

Our ageing population brings both challenges and opportunities.

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Policy and Research Update - August 2017

Dear Digital Marketing Friends,

August is normally the time for 'silly season' stories, but the mood this summer has been rather more sombre, with a constant stream of reports highlighting continuing problems with social care, but also the impact of rising State Pension Age on poverty figures. A more encouraging end to the summer, as discussed in this month's blog, is the announcement of an end to pension cold calling – which we hope will make life just that bit tougher for fraudsters seeking to con people out of their pension savings.

Warm wishes,

Jane Vass, Director of Policy and Research

News

Age UK has called the impact of the State Pension Age rise for women over the past six years 'extremely worrying.' One million women are now, on average, £32 worse off each week.

[Read the full story here >](#)

Featured Publication

The Global Council on Brain Health have produced a new report on cognitively stimulating activities. The experts, jointly convened by Age UK and AARP, found that stimulating the brain through various intellectual activities provides benefits for adults' brain health and can impact how well the brain functions.

[Read the report >](#)

TIP 1

Find new ways to stimulate your brain and **challenge the way you think.**



Source: Engage your brain, Global Council on Brain Health, July 2017

[View more tips >](#)

Publications

Age UK has commissioned a diversity review from the Centre for Policy on Ageing on older homeless people.

[Read the report >](#)

Age UK has produced a briefing paper on the triple lock.

[Read the report >](#)

Consultation responses

Age UK has responded to a CQC consultation on changes to the regulation of registered health and care services

[Read the response >](#)

Age UK has responded to the DWP consultation 'Reforms to the Social Fund's Funeral Expenses Payments scheme'.

[Read the response >](#)

Blog

Read this blog post by Phil Mawhinney, Policy Officer, on [pension scams](#).

More from Age UK

Age UK information guides and factsheets

We have just updated our Information and Advice factsheets on dealing with an estate, hospital discharge and paying for short-term and temporary care in a care home. You can find them, along with all of our other resources, [here](#).

Research Digest

Catch up with the [latest developments](#), including a survey on multiple conditions in later life. If you're a health and social care professional, [click here](#) to complete the survey.

Age UK Research

Here we share recent findings from research on the older population. [Age UK Research](#)

There are now **11.8 million** people aged 65 or over in the UK



2.8 million older people have care related needs



Our **later life factsheet** has the latest statistics and facts on older people living in the UK.

Download the factsheet >

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