

Age Cymru Basic Adult Safeguarding Training

The Age Cymru Basic Adult Safeguarding training is a mandatory training session delivered to all Age Cymru staff and volunteers and is delivered virtually over Zoom, twice a month.

Safeguarding is all Age Cymru staff and volunteers' responsibility, and it is everyone's duty to keep adults who need care and support safe from abuse and neglect.

This two-hour session is accompanied with supporting organisation policies and procedures provided for all attendees and covers the following aspects of safeguarding:

- What is safeguarding.
- Principles of safeguarding.
- Human rights.
- What is abuse and types of abuse.
- The bystander effect.
- Age Cymru's procedures when responding to disclosures of abuse and safeguarding concerns.

The interactive session provides a safe and confidential space for participants to discuss and gain a clear understanding of safeguarding and ensures that all Age Cymru Staff and Volunteers feel confident and supported by line managers and safeguarding, should they need to respond to any safeguarding concerns or disclosures whilst in their role with Age Cymru.

Feedback comments following the Safeguard training:

“For what can be an intense session with a lot of information, the trainer constantly checked in to make sure that we were ok, to check if we had any questions and to keep us actively involved in the session”

“Very clear, informative and highly useful. Also, the trainer created a welcoming environment to learn in, even with the training being online.”

“My knowledge and understanding after the training session was much improved. The trainer gave a thought-provoking session on Safeguarding. The talk was very well presented with a clear and relevant power point.”