
Survey information sheet

We'd like to hear about the experiences of older people in Wales who're looking after someone unpaid, this could be a family member, a friend or a neighbour.

If you can answer **Yes** to all of the following questions, we'd like to hear from you:

- **Are you aged 50 or over and live in Wales?**
- **Do you, unpaid, look after a family member, a friend or others because of long-term physical or mental ill-health or disability, or problems related to older age?**
- **Are you currently not accessing any formal support or services to help you in your role looking after someone/giving unpaid support?**

How you can help us

We'd like you to complete a survey about your situation to help us learn about the type of information and assistance that could support you in your role looking after someone.

The survey will take approximately 15 minutes to complete and you can do this online or on a paper survey, which can be returned to us free of charge.

Your participation will help us to:

- Understand the needs of people who look after a someone and aren't currently accessing support services
- Develop person centred support and enhance the information and support assistance available to people like you, and;
- Share our learning with voluntary organisations, local authorities so they can incorporate this in their practice working with people who look after someone.

At the end of the survey we've provided details about who you can contact if you feel you'd like to find out about our project, talk to us further about your experiences or if you need more support and information to help you look after someone.

About the project

Age Cymru and Carers Trust Wales are working in partnership to develop person-centred service models to identify, and better meet the needs of older carers and carers of people living with dementia, funded by the Welsh Government Sustainable Social Services Third Sector Grant.

For further information on our project, please contact the Carers Project Officer Luke Conlon at luke.conlon@agecymru.org.uk or call 07989 152 529.

Age Cymru Advice:

Tel: 0300 303 44 98 (Monday-Friday 9am to 4pm)

www.agecymru.org.uk/advice

Carers Trust Wales:

Tel: 0300772 9702

www.carerstrust.wales

Thank you for your time and contribution to this survey

Age Cymru, Ground Floor, Mariners House, Trident Court,
East Moors Road, Cardiff CF24 5TD

Telephone: 029 2043 1555

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Wales and England 6837284. Registered office
address Ground Floor, Mariners House, Trident
Court, East Moors Road, Cardiff CF24 5TD.
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