Age UK Mid Mersey

Walking Cricket Inspiring Partnerships for Participation

Karen Kenny - Services Director
We are Age UK
Mid Mersey

Halton 128,250
Warrington 212,100
St Helens 178,221
Knowsley 154,400

Total Population
678,571

Aged Over 50+
235,750
Rising to over 300,000 by 2025!
Outline

• Early Stages

• The Partnership

• The Future

Our Vision “To promote improved quality of life and empowerment for older people and their carers.”
Early Stages
Anyone for Walking Cricket?

Autumn 2015

• Talks nationally to introduce Walking Cricket
• AUKMM – An early adopter
• Inspiring Places – Lancashire Cricket Club and Old Trafford to host Walking Cricket trial session
• Local Networks – Inclusive partnership with Rainford Cricket Club
Meet The Team
The Partnership

“The beauty of the format is that everyone, irrespective of ability, gets the same chance to play”.

John Williams (Chairman) Rainford Cricket Club
Partnership

- Rainford Cricket Club – Locally rooted
- Attracting Interest
- Participation – 16 men and women

“I wasn't sure if there would be anything for me to do with my condition but they told me about Age UK Mid Mersey’s walking cricket. I love cricket, so I thought I would give it a go!”
The Future

• A new Place to Play
• Developing the rules

  Back Wall no bounce - 6 runs
  Back Wall with bounce - 4 runs
  Side Wall - 1 run
  Each Walk completed—2 runs
  No extra walk runs for a back wall hit 6 or 4
  Roof hit is dead ball—have ball again
  Wide Ball - 1 run - (no extra ball except in the last over)
  Can be caught out
  Can also be caught out from a rebounding ball from the side walls
  Leg Byes and Byes can be walked
The Future

• Competition – keep the score!

“one of the key activities for the coach is to keep the score – extremely necessary to maintain competitiveness which in turn seems to generate greater physical activity”

“Rainford Cricket Club is pleased to continue as a partner with Age UK Mid Mersey in this venture” John Williams, Chairman
Rainford Cricket Club, September 2016
Love Later Life!

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