

# **UNCONSCIOUS BIAS**

Your team, your culture

Our workshop uses thought-provoking digital media that has been specially created to allow participants to experience their own personal bias as well as how it feels to be on the receiving end of other people's biases. This in turn creates a greater awareness of the effect of unconscious bias and a motive for change.



## Workshop aim

The aim of the workshop is to raise your awareness of how unconscious bias can affect your decisions regarding recruitment, selection, motivation and your behaviour towards team members. We will focus on your own personal awareness and how that will contribute to creating a safer, happier and more inclusive culture.



#### Content

The workshop will take place in a confidential and relaxed atmosphere where participants will be encouraged to be honest and open. It will cover the Equality Act protected characteristics and review how stereotyping, labelling and ethnocentrism impacts our biases and behaviours. As well as open discussion, interactive videos are used to create a more immersive experience.



### **Outcomes**

By the end of the session you will have a better understanding of:

- What unconscious bias is (and isn't).
- The implications of unconscious bias in the workplace.
- How to recognise your own natural biases and manage them effectively.
- How to apply Unconscious Bias awareness to everyday workplace situations.



# Audience, duration and pricing

This workshop is designed for all employees and lasts 2 hours 15 minutes.

Pricing: £695 for up to 12 participants.