



Scottish War Blinded members enjoy [Body Boosting Bingo](#) at the Hawkhead Centre.

Veterans' Project free workshops

Free older veteran and dementia awareness training days will take place in December in Glasgow and Edinburgh:

- Edinburgh 4 December – [details and booking here](#)
- Glasgow 5 December – [details and booking here](#)

We can also arrange bespoke training for community groups and services with a minimum of 6 training participants. To request call Laura on 0333 32 32 400 email veteransproject@agescotland.org.uk.

Veterans Board Game for loan

Community groups and services in Dundee can now borrow our board game for informing older veterans for help and support available to them from Dundee Voluntary Action. To find out more email Nicola Mitchell nicolamitchell@dva.scot.

The Board Game can also be borrowed directly from the Project: email veteransproject@agescotland.org.uk. We were thrilled when Veterans' Minister Graeme Dey played the game with older veterans at Kirrieconnections – [full story here](#).

Good Day Calls

Age Scotland's new 'Good Day' service offers a daily call providing older people, and their families, with security and support. Many older people live alone and may not have regular visitors. Some feel lonely from time to time and worry that no one will notice if they take ill or are not up and about in the morning. Many don't want their family to worry about them. Our Good Day Call service is a daily call, 365 days a year, to have a chat and check on the welfare of an older person. Over time, we hope to become good friends on the phone, chatting about the day and the world, and being there to give support and to arrange assistance if needed.

The service costs £50 per month payable by direct debit. Where the payee lives overseas we can arrange an annual payment of £600 in advance by credit card. You can sign up to receive calls yourself or make a referral for someone else to receive the service by calling us on **01856 898 222**. If you are referring someone else, we will also contact the older person to obtain some additional information, their preferences and gain consent to receive the service. 30 free places have been reserved for individuals over 75, and who currently qualify for Pension Credit.

[Download the Referral Form](#)

Community Connecting Service

Through the Age Scotland Helpline (0800 12 44 222) we can put isolated older veterans in touch with local opportunities that match their circumstances and interests. In our database we're identifying groups and services that offer a Veterans' Warm Welcome and refreshing our printed Community Connecting guides, one for each council area, to highlight these Veterans' Warm Welcome opportunities.

If you would like to be highlighted as a Veterans' Warm Welcome group please get in touch - **0333 323 2400** or email veteransproject@agescotland.org.uk . If your group or service is specifically for veterans, and information about it is publicly available, we can simply add you to the database. If your contact

information isn't publicly available we will ask you to complete a form – you can opt to have your details published or for the Age Scotland Helpline to broker enquiries.

Supplies of our [Community Connecting guides](#) are available from publications@agescotland.org.uk and **0333 323 2400**.

Veterans' Project Newsletter

Autumn edition now out – [online here](#). This provides information on services and opportunities for older veterans, including but not limited to those provided by Age Scotland and our Unforgotten Forces partners. We can post community groups and services with supplies: contact details below.

If you have good practice and news to share please get in touch. We also welcome feedback on what you've found useful, and on anything you feel we can improve on. Email veteransproject@agescotland.org.uk or call Laura on **0333 323 2400**.

Public policy and parliamentary

Age Scotland is canvassing older people's views and experiences on transport. Feedback is to be shared with the Scottish Government as it works on the new transport strategy. November dates include:

- 1st - Inverness
- 6th - Edinburgh
- 7th - Sutherland
- 13th - Jedburgh

To find out more contact Simon Ritchie: Email.

simon.ritchie@agescotland.org.uk Tel. 0333 323 2400

Unforgotten Forces News



The footprint of the partnership in Scotland continues to grow, expanding opportunities for community groups and services to connect older veterans with new help and support.

[Fares4Free](#) – supporting veterans with transport difficulties

The charity has recently enlisted the support of taxi firms in Inverness and Aberdeen, boosting its ability to support older veterans in Inverness-shire and the North East. It now has 20 taxi firms and seven individuals giving fares for free around the country.

[Armed Services Advice Project](#) – Specialist phone and face to face advice for veterans.

Previously the specialist face to face support has been available in some but not all Citizens Advice Bureaux. Through Unforgotten Forces it is building capacity to support veterans in new areas. Recent additions include Dumfries and Galloway and Caithness, where volunteers help veterans access specialist support.

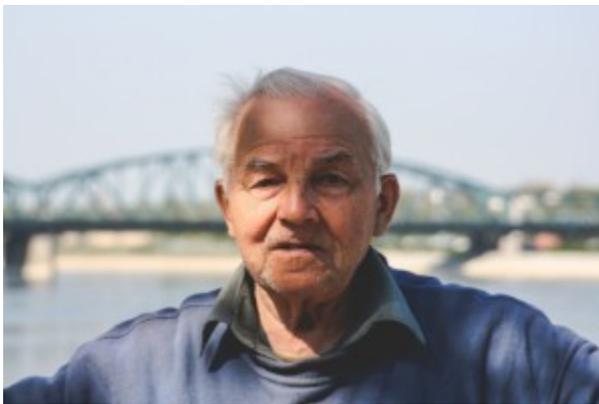
[Hearing Forces](#) – Support for older veterans with hearing loss

Action on Hearing Loss is recruiting volunteers to boost the service, which includes support for effective use and maintenance of hearing aids, and developing its links with audiology services.

[Play it again Sav](#) - Live music tailored to older veterans' personal choices

Music in Hospitals & Care is extending its musical programmes beyond formal care settings to community groups and services that involve older veterans.

War Pensions Reviews



Some veterans in receipt of a War Pension miss out as they are unaware that a change in their condition could result in an increase to their award. Veterans who National Service in hot countries such as Malaya and Egypt and who have developed skin cancer are an example. Many think it's not worth claiming but sometimes they can get a war pension/lump sum gratuity if their condition is deemed attributable to service.

Evidence to back up a review is essential. Letters or short statements from NHS professionals such as GPs or physiotherapists can be considered, as can photocopies of appointment cards for treatment for the condition. Reviews in which deterioration is as a result of the ageing process tend to be unsuccessful, for example age related hearing loss.

Veterans UK can help veterans identify whether there is a good prospect of a successful review, and talk through any implications for other benefits.

- Email: veterans-uk@mod.gov.uk
- [Website](#)
- Freephone (UK only): 0808 1914 2 18

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The Not Forgotten Association



The Association is a London based military charity providing mostly entertainment and fun activity opportunities for veterans UK wide. It supports any serving man or woman who is wounded, injured or sick and any veteran with a disability, illness or infirmity; whatever the cause and whenever it arose. Any serving or former member of The Royal Navy, The Royal Marines, The British Army, The Royal Air Force and The Merchant Navy, both Regular and Reserve Forces, may be eligible for our help.

The Associations' motto 'From Comradeship To Challenge' illustrates the variety and breadth of the support it offers. Some of its activities provide a physical challenge and the opportunity to develop self-confidence, others are of a more social nature aimed at fostering camaraderie and friendship; many offer both challenge and comradeship. Each of its events and activities is intended to restore confidence, enhance well being, boost morale and improve the chances

of the service man or woman and their family enjoying a normal, if not better, life.

www.nfassociation.org.

Image: pixabay.com / Royalty Free

Funding

The Scottish Veterans Fund

Established in 2008, the Scottish Veterans Fund has already allocated more than £1.3 million to over 150 projects that provide advice, help and support to veterans across Scotland, ranging from employ-ability and housing support to befriending and well-being projects.

This year's round of funding completes the current allocation of around £600,000 of funding, including £240,000 from Standard Life Aberdeen and £360,000 from the Scottish Government, made available through the Scottish Veterans Fund in the three years to 2019/20.

[Grant application guidance](#)

[Grant application form](#)

Deadline **30 November 2018**. Current fund applicants are only able to submit bids for one year projects.

Armed Forces Covenant Fund

Open for applications: Armed Forces Covenant Fund Trust 'New Ways to Tackle Serious Stress programme in Veterans, Carers and Families'. This programme opened on 1 October and will fund a small number of projects that will enable charities and health professionals to work together to develop and try new ideas that they have developed with veterans and their carers and families.

[Further information here](#).

Gateway Exchange Fund

The Trust supports applications for projects which empower people to move on with their lives and fulfil their potential, where they would otherwise not have the opportunity. Self-help projects are particularly welcome. The Trust will also consider projects relating to counselling, HIV, recovery from drug addiction, projects which help prisoners or ex-prisoners, mental health projects, innovative arts and crafts projects, projects supporting refugees and asylum seekers projects supporting women and projects supporting men recovering from sexual abuse.

Deadline: rolling programme

[Website](#)

Crerar Hotels Trust

Crerar Hotel Trust gives to local community, sport, medical, educational and children's charities operating within an area where Crerar Hotels are situated.

[Website](#)

Ross and Liddell - Community Bursary Programme

Small grants of up to £500 are available to local community organisations in Scotland that make a vital difference to their local area.

No deadline date

[Website](#)