



Age Cymru Christmas Gift Box Appeal 2018



This year Age Cymru is appealing to the public to fill a wrapped shoe box with items such as those suggested below, in our aim to help make Christmas a special time for older people living within care homes.

In line with our ethos 'No one should have no one to turn to', and many of these care home residents having no close family to visit them over the festive period, we hope that having a gift to open may make a huge difference to them.

How you can help

- Find a shoe box - Wrap the box and lid separately in Christmas paper, or you can use a festive pre-printed box.
- Attach a label marking whether your gift is for a male, female or generic.
- Fill with gifts – See our suggestion list below
- Personalise – We believe it would be a lovely touch if you could include a handwritten Christmas card or letter, and you could attach a photograph of you and your family if you so wish.
- Drop off your gift box – Please do not seal your gift box but place a rubber band around the closed box. You are now ready to deliver your gift box to our team at Age Cymru, Ground Floor, Mariners House, East Moors Road, Cardiff CF24 5TD. Please can all boxes be delivered to us by Wednesday 19th December.

If you require any further information then please contact Sarah Lord on 029 2043 1555 or email sarah.lord@agecymru.org.uk.

Suggestions to include:

Gloves/Scarves/Hat/Socks/Tights	Brush/Comb & Mirror
Hankies/Tissues	Nail Clippers/Nail Brush/Small
Washcloth	Scissors
Travel size games e.g. Scrabble/	Craft Set/Items/Sewing Kit
Draughts	Windup Torch/Radio
Jigsaw/Dominoes/ Playing Cards	Soap/Toothbrush/Toothpaste
Puzzle Books	Lotions/Shampoo/Shower Gel
Pens/Writing Sets/Notebook	Treats/Sweets/Chocolates/
Books	Biscuits
Photo Frame/Photo Album	Sensory Items
Diary/Calendar	A Special Christmas Decoration
Mug	

Please don't add any second hand/used items, or alcohol to your gift box.

