**Age and Dementia Aware Communities**

**Council Analysis**

**Method**

**Age friendly**

To begin with, we researched what constitutes an age friendly policy. To do this, we reviewed the available literature on what an age friendly community and city is. This included the World Health Organisations (WHO) **Global Age-friendly Cities: A Guide** (2007) and **Age Friendly Places** by Age UK (2016).

Once we had established what the make up of an age friendly place is, we then reviewed the age friendly Manchester plan which is recognised as the leading age friendly plan in the UK.

We then carried out desk based research into council’s age friendly plans across Scotland. This also included a search through the local authorities’ own webpages, as well as a Freedom of Information Request (see appendix 1).

In total, we found **twelve** local authorities had some form of an age friendly policy whether this was a draft plan, consultation paper or as part of a wider health and social care strategy. We reviewed the literature and compared these to our main themes and objectives of what we think makes up an age friendly community.

**Dementia friendly**

The next step of the research was to identify what makes a dementia friendly community.

Unlike an age friendly community which has a universal guideline, a dementia friendly community definition is much more complex. A dementia friendly community does not just cover a geographical location but could cover anything from two businesses to a small community group.

For the purpose of this guide, we have adopted the definitions from the Alzheimer’s Society **Building dementia-friendly communities: A priority for everyone** (2013), the Age UK **Promising Approaches to living well with dementia** (2017) and the resources available from the Life Changes Trust.[[1]](#footnote-1)

Once we had a working definition of what makes a dementia friendly community we then carried out desk based research into council’s dementia friendly plans across Scotland. This included a search on Health and Social Care partnerships, and was further supported by a Freedom of Information Request asking for details of such plan (see appendix 1). We then reviewed this literature and compared it against what we defined as a dementia friendly community.

In total we found **thirteen** dementia policies. Two of these were specifically about creating a dementia friendly community/city and the others focussed on dementia from a health and social care viewpoint.

**What makes up a community?**

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| **Age-friendly community** | **Dementia friendly community** |
| Outdoor spaces and buildings | Empowering people with dementia and recognising their contribution |
| Transport | Business and services that respond to customers with dementia |
| Housing | Ensuring that activities include people with dementia |
| Social participation | Easy to navigate physical environments |
| Respect and social inclusion | Befrienders helping people with dementia engage in community life |
| Civic participation and employment | Challenging stigma and building awareness |
| Communication and Information | Appropriate transport |
| Community support and health services | Maintaining independence by delivering community-based solutions |
|  | Ensuring early diagnosis, personalised and integrated care is the norm |
|  | Shaping communities around the views of people with dementia and their carers |

**Councils**

After completing our search, we found the following, where green indicates the council has a strategy, and orange indicates they did not have a strategy:

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| **Local Authority** | **Age friendly** | **Dementia friendly** |
| Aberdeen |  |  |
| Aberdeenshire |  |  |
| Angus |  |  |
| Argyll and Bute |  |  |
| Clackmannanshire  |  |  |
| Dumfries and Galloway |  |  |
| Dundee |  |  |
| East Ayrshire |  |  |
| East Dunbartonshire |  |  |
| East Lothian |  |  |
| East Renfrewshire |  |  |
| Edinburgh |  |  |
| Falkirk |  |  |
| Fife |  |  |
| Glasgow |  |  |
| Highland |  |  |
| Inverclyde |  |  |
| Midlothian |  |  |
| Moray |  |  |
| North Ayrshire |  |  |
| North Lanarkshire |  |  |
| Orkney |  |  |
| Perth and Kinross |  |  |
| Renfrewshire |  |  |
| Scottish Borders |  |  |
| Shetland Islands |  |  |
| South Ayrshire |  |  |
| South Lanarkshire |  |  |
| Stirling |  |  |
| West Dunbartonshire |  |  |
| West Lothian |  |  |
| Western Isles |  |  |

**Aberdeen**

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| Age friendly Policies |
| Policy document | A joint commissioning strategy for older people 2013-2023 |
| Overview |
| The strategy for older people 2013-2023 focusses on health and social care. The strategy outlined the main challenges, opportunities and priorities in the area for older people, carers, staff and citizens through a consultation. Under the theme of community support and health services, we identified 26 issues that fall under this category.Predominantly a health and social care strategy, the document does cover all 8 themes of the WHO framework:* **Outdoor spaces and buildings -**  Inform agencies about the importance of safe open spaces and public paths to wellbeing.
* **Transport –** Explore options for securing long-term/ permanent funding to support initiatives that make transport more accessible for people who require support.
* **Housing** – Implement a review of our Housing Varying Needs Strategy to ensure sustainable mix of housing and housing with support.
* **Social participation**- Develop active ageing and social opportunities in collaboration with voluntary and community groups, and we will look at how we increase funding for this.
* **Respect and social inclusion** – We will develop new ways of working in genuine partnership with older people to plan and deliver services.
* **Civic participation and employment** - Encourage initiatives that allow older people to share their skills for mutual benefit.
* **Communication and information** - Ensure that information and support is available to staff to enable them to support older people to address the impact of welfare reform and introduction of universal credit.
* **Community support and health services** - Continue to provide support to develop services that address health inequalities.

The document offers a good groundwork if the city was to work towards becoming a WHO recognised age friendly city. |

**Aberdeen**

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| Dementia friendly Policies |
| Policy document | Dementia Strategy for Aberdeen City 2014 – 2024 (working draft 7th March 2017) |
| Overview |
| The strategy has six main outcomes that it will work towards with various actions. These include working towards Aberdeen becoming a dementia friendly city, educate the public regarding dementia, to keep people independent and at home for as long as possible, help for carers and to develop services catered for people living with dementia. This covers six of the Alzheimer Society’s elements of a dementia friendly community. These six areas are: * **Empowering people with dementia and recognising their contribution** - Equip people with dementia and their carers with the knowledge/information necessary to live well and mange their own health and wellbeing.
* **Ensuring that activities include people with dementia** - Develop dementia friends programme in Aberdeen.
* **Challenging stigma and building awareness** - Promote a range of informative sessions about dementia in a range of venues during dementia awareness week.
* **Maintaining independence by delivering community-based solutions** – Increase the uptake of telecare for people with dementia.
* **Ensuring early diagnosis, personalised and integrated care is the norm** – Educate the public regarding dementia sop that people seek help as early as possible.
* **Shaping communities around the views of people with dementia and their carers** – Involve people with dementia in volunteering.

The areas that it doesn’t cover are:* **Businesses and services that respond to customers with dementia**
* **Befrienders helping people with dementia engage in community life**
* **Easy to navigate physical environments**
* **Appropriate transport**

The strategy is a good start in Aberdeen becoming a dementia friendly city but much more work is needed to be done.  |

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| Age friendly Policies |
| Policy document | Ageing Well in Aberdeenshire: Joint Commissioning Strategy for Older People 2013-2023[[2]](#footnote-2) |
| Overview |
| Ageing well in Aberdeenshire is Aberdeenshire’s Joint Commissioning Strategy for Older People 2013-2023. It proposes how local care and health services will develop over the next ten years. It is therefore, very health orientated examining how services can be delivered in a way that meets the needs of older people. We found the following themes in the document: * **Community Support and health services** – Early intervention and prevention, rehabilitation and enablement, improving the quality of long term care are the three main themes that underpin the strategy. By focusing on these it is hoped older people in Aberdeenshire will be empowered to keep healthy, remain independent for as long as possible, and have access to high quality health and social care when required.

Due to its strong focus on health, the strategy does not take into account wider community facilities and assets that must be in place to make Aberdeenshire age friendly. |

**Aberdeenshire**

**Aberdeenshire**

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| Dementia friendly Policies |
| Policy document | Aberdeenshire Dementia Strategy 2015-2018[[3]](#footnote-3) |
| Overview |
| The Aberdeenshire Dementia Strategy 2015-2018 was finalised in July 2016. It was developed to support the introduction of the National Dementia Strategy in Aberdeenshire and covers areas including supporting the creation of dementia friendly communities across Aberdeenshire, challenging the stigma of dementia, supporting people living with dementia to live independently at home and ensuring people can get an early diagnosis.When we categorised the strategy objectives, they matched 5 of the elements we believe make a dementia friendly community:* **Empowering people with dementia –** Support and promote the development of dementia friendly communities across Aberdeenshire, by involving the wider community in reducing stigma associated with dementia.
* **Challenging stigma and building awareness** – Ensure the ethos that ‘dementia is everyone’s business’ is actively promoted with our own health and social care organisations by taking forward the delivering of Promoting Excellence Framework.
* **Maintaining independence by delivering community-based solutions -**  Support people living with dementia and their family by ensuring all appropriate information, support and treatments, therapies are provided to meet their needs and help live well with their condition.
* **Ensuring early diagnosis, personalised and integrated care is the norm –** Support the timely diagnosis of dementia and aim to have most cases of dementia diagnosed within the local community by a GP.
* **Shaping communities around the views of people with dementia and their carers -**  Communities need to work for all ages.

Aberdeenshire is working to make most of the towns dementia friendly. Age Scotland is aware that dementia friendly communities have been set up in Aberdeenshire, in particular Portlethen with the introduction of ‘Boogie at the Leven’ and dementia friendly walks. We would like to see what has happened with the implementation of the strategy since the local elections in 2017.  |

**Scottish Borders**

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| Dementia friendly Policies |
| Policy document | Borders Dementia Strategy 2009-2014[[4]](#footnote-4) |
| Overview |
| The Scottish Borders Dementia Strategy was published to coincide with the first Scottish National Dementia Strategy. It includes; ensuring people with dementia are treated as individuals, are respected, right to remain independently at home, and putting the needs of people with dementia at the centre of all planning and provision services. When we categorised the strategy’s objectives, they matched five of our key themes:* **Empowering people with dementia and recognising their contribution**
* **Challenging stigma and building awareness**
* **Maintaining independence by delivering community-based solutions**
* **Ensuring early diagnosis, personalised and integrated care is the norm,**
* **Shaping communities around the views of people with dementia and their carers.**

The policy has no mention of:* **Businesses and services that respond to customers with dementia**
* **Ensuring that activities include people with dementia**
* **Easy to navigate physical environments**
* **Befrienders helping people with dementia engage in community life**
* **Appropriate transport.**

It should be noted that the Scottish Borders are currently consulting on a new dementia strategy for the area that will take into consideration the implementation of the third Scottish National Dementia strategy.  |

**Dumfries and Galloway**

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| Dementia friendly Policies |
| Policy document | Dumfries and Galloway – Draft Strategic Plan 2016-2019/ Dementia Standards Assurance Framework 2015-2018[[5]](#footnote-5) |
| Overview |
| The Dumfries and Galloway draft strategic plan was published in 2016 by the Dumfries and Galloway Health and Social Care Partnership. As such the plan is very health and social care focussed. The strategic plan for Dumfries and Galloway, outlined ten priority areas:* **Enabling people to have more choice and control**
* **Supporting carers**
* **Developing and strengthening communities**
* **Making the most of well-being**
* **Maintaining safe, high quality care and protecting vulnerable adults**
* **Shifting focus from institutional care to home and community-based care**
* **Integrated ways of working**
* **Reducing health inequalities**
* **Working efficiently and effectively**
* **Making the best use of technology, including technology enabled care.**

We categorised these under four of our key elements:* **Empowering people with dementia and recognising their contribution**
* **Maintaining independence by delivering community-based solutions**
* **Ensuring early diagnosis, personalised and integrated care is the norm**
* **Shaping communities around the views of people with dementia and their carers.**

There is no mention of creating dementia friendly communities within the plan. However, Age Scotland is aware that the Life Changes Trust and Alzheimer’s Scotland recently ran a Dementia Friendly Community Dumfries and Galloway project which ended in March 2018 and other dementia friendly communities are active in the area.  |

**Dundee**

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| Age friendly Policies |
| Policy document | Health and Social Care Strategic Commissioning Plan: 2016-2021[[6]](#footnote-6) |
| Overview |
| This Plan describes how Dundee’s Health and Social Care Partnership will develop health and social care services for adults over the next five years. It is, therefore, very health focussed.* **Housing -** Remodel and invest in the development of, and increase in, accommodation with support
* **Community support and health services –** Remodel and invest in the development of day opportunities for adults and older people.

There is no mention of the following themes:* **Outdoor spaces and buildings**
* **Transport**
* **Social participation**
* **Respect and social inclusion**
* **Civic participation and employment**
* **Communication and Information.**
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**East Dunbartonshire**

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| Age friendly Policies |
| Policy document |  A framework for improving the health, wellbeing and care of older people in East Dunbartonshire 2013-2023[[7]](#footnote-7) |
| Overview |
| The framework was produced by East Dunbartonshire Council, NHSGCC, East Dunbartonshire Health Partnership and East Dunbartonshire Voluntary Action. It is predominantly health and social care focussed, however some of the objectives do fit into the age friendly themes and objectives such as:* **Housing** – Develop a range of housing options to meet the needs of older people and improve the level of housing support provided
* **Social Participation** – Deliver leisure, cultural and recreational activities and services that reflect the needs of older people
* **Respect and social inclusion** – Develop community capacity and strengthen social networks and connect older people to their communities
* **Communication and information** – Increase older people and carer awareness of entitlement
* **Community support and health services** – Build strong local health alliances as a way to deliver joint health improvement priorities and reduce inequalities.

There is no mention, of the following themes:* **Outdoor spaces and buildings**
* **Transportation**
* **Civic participation and employment.**

And the benefits these themes could bring to improving the health, wellbeing and care of older people in East Dunbartonshire. |

**East Lothian**

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| Age friendly Policies |
| Policy document | East Lothian’s Older People’s Strategy (Draft May 2011)[[8]](#footnote-8) |
| Overview |
| The East Lothian Older People’s Strategy draft document was put together in 2011. It looks at improving health and wellbeing for older people in the area. As such, most of the objectives are from a health services viewpoint. Themes covered are:* **Community support and health services** – Review the pattern of health and social services, ensuring appropriate services are available and that measures intended to increase the efficiency of service do not disadvantage older people
* **Social Participation** – Support the development of Day Centre Associations
* **Transport** – Review the provision of older people’s services including day centres as part of the corporate review of transport.

Themes not covered are:* **Outdoor spaces and buildings**
* **Housing**
* **Respect and social inclusion**
* **Civic participation**
* **Communication and information.**
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**East Renfrewshire**

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| Age friendly Policies |
| Policy document | East Renfrewshire Community Planning Partnership’s Community Plan[[9]](#footnote-9) |
| Overview |
| East Renfrewshire’s Community plan was produced by East Renfrewshire Community Planning Partnership, and identifies ‘Older People and People with Long Term Conditions’ as one of its key planning themes with an associate delivery plan. This document focusses predominantly on health and social care but does reference loneliness and social isolation. Their intended outcome is ‘Older people and people with long term conditions in East Renfrewshire are valued; their voices are head and they enjoy full and positive lives.’Themes covered are: * **Respect and social inclusion** –Socially isolated people are identified and connected to opportunities
* **Communication and information** – Communities are supported and have acess to information and resources
* **Community support and health services** –Reduced unintentional harm in the home, people feel safer in their communities.

Themes not covered are:* **Civic participation and employment**
* **Outdoor spaces and buildings**
* **Transport**
* **Social Participation**
* **Housing.**
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**Edinburgh**

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| Age friendly Policies |
| Policy document | ‘Live Well in Later Life’ Edinburgh’s Joint Commissioning Plan for Older People 2012-22[[10]](#footnote-10) |
| Overview |
| The City of Edinburgh Council’s Joint Commissioning Plan is a great example of an age friendly plan. It should be noted that Edinburgh was part of the WHO age friendly city pilot scheme. The plan covers most themes from the WHO toolkit. This includes the following:* **Transport** – such as supporting transport that is accessible to everyone
* **Housing** - ensure adequate housing options advice is available, so that older people can make choices about staying in their home or moving to a more suitable one
* **Social Participation** – continue to support and develop lunch and day clubs
* **Respect and social inclusion** - enable choice by providing the balanced information that people need to make informed decisions
* **Civic participation and employment** - recognise and harness volunteer potential as a strategic force for change
* **Communication and information** - continue to provide information on various activities and opportunities available for older people across the city
* **Community support and health services** - develop services that focus on the personalised care needs of individuals, enabling patients to have choice and control wherever possible.

There is no particular mention on **outdoor spaces and buildings**.  |

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| Dementia friendly Policies |
| Policy document | * ‘Live Well in Later Life’ Edinburgh’s Joint Commissioning Plan for Older People 2012-22
* City of Edinburgh Health and Social Care Partnership Strategic Plan 2016-2019[[11]](#footnote-11)
 |
| Overview |
| Dementia is a focus of both the Live Well in Later Life and of the Health and Social Care Partnership.The later document has 6 policy objectives:* Develop an improved pathway for people living with dementia and ensuring appropriate discharge planning and community care.
* Improve care and support for frail older people and those with dementia.
* Early intervention and appropriate support.
* Improve the pathway for people with dementia by working with hospital teams and our locality hubs to support more personalised care and support in all settings.
* Help people with dementia to avoid unplanned hospital admissions, including through support for responding to distressed behaviour and improving community-based continence support.
* Provision of suitable and affordable housing for frail older people and those with dementia.

The Living Well in Later Life documents discusses The Edinburgh Dementia Implementation Plan including the following areas:* raising awareness of the importance of living well with dementia
* developing peer support across Edinburgh for people with dementia and their carers
* enhancing post diagnostic support and producing an integrated care pathway
* improving the quality of dementia care in care homes and hospitals
* ensuring services and support is in place for people with early onset dementia.

The basis of the document is to increase the awareness of dementia. |

**Edinburgh**

**Fife**

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| Dementia friendly Policies |
| Policy document | The Fife Dementia Strategy 2010-2020[[12]](#footnote-12) |
| Overview |
| The Fife Dementia Strategy was created by Fife Council. The document sets out 22 objectives which covers seven of the ten themes. These include:* **Empowering people with dementia and recognising their contribution -**To provide short breaks to people affected by dementia which are flexible, accessible and tailored to the needs of the individual.
* **Ensuring that activities include people with dementia -** Education and information materials and support are available for all people regardless of location, and particularly for people with dementia and their carers.
* **Easy to navigate physical environments -** Ensure facility and service planners and developers are aware of the unique needs of people with dementia; and that they understand the importance of using dementia friendly principles in the design of public buildings and buildings that may be used by older people.
* **Challenging stigma and building awareness -** Improve awareness and knowledge of dementia in the general public and with professionals and the practitioners in order to reduce stigma, improve rates of early diagnosis and ensure good dementia care is integral to all.
* **Appropriate transport -** Ensure older people and people with dementia have access to transport which is suited to their physical needs and lifestyle preferences.
* **Maintaining independence by delivering community-based solutions -** Provide services and facilities which are designed to meet the needs of people with dementia and reduce the impact of the disability experience.
* **Ensuring early diagnosis, personalised and integrated care is the norm -** Following a diagnosis, all people with dementia and their carers have quality in access to an assessment of their care and support needs.

Themes not included are:* **Businesses and services that respond to customers with dementia**
* **Befrienders helping people with dementia engage in community life**
* **Shaping communities around the views of people with dementia and their carers.**

Age Scotland is aware that since the publication of this document, Fife Council has been very active in creating dementia friendly environments. This includes, dementia specific walking groups set up with Paths for All, Glenrothes becoming a dementia friendly town and is aware of the plans to make St Andrews and Dunfermline dementia friendly too.  |

**Glasgow**

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| Age friendly Policies |
| Policy document | Age friendly Glasgow [[13]](#footnote-13) |
| Overview |
| Glasgow City Council published its Age friendly plan in 2016. It is currently a member of the World Health Organisation Age friendly cities programme. The plan covers **ALL** themes of the WHO toolkit with 56 objectives including:* **Outdoor spaces and buildings** – Engage with and encourage businesses to take an age-friendly approach to delivery of their services.
* **Transport** – The needs of local people will be taken into account in local transport plans.
* **Housing** – Increase the supply of new and converted accessible housing, as well as housing for particular needs.
* **Social participation** – Glasgow Life will continue to offer a diverse range of activities for older people moving away from traditional stereotypes.
* **Respect and social inclusion** – Community bonds are strengthened through intergenerational activity and barriers are broken down between different age groups in the city.
* **Civic participation and employment** – Older people have opportunities to volunteer and use their skills and experience in the community.
* **Communication and information** – Older people have access to user friendly, reliable and co-ordinated information to help them live their life fully.
* **Community support and health services** – Better co-ordination between different agencies to improve awareness of different services and to help signpost people effectively between sectors and organisations.

Since the local election 2017 and the new Glasgow City Government, we are unsure of the progress into implementing this plan. We are aware, that Herriot Watt may be involved in conducting a new audit. |

**Glasgow**

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| Dementia friendly Policies |
| Policy document | Glasgow City Dementia Strategy 2016-2019[[14]](#footnote-14) |
| Overview |
| The Glasgow City Dementia Strategy was published in 2016 and was a joint publication between the Glasgow Health and Social Care Partnership and Alzheimer Scotland. The document covers the themes of housing, transport, environment, carers, community and awareness. It set out examples of good practices and also questions that organisations and other can use to find out if they are dementia friendly.Under the themes we have used, the following was found:* **Empowering people with dementia and recognising their contribution –** This theme is a central recurring theme throughout the document.
* **Businesses and services that respond to customers with dementia** – Businesses and organisations in the community to be at the heart of someone’s support and to help them to keep active and get out and about.
* **Easy to navigate physical environments** – Community environments that can be easily navigated, with good paths and walkways and good lighting.
* **Befrienders helping people with dementia engage in community life** - This theme is a central recurring theme throughout the document.
* **Challenging stigma and building awareness** – Everyone to have a level of awareness and understanding of dementia.
* **Appropriate transport** – Transport to be easily and readily accessible.
* **Maintaining independence by delivering community-based solutions –** This theme is central to this document and all objectives work to deliver this.
* **Ensuring early diagnosis, personalised and integrated care is the norm -**  People’s general health and wellbeing to be optimised, so that they can stay in their own home for as long as possible.
* **Shaping communities around the views of people with dementia and their carers -** To make communities as safe as possible for vulnerable people.
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**Inverclyde**

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| Dementia friendly Policies |
| Policy document | Inverclyde Dementia Strategy 2013-2016[[15]](#footnote-15) |
| Overview |
| This strategy was developed in partnership by the Inverclyde Dementia Strategy Forum, established in 2012, which includes a range of statutory and non-statutory representatives to ensure the needs of people with dementia, their families, and carers are articulated and represented. Whilst the strategy aims to make Inverclyde more dementia friendly it is mostly focused on health outcomes, aiming to help people participate by providing the right support and services.From the strategy we were able to identify the following themes:* **Empowering people with dementia and recognising their contribution –** Promote dementia friendly communities to enable the participation of people with dementia, their families and carers in social, educational and community activities.
* **Maintaining independence by delivering community-based solutions –** there isa work stream within the strategy dedicated to assessment, diagnosis and implementation of an integrated care pathway, in order to improve the journey of people with dementia and their carers
* **Ensuring early diagnosis, personalised and integrated care is the norm –** The strategy references the fact they’ve adopted a national network which provides guidance on pathways for people with dementia as pre-diagnosis; diagnosis, post diagnosis, community services, continuing care and coordination and care management.
* **Shaping communities around the views of people with dementia and their carers –** This isreferenced throughout the document, although mainly in a health context, with people with dementia, their families and carers being empowered to make decision about their care in order to have the best possible quality of life.

 Themes not covered by the dementia strategy:* **Business and services that respond to customers with dementia**
* **Ensuring that activities include people with dementia**
* **Befrienders helping people with dementia engage in community life**
* **Challenge stigma and building awareness**
* **Appropriate Transport.**
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**Midlothian**

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| Age friendly Policies |
| Policy document | The Joint Strategy for Older People in Midlothian 2016-2019[[16]](#footnote-16) |
| Overview |
| The joint strategy was produced by Midlothian Council and NHS Lothian. It covers seven of the themes including:* **Transport -** Improve transport options for people to attend activities and health appointments.
* **Housing**- Provide information about home adaptations and equipment.
* **Social participation –** Promote the active involvement of people in community life and work with people to design and deliver support.
* **Respect and social inclusion -**  Positive approach to life and older age.
* **Civic participation and employment -** Develop more volunteering opportunities for older people.
* **Communication and information -**  Provide a platform for older people’s voices through the development of Midlothian Older People’s Assembly.
* **Community support and health services** - Access to good quality health and care services when they are needed.

There is not specific mention of **outdoor spaces and buildings** in the document.  |

**Moray**

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| Age friendly Policies |
| Policy document | Living Longer, Living Better 2013-2023: A strategy for older people[[17]](#footnote-17) |
| Overview |
| The joint commissioning Strategy for older people was developed and agreed in partnership with Health, Social, Voluntary and Independent care sectors, and older people. It focuses predominately on health and social care, examining how care can be shifted from an acute setting to community care, and that there is a need to explore different ways of commissioning and delivering services. It covers the following themes: * **Housing** – Providing access to a range of housing options for older people is a strategic outcome for older people in Moray.
* **Community Support and health services** – Moray intends to build community capacity in order to facilitate earlier intervention and a preventative approach and to achieve a real shift in the balance of care. They are also looking to focus on recovery, rehabilitation and re-ablement approaches within services in the community to maintain living independently at home for as long as possible.
* **Social participation** and **Respect and social inclusion** – Both are running themes interwoven in the policy document with the aim of making Moray more age-friendly which will have the additional benefit of reducing social isolation and loneliness.

While the document mentions transport, it does not identify clearly how transport will be improved to make it Moray age-friendly. There is no specific mention of **outdoor spaces and buildings, civic participation and employment, and communication and information** in the document.  |

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| Dementia friendly Policies |
| Policy document | Joint Dementia Strategy 2013-16[[18]](#footnote-18) |
| Overview |
| Moray’s Dementia Strategy is the product of a work group made up of from the Community Health and Social Care Partnership, and was led by a GP from primary care. It shares the same principles, values, aims and objectives of their older people strategy, as well as aiming to ensure that people with dementia and their family and carers, have an improved quality of life with the care and support that meets their needs in a safe environment within the community. The strategy covers the following themes:* **Easy to navigate physical environment** – Dementia-friendly designs are mentioned in relation to building such as care homes and specialist housing.
* **Challenging stigma and building awareness** – Raising awareness about dementia, and increasing understanding of the benefits of healthy living as a dementia risk reduction, will have a positive impact on quality of life and demand for services.
* **Ensuring early diagnosis, personalised and integrated care is the norm** – early diagnosis of dementia and support to enable people to live well with the condition will contribute to delaying admission to long term care and to help people remain independent for longer.
* **Maintaining independence by delivering community-based solutions** – Modernising community services to focus on early intervention and prevention, rehabilitation, re-ablement and recovery and end of life care will improve outcomes for people with dementia and reduce admissions to hospital

Themes that aren’t mentioned are:* Empowering people with dementia and recognising their contribution
* Business and services that respond to customers with dementia
* Ensuring that activities include people with dementia
* Befrienders helping people with dementia engage in community life
* Appropriate transport
* Shaping communities around the views of people with dementia and their carers.
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**MorayNorth Lanarkshire**

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| Dementia friendly Policies |
| Policy document | North Lanarkshire Joint Strategic Commissioning Plan[[19]](#footnote-19) |
| Overview |
| The strategic document from the partners of North Lanarkshire Council, North Lanarkshire Health Board and Scottish Carers covers a ten-year period from April 2013. Its aim is that: “Older people in North Lanarkshire are valued as an asset, have their voices heard and are supported to enjoy full and positive lives in their own homes or a homely setting. We will work together to provide information, support, care and treatment in ways that promote value and enable wellbeing, independence and recovery.”[[20]](#footnote-20)The strategic plan is very health and care specific including focus on the Reshaping Care for Older People (RCOP) policies.From the plan we were able to find reference to the following themes:* **Housing -**  Older people and those with particular housing needs can live independently through the provision of accessible homes.
* **Social participation -** Map resources available so that any older person can be informed about the potential to be involved in the activities of their local community.
* **Respect and social inclusion** – Older people in North Lanarkshire are valued as an asset, have their voices heard and are supported to enjoy full and positive lives in their own homes or a homely setting. We will work together to provide information, support, care and treatment in ways that value and enable wellbeing, independence and recovery.
* **Communication and information** - Enhanced use of information, advice and education.
* **Community support and health services** - Building and integrating support and services with community capacity.

Themes that aren’t mentioned are:* **Outdoor spaces and buildings**
* **Transport**
* **Civic participation and employment.**
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**Perth and Kinross**

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| Age friendly Policies |
| Policy document | Perth and Kinross Health and Social Care Strategic Commissioning Plan 2016 - 2019[[21]](#footnote-21) |
| Overview |
| As Perth and Kinross’s commissioning plan is part of their Health and Social Care integration plan, it is very health and care specific including focus on service design and delivery.From the plan we were able to find reference to the following themes;* **Housing -** The strategy recognises that housing and housing support services are central to supporting people to live independently, and references the need specialist housing for older people, as well as preventative ‘floating’ housing support.
* **Respect and social inclusion** – Community engagement and a range of locally based interventions such as befriending and timebanking have helped to tackle social isolation and loneliness.
* **Community support and health services** - Perth and Kinross’s vision is to embed successful models of care to promote the independence and wellbeing of older people at home or in a homely setting.

Themes that aren’t mentioned are:* **Outdoor spaces and buildings**
* **Transport**
* **Social participation**
* **Civic participation and employment**
* **Communication and Information.**
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**Perth and Kinross**

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| Dementia friendly Policies |
| Policy document | Perth and Kinross Health and Social Care Strategic Commissioning Plan 2016 - 2019[[22]](#footnote-22) |
| Overview |
| As Perth and Kinross’s commissioning plan is part of their Health and Social Care integration efforts, it is very health and care specific including focus on service design and delivery.From the plan we were able to find reference to the following themes:* **Housing -** The strategy recognises that housing and housing support services are central to supporting people to live independently, and references the need specialist housing for older people, as well as preventative ‘floating’ housing support.
* **Respect and social inclusion** – Community engagement and a range of locally based interventions such as befriending and timebanking have helped to tackle social isolation and loneliness.
* **Community support and health services** - Perth and Kinross’s vision is to embed successful models of care to promote the independence and wellbeing of older people at home or in a homely setting.

Themes that aren’t mentioned are:* **Outdoor spaces and buildings**
* **Transport**
* **Social participation**
* **Civic participation and employment**
* **Communication and Information.**
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**Shetland Islands –NOT AVAILABLE PUBLICLY**

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| Age friendly Policies |
| Policy document | Older People’s Health and Wellbeing Strategy for Shetland – Living Long, Living Well |
| Overview |
| Produced by the NHS Shetland, this document was developed through a process of consultation and engagement. It’s overarching aim is ‘We live longer healthier lives’ and ‘People are supported to be active and independent throughout adulthood and in older age.’The strategy is structured into three components: * epidemiology, demography and formal data available about health and care needs of older people
* the corporate assessment which is the official policy view on where the strategy should take Shetland
* the consultative/participatory needs assessment which is the feedback obtained from engagement staff, older people and communities themselves about what is needed for older people in Shetland.

From the plan we were able to find reference to the following themes:* **Respect and social inclusion** – the contribution that older people should be valued, and focus should be on getting older people involved and active in their local community. Opportunities for involvement already exist in Shetland and could be built on.
* **Social participation** –Community capacity building is referenced in order to engage and involve older people, recognising that strong and active communities rely on local people getting involved in decision making through co-production.
* **Community support and health services** – all levels of health services are referenced from acute services to community, and the need for health and social care to work in an integrated way.
* **Housing –** the model of delivery of housing support continues to develop, with national and local emphasis focusing on the importance of providing support to people in their own homes and within their own communities, where possible.

Themes that aren’t mentioned are:* **Outdoor spaces and buildings**
* **Transport**
* **Civic participation and employment**
* **Communication and Information**
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| Dementia friendly Policies |
| Policy document | Shetland Dementia Strategy 2015-2018 |
| Overview |
| This strategy is based on national and local engagement events, including the National Dementia Dialogue. The policy document identifies their local priorities that will developed in order to meet policy objectives set by the Scottish Government. From the plan we were able to find reference to the following themes:* **Ensuring early diagnosis, personalised and integrated care is the norm** – it recognises the importance of an effective diagnosis, including how news is delivered and post diagnosis support.
* **Shaping communities around the views of people with dementia and their carers –** whilst health orientated, a Dementia Working Group will be developed working in partnership with people living with dementia and their carers to help improve services for people with dementia, and improve attitudes towards people living with dementia.
* **Business and services that respond to customers with dementia –** Work has already been done to audit how dementia friendly shops are, with training given to staff. It is intended that further work will be undertaken in the community to build on this.

Themes that aren’t mentioned are:* **Empowering people with dementia and recognising their contribution**
* **Ensuring that activities include people with dementia**
* **Easy to navigate physical environments**
* **Befrienders helping people with dementia engage in community life**
* **Challenging stigma and building awareness**
* **Appropriate transport**
* **Maintaining independence by delivering community-based solutions**
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**Appendix 1**

Below is the letter sent to all 32 councils in Scotland, asking for details of any age friendly and dementia friendly policy document they may have, and whether it was publically available. We received a response from every council apart from Clackmannanshire and Fife.

Dear Sir/Madam,

Please find below the following requests for information to be considered under the Freedom of Information (Scotland) Act 2002:

1. Does the council have a strategic plan or policy in place for making their local authority area:

i: age-friendly (such as an Older Person’s strategy)

ii: dementia-friendly (such as a Dementia strategy)

1. If so, what work has been done to implement these policies?
2. Is this strategy, or policy document, publically available, and if so where?

We would also be grateful if the local authority could send us a copy of any such strategy or policy document if possible. Either electronically or by post to the above address.

If you have any questions, or require further information about the questions in the request please do not hesitate to get in contact with me either by phone (0333 323 2400) or email: ashleigh.deverteuil@agescotland.org.uk

Yours sincerely,

**Ashleigh de Verteuil**

**Policy Officer**

1. <https://www.lifechangestrust.org.uk/projects/dementia-friendly-communities> [↑](#footnote-ref-1)
2. <https://www.aberdeenshire.gov.uk/media/3877/jointcommissioningstrategyforolderpeople.pdf> [↑](#footnote-ref-2)
3. <https://www.aberdeenshire.gov.uk/media/17637/dementia-strategy-shire-v121-final-190716.pdf> [↑](#footnote-ref-3)
4. <http://www.knowledge.scot.nhs.uk/dementia/communities-of-practice/borders-dementia-best-practice-network.aspx> [↑](#footnote-ref-4)
5. <http://www.dg-change.org.uk/wp-content/uploads/2015/06/Easy-Read-Strategic-Plan.pdf> [↑](#footnote-ref-5)
6. <https://www.dundeehscp.com/sites/default/files/publications/dhscp_strategic_and_commissioning_plan_0.pdf> [↑](#footnote-ref-6)
7. <https://www.eastdunbarton.gov.uk/filedepot_download/17124/1143> [↑](#footnote-ref-7)
8. https://www.eastlothian.gov.uk/download/meetings/id/12627/04\_older\_peoples\_strategy [↑](#footnote-ref-8)
9. http://www.eastrenfrewshire.gov.uk/CHttpHandler.ashx?id=22811&p=0 [↑](#footnote-ref-9)
10. <http://www.edinburgh.gov.uk/transformedinburgh/downloads/file/149/living_well_in_later_life_joint_commisioning_plan_for_older_people_2012-20> [↑](#footnote-ref-10)
11. <http://www.edinburgh.gov.uk/transformedinburgh/downloads/file/132/strategic_plan_2016-2019> [↑](#footnote-ref-11)
12. <https://www.fifedirect.org.uk/weborgs/nhs/uploadfiles/publications/c64_DEMENTIASTRATEGY.pdf> [↑](#footnote-ref-12)
13. <http://generationsworkingtogether.org/downloads/56687455e24bd-Age%20Friendly%20consultation.pdf> [↑](#footnote-ref-13)
14. <http://www.glasgow.gov.uk/Councillorsandcommittees/viewSelectedDocument.asp?c=P62AFQDNT1NT2UZLZ3> [↑](#footnote-ref-14)
15. https://www.inverclyde.gov.uk/health-and-social-care/dementia-friendly-inverclyde [↑](#footnote-ref-15)
16. <https://www.midlothian.gov.uk/download/downloads/id/2249/the_joint_strategy_for_older_people.pdf> [↑](#footnote-ref-16)
17. <http://hscmoray.co.uk/uploads/1/0/8/1/108104703/living_longer_living_better_2013-2023.pdf> [↑](#footnote-ref-17)
18. <http://hscmoray.co.uk/our-strategies-and-plans.html> [↑](#footnote-ref-18)
19. <https://www.northlanarkshire.gov.uk/CHttpHandler.ashx?id=12704&p=0> [↑](#footnote-ref-19)
20. [ibid](https://www.northlanarkshire.gov.uk/CHttpHandler.ashx?id=12704&p=0) page 3 [↑](#footnote-ref-20)
21. http://www.pkc.gov.uk/media/38714/Health-and-Social-Care-Strategic-Commissioning-Plan/pdf/2016193\_strat\_comm\_plan\_CLIENT [↑](#footnote-ref-21)
22. <https://www.eastlothian.gov.uk/downloads/file/27195/ijb_strategic_plan> [↑](#footnote-ref-22)