW

✉ [vauxhallcs@gmail.com](mailto:vauxhallcs@gmail.com)

🚌 Buses **2, 3, 35, 45, 59, 109, 118, 133, 159, 196, 250, 322, 333, 345**

A heritage walk organised by the Lambeth Local History Forum and led by the Vauxhall Society, perfect for those who like to be immersed in their local history while getting some fresh air! These walks usually last 90 minutes to two hours and are free, although donations are always welcome.

### Sounds of the 50s & 60s

🕒 3pm–5pm 📍 Free

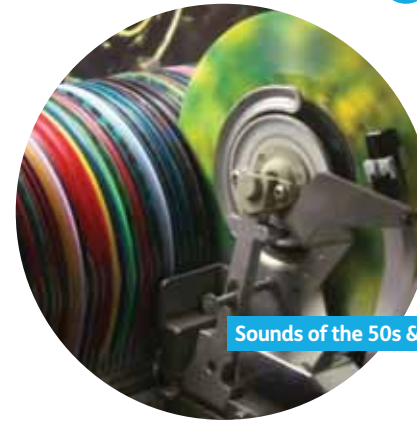
▶ St Mark's Church, 337 Kennington Park Road, SE11 4PW

☎ 020 7346 6800

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses **36, 185, 436**

Get your dancing shoes on or just relax with some friends at our lively festival launch. A DJ will be playing hits from the golden age of pop music and we'll be laying on lots of tasty treats.



Sounds of the 50s & 60s

### The Virtual Orchestra: 360 Experience

🕒 1:30pm–7:30pm 📍 Free

▶ Royal Festival Hall, Southbank Centre, Belvedere Road, Waterloo, SE1 8XX

☎ 020 7960 4200

✉ [customer@southbankcentre.co.uk](mailto:customer@southbankcentre.co.uk)

🚌 Buses **1, 4, 26, 59, 68, 76, 139, 168, 171, 172, 176, 188, 243, 341, 521, RV1, X68**

The Philharmonia Orchestra, the Southbank Centre and technology company Inition have worked together to bring you an orchestra experience like no other. Don the headphones and virtual reality headsets and be immersed in a three-dimensional experience right in the midst of a virtual orchestra performing Sibelius' Fifth Symphony, conducted by Esa-Pekka Salonen.

## Sunday October 2

### Kennington Talkies

🕒 3pm 📍 £6

▶ The Cinema Museum, 2 Dugard Way, Kennington, SE11 4TH

☎ 020 7840 2200

✉ [info@cinemamuseum.org.uk](mailto:info@cinemamuseum.org.uk)

🚌 Buses **133, 155, 196, 333, 415**

Kennington Talkies brings you a carefully curated programme of films from the late 20s and early 30s, when silent cinema was making way for new sound technology. They show rarely seen Hollywood Classics alongside some world cinema all with their original score. Come see some history!



Kennington Talkies

## Sunday October 2 cont

### West Norwood Cemetery Tour

🕒 2:30pm 🆓 Free

▶ Cemetery Main Gate, Norwood Road, West Norwood, SE27 9JU

☎ 020 8670 5456

🚌 Buses 2, 68, 196, 315, 322, 432, 468, 690

A heritage walk organised by the Lambeth Local History Forum and led by the Friends of West Norwood Cemetery, perfect for those who like to be immersed in their local history while getting some fresh air! These walks usually last two hours and are free although donations are always much appreciated and help to cover conservation work.



Organ Recital

## Monday October 3

### Good Companions Tea Dance

🕒 10:30am 🧞 £4

▶ Effra Road Chapel, 63 Effra Road, Brixton, SW2 1BZ

☎ 020 7346 6800

✉ info@ageuklambeth.org.uk

🚌 Buses 2, 3, 37, 45, 133, 196, 415, 432, 690

See page 6

### Jane Parker-Smith Organ Recital

🕒 7:30pm 🧞 £15

▶ Royal Festival Hall, Southbank Centre, Belvedere Road, Waterloo, SE1 8XX

☎ 020 7960 4200

✉ customer@southbankcentre.co.uk

🚌 Buses 1, 4, 26, 59, 68, 76, 139, 168, 171, 172, 176, 188, 243, 341, 521, RV1, X68

A triumphant return to the Royal Festival Hall for the renowned organist, who studied under the great Jean Langlais in Paris and is known for her reimagining of 20th-century French organ music. Here she presents two toccatas and two substantive works: Louis Vierne's Second Symphony and Healy Willan's Introduction, Passacaglia and Fugue.

## Tuesday October 4

### Beautiful Mess:

The Loneliness Street Cabaret

🕒 10am 🆓 Free

▶ Tomkyns House, Distin Street, Kennington, SE11 6UL

☎ 020 7043 0670

🚌 Buses 3, 59, 159, 360

See page 5



Chocolate Tasting

## Wednesday October 5

### Chocolate Tasting

🕒 3pm-4pm 🧞 £2

▶ The Chocolate Museum, 187 Ferndale Road, Brixton, SW9 8BA

☎ 07723 434 235

✉ info@thechocolatemuseum.co.uk

🚌 Buses 2, 3, 35, 45, 59, 109, 118, 133, 159, 196, 250, 333, 355, 415, 432, P4

Brixton's Chocolate Museum celebrates chocolate and its rich history, here in Britain and worldwide. Their exhibitions on its manufacture and the industry surrounding it preserve both its light and dark elements. They also specialise in delicious, ethically sourced chocolates from independent producers, which you can try at this special event. Come along for some delicious samples and learn more about the process which transforms the cocoa bean into the world's favourite treat!

Please note there is a flight of stairs upon entry.

### Beautiful Mess:

The Loneliness Street Cabaret

🕒 10am 🆓 Free

▶ Coventry Hall, Polworth Road, Streatham, SW16 2EE

☎ 020 8677 1697

🚌 Buses 50, 109, 250, 255, G1

See page 5



Beautiful Mess

## Thursday October 6

### Beautiful Mess: The Loneliness Street Cabaret

🕒 10am 🆓 Free

▶ Cheviot Gardens, Cheviot Road,  
West Norwood, SE27 0SU

☎ 020 3815 3011

🚌 Buses 102, 113, 189, 226, C11

See page 5

## Friday October 7

### Beautiful Mess: The Loneliness Street Cabaret

🕒 10am 🆓 Free

▶ Vida Walsh Centre, 2b Saltoun  
Road, Brixton, SW2 1EP

☎ 020 7326 1780

🚌 Buses 2, 3, 35, 37, 45, 59, 109,  
133, 159, 355, 415

See page 5



Heritage Walk



Friday Lunchtime Concert

### Friday Lunchtime Concert

🕒 1pm-2pm 🆓 Free

▶ Central Bar, Royal Festival Hall,  
Belvedere Road, Waterloo, SE1 8XX

☎ 020 7960 4200

✉ customer@southbankcentre.co.uk

🚌 Buses 1, 4, 26, 59, 68, 76, 139,  
168, 171, 172, 176, 188, 243,  
341, 521, RV1, X68

See page 5

### Lambeth Mission Tea Dance

🕒 1pm-4pm 🆓 Free

▶ Lambeth Mission, 3-5 Lambeth  
Road, North Lambeth, SE1 7DQ

☎ 020 7346 6800

✉ info@ageuklambeth.org.uk

🚌 Buses 3, 59, 159, 344, 360

Festival founder Maurice Charlesworth hosts a tea dance with classic tunes from yesteryear.

Line dancing, ballroom and party dancing – come and join in whatever your ability. There will be refreshments, a raffle and lots of fun to be had.

### Friday Tonic

🕒 5:30pm-7pm 🆓 Free

▶ Central Bar, Royal Festival Hall,  
Belvedere Road, Waterloo, SE1 8XX

☎ 020 7960 4200

✉ customer@southbankcentre.co.uk

🚌 Buses 1, 4, 26, 59, 68, 76, 139,  
168, 171, 172, 176, 188, 243,  
341, 521, RV1, X68

See page 5

## Saturday October 8

### Low Vision Day at St Thomas'

🕒 10am-2pm 🆓 Free

▶ Shepherd's Hall, St Thomas'  
Hospital, Westminster Bridge  
Road, North Lambeth, SE1 7EH

☎ 020 7188 4569

🚌 Buses 12, 53, 77, 148, 159, 211,  
453, 507, 734

An opportunity to try a range of low-vision aids and chat to representatives from charities and services across the borough for advice.



Brixton Market

### Brixton Market Heritage Walk

🕒 2:30pm 🆓 £3

▶ Meet at the corner of Beehive  
Place/Brixton Station Road,  
Brixton, SW9 8PB

✉ marketwalks@brixtonsociety.org.uk

🚌 Buses 2, 3, 35, 37, 45, 59, 109,  
133, 159, 355, 415

A heritage walk organised by the Lambeth Local History Forum and led by the Brixton Society, perfect for those who like to be immersed in their local history while getting some fresh air! These walks usually last 75 minutes and booking is recommended; the £3 fee includes a copy of the book of the walk.

## Saturday October 8 cont

### Caleb Club Afternoon Tea

🕒 3pm 🆓 Free

▶ The Bonneville Centre, 12 Poynders  
Road, Clapham, SW4 8NY

☎ 020 8673 0639

✉ hello@allnationschurch.co.uk

🚌 Buses 50, 355

The Caleb Club is a church-oriented but inclusive social club providing a range of activities like visiting speakers, film nights, arts & crafts and more. Here they help us celebrate age with an afternoon tea with live music. It's a warm environment where you're sure to make friends.

## Sunday October 9

### Brixton Windmill Heritage Walk

🕒 1pm 📍 £3 concessions

▶ The Windmill, Blenheim Gardens, Brixton, SW2 5EU

☎ **07587 170 029**

✉ [info@brixtonwindmill.org.uk](mailto:info@brixtonwindmill.org.uk)

🚌 Buses **45, 59, 109, 118, 133, 159, 250, 333**

A 90-minute walk with a Blue Badge Guide showing Brixton through 19th-century eyes, featuring the history of the prison, the waterworks and pre-electric trams on Brixton Hill. The walk concludes back at the Windmill where there is a tearoom, toilets and the opportunity to take a free tour of Brixton Windmill.

### Use of Our Wild Plants

🕒 2pm 📍 Free

▶ The Clock Tower, Brockwell Park, Herne Hill, SE24 OPA

✉ [friends@brockwellpark.com](mailto:friends@brockwellpark.com)

🚌 Buses **2, 3, 37, 196, 201, 415, 432, 690**

A heritage walk organised by the Lambeth Local History Forum and led by the Friends of Brockwell Park. Join Dr Roy Vickery of the South London Botanical Institute as he introduces some of the wild plants growing locally in the park and their

Brixton Windmill



many uses. These walks usually last 90 minutes to two hours and are free, although donations are always welcome.

### Calidore Close Bingo Afternoon

🕒 3pm 📍 Free

▶ Renton Close Community Centre, Renton Close, Brixton, SW2 1EY

☎ **Tel 020 8683 9584**

✉ [info@rentonclose.org.uk](mailto:info@rentonclose.org.uk)

🚌 Buses **45, 59, 109, 118, 133, 159, 250, 333**

A fantastic afternoon filled with everyone's favourite game—Bingo! Come along to relax, enjoy some delicious nibbles and meet some friendly new faces.

## Monday October 10

### Good Companions Tea Dance

🕒 10:30am 📍 £4

▶ Effra Road Chapel, 63 Effra Road, Brixton, SW2 1BZ

☎ **020 7346 6800**

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses **2, 3, 37, 45, 133, 196, 415, 432, 690**

See page 6

### Yoga Chair Exercise

🕒 1pm-2pm 📍 Free

▶ 336 Brixton Road, Brixton, SW9 7AA

☎ **020 7346 6800**

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses **3, 59, 133, 159, 415**

Ashka, the yoga teacher at the Healthy Living Club, brings her chair-based exercise to We Are 336. Her sessions combine elements of yoga and dance. What they are designed to help restore spine and joint mobility while strengthening and stretching all major muscle groups. They also focus on breath awareness, leaving participants feeling refreshed and relaxed. All are welcome to this free session.

## Tuesday October 11

### St John's Senior Citizens' Project Exercise Class

🕒 10:30am-11:30am 📍 Free

▶ St John the Evangelist Church, 386 Clapham Road, Clapham, SW9 9AR

☎ **020 7819 9498**

✉ [info.stjohns@yahoo.com](mailto:info.stjohns@yahoo.com)

🚌 Buses **50, 88, 155, 345**

See page 5

## Wednesday October 12

### Information Day

🕒 10:30am-3pm 📍 Free

▶ Gracefield Gardens Health & Social Care Centre, 2-8 Gracefield Gardens, Streatham, SW16 2ST

☎ **020 7346 6800**

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses **50, 57, 109, 118, 133, 159, 201, 250, 255, 319, 333**

This year's Information Day takes place at Gracefield Gardens in Streatham, as ever showcasing the great range of services, support and activities Lambeth offers. You can find information on healthcare, education, entertainment – maybe help you didn't realise you could get or a new hobby you didn't realise existed!

Exercise Class



## Making Connections Tea Party

🕒 1:30pm-3:30pm 🇸🇵 Free

▶ Mark Bennett Room, Streatham Library, Streatham High Road, Streatham, SW16 1PL

☎ 020 8769 8669

✉ moyra.heggie@btinternet.com

🚌 Buses 50, 57, 109, 118, 133, 159, 201, 250, 255, 319, 333

Streatham Seniors host this social event for local older people, which is also an opportunity to link up with some of the activities and services on offer in the area. Local services will be handing out leaflets and talking about what they provide.

## Kennington Noir:

Night Has a Thousand Eyes (1948)

🕒 7:30pm 🇸🇵 £6

▶ The Cinema Museum, 2 Dugard Way, Kennington, SE11 4TH

☎ 020 7840 2200

✉ info@cinemamuseum.org.uk

🚌 Buses 133, 155, 196, 333, 415

An atmospheric film noir starring Edward G Robinson as a stage medium who starts to suspect his phony powers may be real after all.



Night Has a Thousand Eyes

Preceded by a selection of shorts from 1948 and introduced by an expert on film noir, this promises to be a thrilling evening! **Please call ahead to reserve your seat.**

## Thursday October 13

### St John's Senior Citizens' Project Choir

🕒 10am-12pm 🇸🇵 Free

▶ St John the Evangelist Church, 386 Clapham Road, Clapham, SW9 9AR

☎ 020 7819 9498

✉ info.stjohns@yahoo.com

🚌 Buses 50, 88, 155, 345

See page 5

### St John's Senior Citizens' Project Social Club

🕒 1:30pm-3:30pm 🇸🇵 Free

▶ St John the Evangelist Church, 386 Clapham Road, Clapham, SW9 9AR

☎ 020 7819 9498

✉ info.stjohns@yahoo.com

🚌 Buses 50, 88, 155, 345

See page 5



The Lady in the Van

## Film:

The Lady in the Van (2015)

🕒 1:30pm 🇸🇵 Free

▶ Vida Walsh Centre, 2b Saltoun Road, Brixton, SW2 1EP

☎ 020 7346 6800

✉ info@ageuklambeth.org.uk

🚌 Buses 2, 3, 35, 37, 45, 59, 109, 133, 159, 355, 415

Based on real-life experiences of the writer, this film depicts the relationship between a young Alan Bennett and an enigmatic older woman who lived in a van parked outside his house for many years. Starring Maggie Smith and Alex Jennings. **Please call to reserve your seats.**

## Friday October 14

### Friday Lunchtime Concert

🕒 1pm-2pm 🇸🇵 Free

▶ Central Bar, Royal Festival Hall, Belvedere Road, Waterloo, SE1 8XX

☎ 020 7960 4200

✉ customer@southbankcentre.co.uk

🚌 Buses 1, 4, 26, 59, 68, 76, 139, 168, 171, 172, 176, 188, 243, 341, 521, RV1, X68

See page 5

## Friday Tonic

🕒 5:30pm-7pm 🇸🇵 Free

▶ Central Bar, Royal Festival Hall, Belvedere Road, Waterloo, SE1 8XX

☎ 020 7960 4200

✉ customer@southbankcentre.co.uk

🚌 Buses 1, 4, 26, 59, 68, 76, 139, 168, 171, 172, 176, 188, 243, 341, 521, RV1, X68

See page 5

## Saturday October 15

### Undressed:

A Brief History of Underwear

🕒 10:45am 🇸🇵 Free

▶ Victoria & Albert Museum, Cromwell Road, South Kensington, SW7 2RL

☎ 020 7346 6800

✉ info@ageuklambeth.org.uk

🚌 Buses 345, 360

The V&A is providing Age UK Lambeth with free tickets to this exhibition of underwear from the 18th century to the present day. It explores the intimate relationship between underwear and fashion and its role in moulding the body to a fashionable ideal. **Spaces are limited so please contact us to reserve a place.**



## Saturday October 15 cont

### Home Movie Day

- 🕒 11am      🆓 Free
- ▶ The Cinema Museum, 2 Dugard Way, Kennington, SE11 4TH
- ☎ 020 7840 2200
- ✉ [info@cinemamuseum.org.uk](mailto:info@cinemamuseum.org.uk)
- 🚌 Buses 133, 155, 196, 333, 415

Home Movie Day is a worldwide celebration of amateur films and filmmaking held annually in October. For the 9th Home Movie Day the London celebrations are once again being held in Lambeth's very own Cinema Museum. If you have home movies – on 8mm, Super8, 9.5mm or 16mm – then bring them along for the archivists to examine and offer advice on storage and more. Those of you who have no home movies: bring yourself along for some real day-to-day history!

### A George and Mildred Reunion

- 🕒 6pm      🆓 £5-£13
- ▶ The Cinema Museum, 2 Dugard Way, Kennington, SE11 4TH
- ☎ 020 7840 2200
- ✉ [info@cinemamuseum.org.uk](mailto:info@cinemamuseum.org.uk)
- 🚌 Buses 133, 155, 196, 333, 415

#### Home Movie Day



The Misty Moon Film Society presents a screening of cult British comedy *George and Mildred* (1980), adapted from the television series of the same name. The titular couple are celebrating their wedding anniversary – at an expensive hotel on Mildred's instruction – when George is mistaken for a hitman by a ruthless businessman and becomes embroiled in a sinister plot! Tickets for the screening at 6pm are just £5 and a £13 ticket (please note this price is for advance concessions) grants admission to a special Q&A with the reunited cast. **Please do call ahead to book your place.**

## Sunday October 16

### Adriaen van de Velde: Dutch Master of Landscape

- 🕒 2pm      🆓 Free
- ▶ Dulwich Picture Gallery, Gallery Road, Dulwich, SE21 7AD
- ☎ 020 7346 6800
- ✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)
- 🚌 Buses P4

Age UK Lambeth is taking a group of over 55s to the special exhibitions taking place at Dulwich Picture Gallery throughout October. This visit will take you to see some of the work of one of the Dutch Golden Age's pre-eminent landscape painters, Adriaen van



Adriaen van de Velde

de Velde. You will also get access to the permanent collection which is not to be missed! **Spaces are limited so please contact us to reserve a space.**

## Monday October 17

### Good Companions Tea Dance

- 🕒 10:30am      🆓 £4
- ▶ Effra Road Chapel, 63 Effra Road, Brixton, SW2 1BZ
- ☎ 020 7346 6800
- ✉ [info@lampag.org](mailto:info@lampag.org)
- 🚌 Buses 2, 3, 37, 45, 133, 196, 415, 432, 690

See page 6

### LAMPAG Celebrating Age and Black History Month Gathering

- 🕒 12:30pm-3pm      🆓 Free
- ▶ Stockwell Resource Centre, 1 Studley Road, Stockwell, SW4 6RA
- ☎ 020 7346 6800
- ✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)
- 🚌 Buses 2, 50, 88, 155, 196, 333, 345, P5

Lambeth Pensioners' Action Group campaign for the rights of older people in the borough, fighting for better access to services and making sure their voices are heard. Here they are celebrating both the Festival and Black History Month with a social event with food, drinks, warmth and friendship. So come along and share in the buffet, listen to the speeches and music and take part in the raffle!

### Corpus Christi Luncheon Club

- 🕒 12:45pm-2:45pm      🆓 Free
- ▶ Corpus Christi Church Hall, 11 Trent Road, Brixton, SW2 5BJ
- ☎ 07722 260 434
- 🚌 Buses 45, 59, 109, 118, 133, 159, 250, 333

A free two-course meal for older people and a seated exercise class. This club is held on the third Monday of every month – if you haven't been before why not make a trip for the Celebrating Age Festival? **Please call ahead to book a place.**



Black History Month

## Tuesday October 18

### Film:

The Jungle Book (2016)

🕒 11am 📍 £1

▶ Brixton Ritzy, Brixton Oval, Brixton, SW2 1JG

☎ 020 7346 6800

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses 2, 3, 35, 37, 45, 59, 109, 133, 159, 355, 415

A tale of a young boy raised by wolves in the jungle, who embarks on a voyage of self-discovery after being forced to leave his home by the appearance of a fearsome tiger. Beautiful special effects and a star-studded cast enhance this retelling of the Rudyard Kipling classic. **Space is limited so please contact Age UK Lambeth to book a place.**

### Royal Festival Hall Celebrating Age Tea Dance

🕒 2pm-4:30pm 📍 Free

▶ Clore Ballroom, Royal Festival Hall, Belvedere Road, Waterloo, SE1 8XX

🚌 Buses 1, 4, 26, 59, 68, 76, 139, 168, 171, 172, 176, 188, 243, 341, 521, RV1, X68

As part of Age UK Lambeth's Celebrating Age Festival and the Southbank Centre's regular social dance series, this tea dance in

the Clore Ballroom will be an opportunity to learn some new dance steps, practice your favourite styles and meet new friends. Come along and dance your way through the 20s, 30s, 40s, 50s and 60s.

## Wednesday October 19

### Emirates Air Line

🕒 11:30am 📍 £8.40

▶ Unit 1, Edmund Halley Way, North Greenwich, SE10 0FR

☎ 020 7346 6800

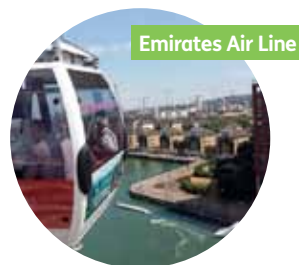
✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses 108, 129, 132, 161, 188, 422, 472, 486, 726

Opened in 2012, London's first and only cable car service offers spectacular views of the city as it takes you from the Greenwich Peninsula to Royal London Docks. The ticket price includes a round trip, an inflight guide and free entry to the Emirates Aviation Experience. Join Age UK Lambeth as we take a trip above the skyline. Meet outside Brixton Underground Station and bring your Freedom Pass!



Tea Dance



Emirates Air Line

### Tea Dance

🕒 1:30pm-3:30pm 📍 Free

▶ Longfield Hall, 50 Knatchbull Road, Camberwell, SE5 9QY

☎ 020 7978 9153

🚌 Buses P5

Longfield Hall is a community hall dating back to 1889, part of the progressive Minet residential development which understood the importance of providing libraries and other shared facilities for people living in urban developments. Now Grade II Listed and run by Lambeth Council, it's the perfect place for a tea dance with refreshments and a free raffle! Donations towards refreshments are welcome.

### Healthwatch Lambeth Afternoon Tea

🕒 2pm-4pm 📍 Free

▶ Helmi House, 43 Robsart Street, Stockwell, SW9 0BQ

☎ 020 7274 8522

✉ [info@healthwatchlambeth.org.uk](mailto:info@healthwatchlambeth.org.uk)

🚌 Buses 2, 3, 59, 133, 159, 196, 333, 345, 415

Healthwatch Lambeth hold an afternoon of tea and chat about the importance of 'feeling connected'. Come along and hear about Healthwatch's investigation of loneliness and social isolation in Lambeth; how you can get involved

in a range of social activities for older people; and the world premiere of a new song about 'feeling connected', written and performed by Bolder Voices, a choir composed of extra care residents and volunteers. The afternoon includes free tea and cakes!



Some Like It Hot

## Thursday October 20

### Film:

Some Like It Hot (1959)

🕒 1:30pm 📍 Free

▶ Vida Walsh Centre, 2b Saltoun Road, Brixton, SW2 1EP

☎ 020 7346 6800

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses 2, 3, 35, 37, 45, 59, 109, 133, 159, 355, 415

A true classic of Hollywood comedy. Two musicians (Jack Lemmon and Tony Curtis) have to go on the run disguised as women after accidentally witnessing the St Valentine's Day Massacre. They fall in with an all-female jazz group – including singer Sugar Kane (Marilyn Monroe) – and danger, romance and hilarity ensue. **Please call to reserve your seats.**

## Friday October 21

### London Symphony Orchestra: The Americas

🕒 12:30pm-1:15pm 🆓 Free

▶ LSO St Luke's, 161 Old Street,  
Islington, EC1V 9NG

☎ 020 7490 3939

🚌 Buses 55, 243

An informal introduction to the London Symphony Orchestra featuring pioneering music from the New World. Presenter Rachel Leach takes you through the pieces and the instruments they are being performed on in the beautiful Hawksmoor church St Luke's near Old Street Station. The concert lasts 45 minutes but the café will be open from 11:30am to 2pm.

### Friday Lunchtime Concert

🕒 1pm-2pm 🆓 Free

▶ Central Bar, Royal Festival Hall,  
Belvedere Road, Waterloo, SE1 8XX

☎ 020 7960 4200

✉ customer@southbankcentre.co.uk

🚌 Buses 1, 4, 26, 59, 68, 76, 139,  
168, 171, 172, 176, 188, 243,  
341, 521, RV1, X68

See page 5

## Friday Tonic

🕒 5:30pm-7pm 🆓 Free

▶ Central Bar, Royal Festival Hall,  
Belvedere Road, Waterloo, SE1 8XX

☎ 020 7960 4200

✉ customer@southbankcentre.co.uk

🚌 Buses 1, 4, 26, 59, 68, 76, 139,  
168, 171, 172, 176, 188, 243,  
341, 521, RV1, X68

See page 5

## Saturday October 22

### Kennington Bioscope Silent Comedy Weekend

🕒 10am 🧑‍🎓 £11-£25

▶ The Cinema Museum, 2 Dugard  
Way, Kennington, SE11 4TH

☎ 020 7840 2200

✉ info@cinemamuseum.org.uk

🚌 Buses 133, 155, 196, 333, 415

Kennington Bioscope are extending their Wednesday evening screenings over an entire weekend, showcasing the finest and rarest comedy from the silent era. Expect lots of slapstick and silliness – as well as some genuine lost gems – in one of Lambeth's truly unique venues. Screenings start from 10am: tickets for the whole weekend are £25, while one-day tickets are £16 or you can get entry after 2pm for £11.

### You Say You Want A Revolution? Records and Rebels 1966-1970

🕒 10:45am 🆓 Free

▶ Victoria & Albert Museum,  
Cromwell Road, South  
Kensington, SW7 2RL

☎ 020 7346 6800

✉ info@ageuklambeth.org.uk

🚌 Buses 345, 360

This major exhibition explores the era-defining late 60s, expressed through the great music and performances of the time alongside fashion, film, design and political activism. How have these great revolutions changed the way we think today? **Space is limited so please contact us to reserve a place.**

## Sunday October 23

### Kennington Bioscope Silent Comedy Weekend

🕒 10am 🧑‍🎓 £11-£25

▶ The Cinema Museum, 2 Dugard  
Way, Kennington, SE11 4TH

☎ 020 7840 2200

✉ info@cinemamuseum.org.uk

🚌 Buses 133, 155, 196, 333, 415

Kennington Bioscope are extending their Wednesday evening screenings

over an entire weekend, showcasing the finest and rarest comedy from the silent era. Expect lots of slapstick and silliness – as well as some genuine lost gems – in one of Lambeth's truly unique venues. Screenings start from 10am: tickets for the whole weekend are £25, while one-day tickets are £16 or you can get entry after 2pm for £11. (Please note this is the second and final day of this event).

## Monday October 24

### Good Companions Tea Dance

🕒 10:30am 🧑‍🎓 £4

▶ Effra Road Chapel, 63 Effra Road,  
Brixton, SW2 1BZ

☎ 020 7346 6800

✉ info@ageuklambeth.org.uk

🚌 Buses 2, 3, 37, 45, 133,  
196, 415, 432, 690

See page 6



Silent Comedy Weekend

## Tuesday October 25

### Autumn Walk at Ruskin Park

🕒 1pm-2pm      💷 Free

▶ Ruskin Park, Denmark Hill, Camberwell, SE5 8EL

☎ 020 7346 6800

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses 42, 68, 468

Join Age UK Lambeth for a walk around one of Lambeth's Green Flag Award-winning parks.

Ruskin Park was opened in 1907 and preserves many features from the Edwardian period onward, including a bandstand, flower gardens and both ornamental and wildlife ponds.

Meet at the Denmark Hill entrance at 12:50pm and don't forget to wear comfy shoes!



Ruskin Park

## Wednesday October 26

### Dou in Harmony

🕒 2pm      💷 Free

▶ Dulwich Picture Gallery, Gallery Road, Dulwich, SE21 7AD

☎ 020 7346 6800

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses P4

Age UK Lambeth is taking a group of over 55s to the special exhibitions taking place at Dulwich Picture Gallery throughout October. This visit will take you to the Dou in Harmony show, examining the life and work of Gerrit Dou, one of the great artists of the Dutch Golden Age. You will also get access to the permanent collection which is not to be missed!

**Spaces are limited so please contact us to reserve a space.**

## Thursday October 27

### The Salon SW4 Pamper Day

🕒 9am-9pm      💷 Various prices

▶ Lambeth College Clapham Centre, 45 Clapham Common South Side, Clapham, SW4 9BL

☎ 020 7501 5000

🚌 Buses 50, 155, 249, 690

We are very happy to be working with Lambeth College on an event with a real difference. The talented students of hairdressing and beauty therapy at the SW4 Salon will be offering their services at a discounted rate for a day for Lambeth older people. Available treatments include manicure and nail painting, haircut and colouring, blow-dry and access to the spa. To get the discount please call and pre-book your appointment, letting them know you are coming as part of the Celebrating Age Festival.

## Friday October 28

### Lambeth Mission Musical Showcase

🕒 1pm-4pm      💷 £2

▶ Lambeth Mission, 3-5 Lambeth Road, North Lambeth, SE1 7DQ

☎ 020 7346 6800

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses 3, 59, 159, 344, 360

Carole Ann Wells, wizard of the keyboard and long term supporter of the Celebrating Age Festival, returns to Lambeth Mission with music from Old Vienna to New York Broadway via the West End. Beloved classic tunes and good company are the order of the day.

### A Taste of Africa

🕒 12pm-4pm      💷 £6

▶ Vida Walsh Centre, 2b Saltoun Road, Brixton, SW2 1EP

☎ 020 7326 1780

✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)

🚌 Buses 2, 3, 35, 37, 45, 59, 109, 133, 159, 355, 415

While we celebrate later life, October is also Black History Month, an event especially significant in Lambeth with its long association with multicultural Britain. Right next to the Black Cultural Archives on Windrush Square, the Vida Walsh Centre is hosting a day of food, stalls and live music from South Africa to help celebrate this part of our history.

### Friday Lunchtime Concert

🕒 1pm-2pm      💷 Free

▶ Central Bar, Royal Festival Hall, Belvedere Road, Waterloo, SE1 8XX

☎ 020 7960 4200

✉ [customer@southbankcentre.co.uk](mailto:customer@southbankcentre.co.uk)

🚌 Buses 1, 4, 26, 59, 68, 76, 139, 168, 171, 172, 176, 188, 243, 341, 521, RV1, X68

See page 5



Musical showcase



A Taste of Africa

## Friday Tonic

- 🕒 5:30pm-7pm      🆓 Free
- 📍 Central Bar, Royal Festival Hall, Belvedere Road, Waterloo, SE1 8XX
- ☎ 020 7960 4200
- ✉ [customer@southbankcentre.co.uk](mailto:customer@southbankcentre.co.uk)
- 🚌 Buses 1, 4, 26, 59, 68, 76, 139, 168, 171, 172, 176, 188, 243, 341, 521, RV1, X68

See page 5



Tamla Motown

## Saturday October 29

### Tamla Motown at The Hideaway

- 🕒 1pm-4pm      🆓 Free
- 📍 The Hideaway, 2 Empire Mews, Streatham, SW16 2BF
- ☎ 020 7346 6800
- ✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)
- 🚌 Buses 118, 249, 255, 315

We had such an excellent time at The Hideaway last year that we've decided to go again in 2016! Baz from BeatsAhead will be selecting some of the finest soul and Motown hits from his collection, the Hideaway's kitchen will be putting on some light food and we'll be spending the afternoon dancing and having fun. So come on down to Streatham's award-winning jazz venue for one of the Celebrating Age Festival's top events! Please note that the main entrance from Streatham High Road involves steep steps; the accessible entrance is from Empire Mews, just off Stanthorpe Road, which can also be used as a drop-off point for taxis and minibuses.

### Caribbean Hindu Cultural Society Diwali Celebrations

- 🕒 7:30pm      🆓 Free
- 📍 16 Ostade Road, Tulse Hill, SW2 2BB
- ☎ 020 8674 0755
- ✉ [om@chcstemple.org](mailto:om@chcstemple.org)
- 🚌 Buses 2, 45, 59, 109, 118, 133, 159, 250, 333, 415, 432

Founded in 1959, the Caribbean Hindu Cultural Society was the first organisation in South London formed to promote Hinduism and Hindu culture. It is also a place which welcomes the whole community regardless of religion.



Diwali

Diwali, the festival of lights, is one of the most important events in the Hindu calendar and is the perfect chance to meet some fellow Lambeth folk in a warm, communal setting. Don't forget the society also runs Yoga classes 10:30am to 12pm every Tuesday and has a Social Club with activities and a vegetarian meal 11am to 2pm every Wednesday.

## Sunday October 30

### Seven o' Clock and Not a Baby Bathed

- 🕒 2pm      🆓 Free
- 📍 The Cinema Museum, 2 Dugard Way, Kennington, SE11 4TH
- ☎ 020 7346 6800
- ✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)
- 🚌 Buses 133, 155, 196, 333, 415

Elizabeth Matilda Halston (nee Dunkley) trained as a midwife in the 1920s and embarked on a career that was to last nearly 25 years. This culminated in seven years

as a domiciliary midwife with the London County Council when, in the most difficult and dangerous circumstances of war-torn Lambeth and Wandsworth, she delivered hundreds of babies to women in their own homes. She was an unsung hero of the Second World War, an ordinary woman who made an extraordinary contribution to the community in which she lived. This illustrated lecture by her Grandson is a celebration of her life and work.

## Monday October 31

### Good Companions Tea Dance

- 🕒 10:30am      🆓 £4
- 📍 Effra Road Chapel, 63 Effra Road, Brixton, SW2 1BZ
- ☎ 020 7346 6800
- ✉ [info@ageuklambeth.org.uk](mailto:info@ageuklambeth.org.uk)
- 🚌 Buses 2, 3, 37, 45, 133, 196, 415, 432, 690

See page 6



The Cinema Museum

Thanks to all organisations and individuals who have contributed to this year's festival!

**Especially:**

Beautiful Mess Theatre Company, Cheviot Gardens, The Chocolate Museum, The Cinema Museum, Coventry Hall, Dulwich Picture Gallery, Gracefield Gardens, The Hideaway, Lambeth CCG, Lambeth Council, Lambeth Libraries and the Mayor's Office, Longfield Hall, Picturehouse Cinemas, Royal Festival Hall, St John's Senior Citizens' Project, The Salon SW4, Tomkyns House, The Victoria & Albert Museum, Carol Ann Wells, Ashka, and everyone at the Independent Living and Carers' Partnership.

## Independent Living and Carers' Partnership Advice Sessions

As part of our information and advice service, we hold regular drop-in advice sessions around Lambeth.

We can help people living in Lambeth who are over 55 years old and people over 18 who live with a physical or sensory impairment, a learning disability or a long term illness, or who care for someone who does.

**1pm-4pm Mon**

Vida Walsh Centre, 2b Saltoun Road, Brixton, SW2 1EP

Buses **P5, 2, 3, 35, 37, 45, 59, 109, 133, 159, 355, 415**

**1pm-4pm Wed (first of month only)**

South Lambeth Library, 180 South Lambeth Road, Lambeth, SW8 1QP

Buses **2, 88**

**10am-1pm Fri**

Gracefield Gardens Health Centre, 2-8 Gracefield Gardens, Streatham, SW16 2ST

Buses **59, 109, 118, 159, 250, 255**

**9am-12pm Tue**

West Norwood Health & Leisure Centre, 25 Devane Way, West Norwood, SE27 0DF

Buses **2, 68, 196, 322, 432, 468**

**9am-12:30pm Thu**

We Are 336, 336 Brixton Road, Brixton, SW9 7AA

Buses **3, 59, 133, 159, 415**

If you can't come to a session you can contact us by:

Enquiry Line **020 7346 6800**  
 Email **info@ageuklambeth.org.uk**  
 Post **Age UK Lambeth,  
 336 Brixton Road,  
 London SW9 7AA**

Or look on our website [www.ageuk.org.uk/lambeth](http://www.ageuk.org.uk/lambeth)

## Donation Form

I would like to support Age UK Lambeth and enclose a donation of £ ..... made in cash/cheque (please delete as appropriate).

Name .....

Address .....

Postcode .....

Phone .....

Please tick if you are a UK taxpayer and consent to us claiming GiftAid on your donation. This will allow us to claim back the tax on that income and will make your donation go even further.

Please tick if you do not want us to acknowledge your donation publicly.

Return this completed form along with your donation to:

**Age UK Lambeth  
 336 Brixton Road  
 London  
 SW9 7AA**