

# **Age UK Mid Mersey**

## **Walking Cricket Inspiring Partnerships for Participation**

***Karen Kenny - Services Director***

# We are Age UK Mid Mersey



Halton 128,250  
Warrington 212,100  
St Helens 178,221  
Knowsley 154,400

Total Population  
678,571

Aged Over 50+  
235,750

Rising to over 300,000 by 2025 !

# Outline

Connect...

Be active...

Take notice...

Keep learning...

Give...

- Early Stages
- The Partnership
- The Future

**Our Vision** “To promote improved quality of life and empowerment for older people and their carers.”

# Early Stages

## Anyone for Walking Cricket?

Autumn 2015

- Talks nationally to introduce Walking Cricket
- AUKMM – An early adopter
- Inspiring Places – Lancashire Cricket Club and Old Trafford to host Walking Cricket trial session
- Local Networks – Inclusive partnership with Rainford Cricket Club

# Meet The Team



# The Partnership

*“ The beauty of the format is that everyone, irrespective of ability, gets the same chance to play”.*

*John Williams (Chairman) Rainford Cricket Club*

# Partnership

- Rainford Cricket Club – Locally rooted
- Attracting Interest
- Participation – 16 men and women

*“I wasn't sure if there would be anything for me to do with my condition but they told me about Age UK Mid Mersey's walking cricket. I love cricket, so I thought I would give it a go!”*



# The Future

- A new Place to Play
- Developing the rules

Back Wall no bounce - 6 runs

Back Wall with bounce - 4 runs

Side Wall - 1 run

Each Walk completed—2 runs

No extra walk runs for a back wall hit 6 or 4

Roof hit is dead ball—have ball again

Wide Ball - 1 run - (no extra ball except in the last over)

Can be caught out

Can also be caught out from a rebounding ball from the side walls

Leg Byes and Byes can be walked





## The Future

- Competition – keep the score!

“one of the key activities for the coach is to keep the score – extremely necessary to maintain competitiveness which in turn seems to generate greater physical activity”

“Rainford Cricket Club is pleased to continue as a partner with Age UK Mid Mersey in this venture” John Williams, Chairman  
Rainford Cricket Club, September 2016

**Love Later Life!**



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