

Volunteer Led Lunch Clubs					
Club	Day/Frequency	Activities Offered	Cost	Organiser	Contact No.
North East Northants					
Barnwell Friendly Club	2nd Tuesday/Monthly 12.30 - 4.00pm	Lunch, raffle, quiz etc, plus occasional trips	For more details please contact	Helen Curtis Jean Meek	01933 626652
Bozeat Lunch Club	Wednesday/Weekly 10.30am - 1.30pm	Bingo, racing games, raffles, talks, entertainment, outings, cooking	£6.00	Sue Woods Shirley O'Neill	01933 664728 01933 743321
Brigstock Lunch Club	Thursday/Weekly 12.00 - 2.30pm	2 course meal at local restaurant, bingo, talks, entertainment, quizzes	£6.00	Mr J Clark	01536 373717
Clover Hill Midland Band Club	Wednesday/Fortnightly 12.30 - 2.00pm	Hot meal and various activities	£6.00	Midland Band Club	01536 512929
Irthlingborough Older Peoples Welfare Association	Monday/Weekly - Daycare 9.30am - 2.00pm Tuesday & Friday/Weekly Lunch Club 11.00am - 2.00pm	Transport, morning coffee or tea and lunch. Quizzes and music Cooked meal and socialise	For more details please contact	Mrs Janice Childs	01933 651241 or 01933 681373
Islip Lunch Club The Welcome Club	Thursday/Weekly 9.30am - 1.15pm	Weekly lunch with games, quizzes, informative talks and outings	£4.00	Teresa Rose	01832 732718
Oundle Monday Munch Club	3rd Monday of every Month	Roast lunch, pudding & social activities	£4.00	Patricia Bird	01832 275353
Thrapston Luncheon Club Silver Threads	Monday/Weekly 10.30am - 1.00pm	Meal, games, music, speakers, canal trips. Soup and sandwiches	£2.00	Mr Terry Edwards	01832 734625
Baptist Church Lunch The Baptist Church Meeting Lane Off Church St Burton Latimer	2nd Tuesday of Month 11.30am - Tea, coffee & biscuits 12.30 - Lunch		£5.00 joining fee, thereafter £3.00 for freshly cooked 2-course lunch	Jennifer Hunt	01536 725395

Please see below for South West Northants Lunch Clubs/.....

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Club	Day/Frequency	Activities Offered	Cost	Organiser	Contact No.
South West Northants					
Blisworth Lunch Club	Thursday/Weekly 12.15-2.00pm Term Time Only	Lunch and activities	£3.50	Beryl Andrews	01604 858252
Brackley Craft	Thursday/Weekly 10.00am-12.00	Ceramic painting, needlework, painting. Tea and coffee	£1.00 plus materials	Mrs June Hawkins	01280 702416
Brackley Robinson Lunch Club	Monday/Weekly 11.00am-1.30pm	Conversation and games. Plus 2 course hot or cold meal and drink	£5.50	Mr Ray Miles	01280 704896
Byfield Lunch Club	Wednesday/Fortnightly 12.00-2.00pm	Coffee, lunch, speakers, outings. Raffle once a month. Meal.	£3.20	Mrs Barbara Edmunds	01327 262106
Deanshanger Lunch Club	Thursday/Weekly 9.00am-2.30pm	Games, activities, hot meal provided	£5.50	Pat Ridgeway	01908 564420
Harpole Lunch Club Manning Watts SNH	Monday/Monthly 12.00-2.00pm	Lunch and activities	£6.00	Karen Matthews	01604 830491
Hartwell Tuesday Circle Tea Club	Tuesday 1st & 3rd of each month 2.00-4.00pm	No lunch, entertainers, speakers & outings	£1.50 inc tea & biscuits	Joan Wells	01604 863698
Long Buckby Lunch Club	Monday/Weekly 11.00am-1.15pm	Lunch and activities	£3.00	Wendy Morrison Hilary Lonsdale	01327 843006 01327 842587
Long Buckby Lunch Club	Wednesday/Weekly 11.00am-2.30pm	Soup, roll, dessert and tea and coffee	£2.50	Ruth Patterson	01327 842474
Middleton Cheney	1stWed/Monthly 2.00pm-4.00pm	Tea Club, speaker, entertainment, bingo, raffle	£2.00	Lifetime Office	01604 611200
Milton Malsor Lunch Club Raynsford House SNH	Thursday/Monthly 12.00-2.00pm	Lunch and activities	£4.50	Steve Manning	07590 443792
Potterspury Day Centre	Thursday/Weekly	Lunch and activities		Georgina Dimmock	01908 542523
Weston Chapel Lunch Club	Tuesday/Fortnightly 12.00-2.00pm	Homemade soup and pudding	£5.00	Rosemary Gulliver	01295 760720
Woodford Halse Lunch Club	Wednesday/Fortnightly 10.30am-2.00pm	Crafts, bingo, games, raffle and meal	£1.00 entrance + £1.50 for	Mr Malcolm James	01327 261172

			2 course meal		
Yardley Hastings Lunch Club	Wednesday/Fortnightly 12.00-2.00pm	Cooked meal, raffle	£5.00 for 2 course meal & tea/coffee	Jane Cave	01604 696736

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Northampton					
Cardigan Close Good Life	Every Tuesday 10.00am-12.30pm	Craft & Exercises	£2.00	Angela Tennant	01604 622132
			Membership		
Fitness, Fun and Friendship	Every Wednesday 3.30pm-4.30pm	Gentle Exercise	£3.00	Ray Gardner	01604 721772
Garf Nat Abington	Every Monday 11.00am-12.00	Exercise & Social	£3.00 per Session £5.00 Annual Membership	Honora	01604 763829
Go-Getters Far Cotton	Every Thursday 10.00am-1.30pm	Exercise, Social & Lunch	£5.00 Yearly Membership £3.00 per session £4.00 for lunch	Tony Potts Joyce Handley	01604 469785 01604 453145
Good Companions Tea Dance	Monday/Fortnightly 2.00pm-4.00pm	Tea Dance, Raffle & Tea	£2.50 inc Refreshments	Philip Howarth	01604 472577
Just Good Friends Kingsheath	Thursdays 10.00am-12.30pm	Crafts & Exercise	First Month Free £1.00 thereafter	Jackie Busby	01604 591234
Not So Dusty Duston	Tuesday/Fortnightly 10.00am-12.00	Talk, Tea & Biscuits, Social	£1.50 per Session (non	Howard Corn	01604 756200

			Members) or £1.00 per Session Members + £5.00 Annual Membership		
Rock n Roll Tea Dance The Picturedrome	Thursdays 1.00pm-4.00pm	Dynamic Lunch Club with Exercise	Free Entry	Jason Williams	01604 611200
St Albans Activity Seekers	Wednesdays 10.00-12.00	Speakers, activities & exercise	£3.00	Joan Crockford	01604 716186
The Brookside Hall Billing Brook Road	Wednesdays 10.30am-1.00pm	Lunch, computers, craft & exercise	£3.00 inc Lunch & Activities	Hazel Johnston	07540 669753
Coffee Afternoon Club Lawn Tennis Club Westwood Way Northampton NN3 3HH	Tuesday/Weekly 1.00pm - 3.00pm			Karen	07790 563748