

## What makes an age and dementia aware community?

We have made this checklist to help you investigate how age and dementia inclusive your community is. The left hand column is a list of things that make communities more age and dementia inclusive - but is not an exhaustive list. You can tick the box if you feel the bullet point is reflective of your community or put a cross if you think it's not. The right hand column is blank for your notes.

Public spaces	
Age and dementia inclusive	Your notes
<input type="checkbox"/> Public parks are well maintained <input type="checkbox"/> Plenty of benches <input type="checkbox"/> Clear signage to direct you where to go	
<input type="checkbox"/> Public toilets are available, accessible, well maintained and clearly signposted	
<input type="checkbox"/> Pavements are in good condition, are level and smooth <input type="checkbox"/> Pavements are free from obstructions such as advertising boards <input type="checkbox"/> Pavements are wide enough for wheelchairs and mobility scooters and have dropped kerbs where you need them	
<input type="checkbox"/> Streets are brightly lit and broken lights fixed	
<input type="checkbox"/> Street signs are clear, easily readable and at an appropriate height	

Public Transport	
Age and dementia inclusive	Your notes
<input type="checkbox"/> Public transport is reliable and frequent, and available during the evening and weekends	
<input type="checkbox"/> There are good connections between different types of transport i.e. the bus stop is close to train station	
<input type="checkbox"/> Public transport is accessible with floors that lower, priority spaces for wheelchairs and mobility scooters	
<input type="checkbox"/> Priority seating is provided for those who need it	
<input type="checkbox"/> Bus drivers allow you to take your seat before driving away from bus stops	
<input type="checkbox"/> Bus stops have shelters and have easy to locate timetables	
<input type="checkbox"/> You can easily access information on transport routes and timetables and any planned changes	
<input type="checkbox"/> There is a local Thistle Card* or similar scheme in your area which people know about	

\*The Thistle Card scheme helps passengers to quickly and easily alert the bus driver to a particular disability and the help they may need.

Information and advice	
Age and dementia inclusive	Your notes
<input type="checkbox"/> You know where to get information and advice in your community	
<input type="checkbox"/> You can find information in a format that works for you (free of jargon, friendly, large print, braille, audio format, in your preferred language)	
<input type="checkbox"/> You have the choice of getting information on paper, face-to-face, by phone or online	
<input type="checkbox"/> You have access to information and advice to help you to understand dementia	

Commercial services	
Age and Dementia inclusive	Your notes
<input type="checkbox"/> There is a local bank or building society	
<input type="checkbox"/> There is a local Post Office	
<input type="checkbox"/> There is a local dentist	
<input type="checkbox"/> There is a local pharmacy	
<input type="checkbox"/> There is a local shop or supermarket	
<input type="checkbox"/> People living with dementia and their carers find these services accessible	