



change that lasts

the right response to domestic abuse

ask
me

Change that Lasts: creating safer communities for survivors of domestic abuse

Funded by:



Department for
Digital, Culture,
Media & Sport



Cymorth i Ferched Cymru
Welsh Women's Aid
Rhoi Merched a Phlant yn Gyntaf
Putting Women & Children First

In partnership with:



The Change That Lasts Ask Me project was developed in partnership between Women's Aid Federation of England and Welsh Women's Aid.



What's involved?

Community ambassadors attend a free training course where they learn more about domestic abuse, and are equipped to:

1 Break the silence

2 Raise awareness

? Answer questions



Increase understanding



= A community that better understands the barriers faced by survivors



3 Listen and believe, with compassion, without judgement

After the training, ambassadors receive resources to help them raise awareness of domestic abuse within their networks.



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Change That Lasts Ask Me Community Ambassadors across Wales...





AMBASSADOR UPDATE

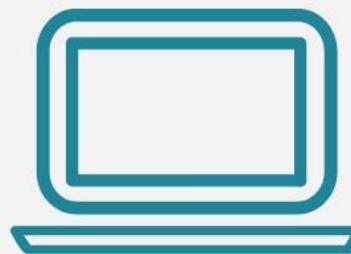
JUL 2019 - SEP 2019

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903
Community members spoken to

110
Survivors signposted

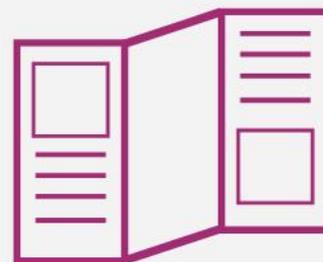


3,905
Community members reached via social media



256
Survivors engaged with

1,102



Pieces of VAWDASV literature given out



Cymorth i Ferched Cymru
Welsh Women's Aid



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Delivering **Change That Lasts** locally across Wales...



Providing sanctuary.
Inspiring change.





Bring Change that Lasts to a community near you...



Contact the “ask me” Project Coordinator:

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