Presented by:

John Myatt

Wakefield Walking Football Club Secretary

“A Changed Man”
HOW I FOUND WALKING FOOTBALL
HOW I FOUND WALKING FOOTBALL
HOW I FOUND WALKING FOOTBALL
AIMS & OBJECTIVES

To arrange, agree and run regular club sessions for the enjoyment of all participants.

To encourage people, ideally over 50 years of age but open to all ages, to improve their physical and mental well-being by training and exercise in order to play regular games of walking football and enjoy the social aspects of the Club's activities.

Club sessions are open to anyone participating in walking football regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs.
Wakefield Walking Football Today (1)

a) Three pay-to-play sessions every week

b) Competitions, Tournaments and Festivals
Funding and Support:

1. Leeds United Foundation
2. Age UK Wakefield District
3. West Yorkshire Sport
4. West Riding FA
5. Sporty Mates (Wakefield MDC)
WAKEFIELD WALKING FOOTBALL

PARTNERSHIP WITH AGE UK WAKEFIELD DISTRICT

Common Objectives

“It is well known that regular physical activity can reduce the risk of developing many chronic conditions, as well as having many positive benefits for our mental health. As we grow older, exercise helps to maintain our health and our sense of wellbeing and prevent declining functionality. We may find it difficult to participate in sports that we once enjoyed but part of the trick to staying healthy is to find new ways to keep active.

We are delighted to be in partnership with Wakefield Wanderers. Walking Football is a great way to enjoy sport”.

Paula Bee, Chief Executive, Age UK Wakefield District
23rd June 2016
WAKEFIELD WALKING FOOTBALL

PARTNERSHIP WITH AGE UK WAKEFIELD DISTRICT

Official Launch 4th September 2016
WAKEFIELD WALKING FOOTBALL

WAKEFIELD WALKING FOOTBALL TOMORROW