# Experiences of people aged 50 or over in

***Wales during the Covid-19 lockdown***

**Creating an age friendly Wales**

This survey is for people aged 50 or over across Wales, and is being undertaken by key organisations that represent older people.

It is important that Welsh Government and others hear from older people about their experiences of the lockdown and the impact that this has made on them.

This survey will take **15 minutes** to complete. Your response is anonymous.

***50+***

**Thank you for your support in completing this survey.**

1. **Lockdown**

**A1.** During the lockdown I was part of a shielded group [ ]  Yes [ ]  No

**A2.** During the lockdown I lived with someone who was

part of a shielded group [ ]  Yes [ ]  No

**A3.** During the lockdown I was self isolating [ ] Yes [ ]  No

**A4.** I live alone [ ] Yes [ ] No

**A5.** I access the internet [ ] Yes [ ] No

If **yes**, I access the internet via: [ ] Computer [ ] Smart Phone [ ] Tablet
If **no**, do you think it would have been helpful

to have access to the internet? [ ] Yes [ ] No

1. **Your experiences during lockdown**

**B1.** How have you been accessing information and updates about the lockdown? (Select any that apply)

[ ] TV news [ ] Online

[ ] Radio [ ] Local newspaper

[ ] Via friends / family [ ] National newspaper

[ ] Via your care worker [ ] I don’t receive regular information

[ ] Other, please state:

**B2.** What do you think could be done to improve communication regarding Covid-19 and lockdown in Wales? (e.g. clarity, consistency, impact on Wales, non-web based, terminology, use of statistics)

**B3.** What have been your positive experiences during lockdown?

[ ] Help from family / friends [ ] Help from local community / local Council

[ ] Improved quality of life [ ] More time

[ ] Less pressure [ ] Other, please state:

Please explain:

**B4.** What have been the challenging experiences for you during the lockdown

[ ] Not seeing family / friends [ ] Caring for a spouse / friend / relative

[ ] Bereavement or grief [ ] Loneliness

[ ] Impact on emotional health [ ] Impact on physical health

[ ] Accessing food [ ] Accessing prescriptions

[ ] Cost of living [ ] Exercising individual rights

[ ] Transport [ ] Scams or abuse

[ ] Access to cash [ ]  Other, please state:

**B5.** What has been your experience of accessing health or social care during lockdown? (e.g. missed hospital appointments, access to GP, social care visits, dentists, nail cutting)

**B6.** What impact have your experiences during lockdown had on you?

[ ] very positive [ ] positive [ ] managed [ ] negative [ ] very negative

## Moving out of lockdown

**C1.** What would help you to access any health or social care you need as we move out of lockdown? (information, hospital or GP appointment, visit from carer / social worker, help with daily living, transport)

**C2.** What are you looking forward to as lockdown eases? (e.g. seeing family / friends, hairdressing, going out, shopping, travel, help with gardening / house maintenance)

[ ] Seeing family / friends [ ] Having a haircut

[ ] Podiatry, other similar appointments [ ] Going out

[ ] Shopping [ ] Travel

[ ] Help with gardening [ ] House maintenance

[ ] Other, please state:

**C3.** As we move out of lockdown what do you see as likely to be most challenging for you? (e.g. confidence to go out, loss of support provided during lockdown, feeling safe, using distancing / masks, using public transport, access to public toilets, resumption of clubs / groups)

**C4.** What would support you to engage with your local community as lockdown eases? (localised information, someone to chat to, facilities open / accessible, to meet more people, volunteering)

**C5.** Are there any further comments you would like to make regarding the easing of lockdown restrictions or potential introduction of future restrictions?

## Is there anything else you would like to let us know?

1. **About you** (please tick as appropriate)

**E1.** I live in:

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | [ ] Blaenau Gwent |  | [ ] Bridgend |  | [ ] Caerphilly |  | [ ] Cardiff |
|  | [ ] Carmarthenshire |  | [ ] Ceredigion |  | [ ] Conwy |  | [ ] Denbighshire |
|  | [ ] Flintshire |  | [ ] Gwynedd |  | [ ] Isle of Anglesey |  | [ ] Merthyr Tydfil |
|  | [ ] Monmouthshire |  | [ ] Neath Port Talbot |  | [ ] Newport |  | [ ] Pembrokeshire |
|  | [ ] Powys |  | [ ] Rhondda Cynon Taff |  | [ ] Swansea |  | [ ] Torfaen |
|  | [ ] Vale of Glamorgan |  | [ ] Wrexham |  |  |  |  |

**E2.** I describe my ethnicity as:

### White

[ ] English / Welsh /
 Scottish / Northern
 Irish / British

[ ] Irish

[ ] Gypsy or Irish Traveller

[ ] Any other
 White
 background

### Asian / Asian British

[ ] Indian

[ ] Pakistani

[ ] Bangladeshi

[ ] Chinese

[ ] Any other
 Asian
 background

### Black / African / Caribbean / Black British

[ ] African

[ ] Caribbean

[ ] Any other Black /
 African / Caribbean
 background

### Other ethnic group

[ ] Arab

[ ] Any other
 ethnic group

**E3.** I am:

[ ] Male [ ] Female [ ] Transgender [ ] Prefer not to say

[ ] Other, please specify:

**E4.** I am aged:

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| [ ] 50-54 |  | [ ] 55-59 |  [ ] 60-64 | [ ]  | * 1. [ ] 70-74
 | [ ] 75-79 | [ ] 80-84 |
| [ ] 85-89 |  | [ ] 90-94 |  [ ] 95-99 | [ ]  100 or over |  |  |
| **E5.** I am: |  |  |  |
| [ ] Bisexual[ ] Heterosexual | [ ]  Gay Man[ ]  Prefer not to say | [ ]  Lesbian / Gay Woman[ ]  Other, please specify:\_\_\_\_\_\_\_\_\_\_\_\_\_ |

**E6.** Do you consider yourself to have a disability according to the terms given in the Equality Act 2010?

[ ] Yes [ ] No

The Equality Act 2010 defines a person as disabled if they have a physical or mental impairment, which has a substantial and long term adverse effect on the person’s ability to carry out normal day-to-day activities.

**Please return the completed survey form to**

Age Cymru, Freepost RLTL-KJTR-BYTT, Ground Floor, Mariners House, Trident Court, East Moors Road, Cardiff CF24 5TD or by email to enquiries@agecymru.org.uk

By 1 September 2020.

## If you need any further support please contact:

Age Cymru Advice: 08000 223 444

C.A.L.L: 0800 132 737­

Cruse: 0808 808 1677

Hourglass Cymru: 0808 808 8141

Samaritans: 116 123

Silverline: 0800 4 70 80 90

  



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Your details will be kept on a secure database and we will not share your details with any organisations unless required by law.

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