

Signpost

News for the Age Sector and Network Partners – December 2017

Welcome to the latest issue of **Signpost Express**, an e-bulletin to keep you updated on specific and relevant issues to age sector network partners working with older people's programmes including new legislation and developments, news, training, events and activities, advice, campaigns, support and signposting for further information.

This e-bulletin is produced by Elaine from Age NI. If you wish to have anything included in the January Signpost Express, please email Elaine: elaine.curry@ageni.org

1. Funded Older Peoples Accessible Arts Programmes at QFT Belfast

As part of QFT Belfast 50th birthday celebration next year a new project will provide activities such as creating a poster and short film trailer in response to their memories of films they may have seen in 1968, and/or a film that was made that year that they will see at QFT at the start of the project.

Is your group interested in taking part in this fully funded project (incorporating art, film and creative writing) next year between 29 March – end of May 2018.

Also QFT has been **running dementia friendly screenings** which have been really popular– see link to the December screening <https://queensfilmtheatre.com/Whats->

[On/Dementia-Friendly-White-Christmas](#)

For more information contact: Marion Campbell QFT Learning Officer, Queen's Film Theatre, Tel: 02890 971396 | QFT Belfast www.queensfilmtheatre.com | QFT's youth film club www.takeoverfilm.com

2. Encompass Workshops: Invitation to patient/carer and users of health and social services

What is it: The Encompass Programme vision is for a digital health and care record for every person in Northern Ireland that better informs and supports their health and wellbeing throughout their life. Encompass – the future digital platform for health and wellbeing for Northern Ireland. It's about shaping future services so they can transform the way they care for people in Northern Ireland through technology, rather than rely on paper and outdated systems.

2 Workshops:

- Thursday 7th December, 9.30am – 1.00pm

Waterfoot Hotel, 14 Clooney Rd, Londonderry BT47 6TB

- Monday 11th December, 9.30am – 1.00pm

Mossley Mill, Carnmoney Road North, Newtownabbey BT36 5QA

To find out more about encompass visit:

<http://www.hscboard.hscni.net/encompassworkshops/>

Contact Ella Jamison

Encompass Senior Project Manager

Email: ella.jamson@hscni.net

3. Upcoming LGBT Training for Professionals

<https://www.rainbow-project.org/Event/TherapiesTrainingProgram>

For further information contact: Gavin Boyd Policy and Advocacy Manager

The Rainbow Project T: 028 90 31 90 30

From: Gavin Boyd [<mailto:Gavin@rainbow-project.org>]

4. DRY JANUARY / FEEL GOOD FEBRUARY SMALL GRANTS SCHEME (2018)

Three of five Drug and Alcohol Coordination Teams (NIDACTs) operating in Northern Ireland are running small grants schemes in support of Dry January/Feel Good February 2018. Grants of up to £500 are available to develop and run initiatives in support of Dry January/ Feel Good February 2017.

To find out what is happening in Belfast and Western Area contact:

connections@bdact.info or connections@wdact.info.

Grants of up to £500 are now available in the Southern, Northern and South Eastern DACT areas to develop and run initiatives in support of Dry January. Visit

<http://www.drugsandalcoholni.info/dryjanuary/> to apply .

5. Tackling Rural Poverty & Social Isolation (TRPSI) Programme

Rural Support offers a listening and signposting service for farmers and rural families across NI via face to face support, information and advice about business finance and debt, single farm payments, benefits, mental health assistance and many other issues.

Confidential Helpline: 0845 606 7607. Tel: 028 8676 0040

Email: info@ruralsupport.org.uk Website: www.ruralsupport.org.uk

6. Aspire - Age Sector Platform's magazine

Issue 26 of aspire - Age Sector Platform's magazine - is now available to view online. Inside this edition you can read all about the recent 2017 Northern Ireland Pensioners Parliament, including two reports launched at the parliament – one on scams and one on Brexit. This edition also has an opinion piece from Age Sector Platform Chief Executive, Eamonn Donaghy, on the state of the health service here, and a report from Age Sector Platform's recent AGM.

To view a digital copy of the magazine click <https://www.agesectorplatform.org/aspire-magazine>. Hard copies will be mailed to members, libraries, politicians and other interested bodies/individuals over the next few weeks. Become a member: <https://www.agesectorplatform.org/membership>

7. Cuppa with PSNI on Christmas Day

Causeway Coast and Glens PSNI want your help to identify those older people who are spending Christmas Day on their own this year. The PSNI have identified this as a relatively quiet day and would like to have their officers call, with those who have no visitors that day, for a cuppa and a chat.

If you are aware of any older people who could benefit and would be happy for the PSNI to call for half an hour please get in touch with COAST.

C.O.A.S.T. Project Manager, Causeway Older Active Strategic Team

Unit 22/23 Acorn Business Centre, Ballymoney 02827665068

www.facebook.com/coastnetwork

8. Strabane Alzheimer's Society

On Wednesday 6th December, 2017 @ 2.45pm they are hosting a DEMENTIA FRIENDLY CHRISTMAS PERFORMANCE in LIFFORD/STRABANE ECLIPSE CINEMA. The showing is 'WHITE CHRISTMAS'. As Dementia can affect how people participate in and enjoy activities. Tickets are at the door and all the proceeds go to ALZHEIMERS SOCIETY.

For further information contact: Joanne Aiken, Dementia Support Worker; Strabane Alzheimer's Society T: 07715800031 / 028 713 84570

E: joanne.aiken@alzheimers.org.uk

9. Befriending Network Directory

Befriending Network Directory may be useful for you and your users:

<http://volunteernow.co.uk/fs/doc/publications/directory-update-jan-171.pdf>

10. Increased Financial Phone Scams

The PSNI, Northern Ireland Trading Standards and local Financial Institutions have identified an increase in financial phone scams which can be intimidating, threatening and forceful in their nature, often pushing for immediate online payments or for the victim to make a payment via their bank branch.

More information and advice is available to view at:

<http://www.belfastcentre.com/information-from-scamwise-ni>

11. Make use of your Library

Libraries NI has a host of fabulous services and exciting events that will lead you on a journey of discovery. You can join the library at any age, membership is free and it is free to borrow books, eMagazines and use computers. There are 98 public libraries and mobile stops across NI so there is one near you.

For all general enquiries call the Customer Support Line: 0345 4504 580 Web:

www.librariesni.org.uk

12. Affordable Warmth Scheme

The Affordable Warmth Scheme is free of charge for eligible owner-occupiers. Landlords will be required to contribute 50% of the total cost of installation of energy efficiency improvements in their property in private tenant/landlord situations. Please note in order for private rented properties to avail of this scheme the landlord must be registered with the Landlord Registration Scheme.

You are eligible for the Affordable Warmth Scheme if:

1. you own your own home or you rent from a private sector landlord;
2. you have a total gross annual household income, including all benefits, of less than £20,000.

Contact: Therese Kelly Affordable Warmth Coordinator Tel: 03000 132 132 E:

affordablewarmth@midulstercouncil.org

13. Good Morning Neighbour

Good Morning Neighbour is a FREE 365 Day a Year telephone call and befriending service for older and vulnerable adults in the Armagh City & District and Dungannon & South Tyrone Borough Council areas run by Community & Voluntary Services / Armagh & Dungannon Voluntary Bureau.

If you or someone you know would like to benefit from these services and live within the catchment area, or would like more information call Siobhan on Tel: 028 8772 9690 or Email: gmnproject@live.co.uk Web www.youcanhelp.org

14. The Great British Bake Off

Love Productions are happy to announce that applications are now open for the ninth series of The Great British Bake Off. Do you or your members love to bake?

If people would like more info before applying they can contact 07384 748 225 or email casting@lovewest.co.uk Katy Bigley - Assistant Producer

The Great British Bake Off, Love Productions

T : 0117 307 2182 | E: katy.bigley@lovewest.co.uk

Connect with us @ Age NI

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