Factsheet 35
Tenancy rights - rent
July 2021

About this factsheet
This factsheet provides information about what your landlord can charge you in rent, depending on the type of tenancy you have.

For information about other aspects of tenants’ rights, see Age UK factsheet 68, Preventing evictions and factsheet 67, Home improvements and repairs. The following resources may also be helpful:

- FS8 Council and housing association housing
- FS63 Finding private rented accommodation
- IG08 Housing options

The information in this factsheet is applicable in England and Wales. If you are in Scotland or Northern Ireland, please contact Age Scotland or Age NI for information. Contact details can be found at the back of this factsheet.

Contact details for any organisation mentioned in this factsheet can be found in the Useful organisations section.
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1 Recent developments

- If you are in rent arrears, you may be eligible for a 60-day ‘breathing space’, during which time your landlord is prevented from taking certain steps. These include demanding payment of the arrears, charging interest, starting court proceedings to get the property back, or taking steps to ‘enforce’ a court order, for example by evicting you.

To get this help, you must first seek debt advice from either a local authority who offers this, or debt advisor authorised by the Financial Conduct Authority. You must continue to pay any rent that falls due during the breathing space period.

2 Introduction

Different tenants have different rights around rents. You may be able to get a ‘fair rent’ set for your property, challenge the amount of rent you are paying, or challenge a rent increase proposed by your landlord.

Generally, your rights depend on who your landlord is, i.e. a private landlord, a housing association, or the council. If you are a private or housing association tenant, your tenancy type is also important.

You can usually tell the type of tenancy you have by checking your tenancy agreement. If unsure, use the ‘tenancy checker’ tool on Shelter’s website or seek further advice from a specialist housing adviser. In Wales, contact Shelter Cymru.

The law on tenants’ rights is complicated and it is a good idea to seek advice if you want to take action against your landlord.

If you are having difficulty paying your rent, check whether you are entitled to Universal Credit (under State Pension age) or Housing Benefit (over State Pension age). These are benefits for people on low incomes. You might also be eligible for help with Council Tax.

For more information, see factsheet 92, *Universal Credit*, factsheet 17, *Housing Benefit*, and factsheet 21, *Council Tax*.

In Wales, see Age Cymru factsheet 21w, *Council Tax in Wales: information about the tax and help you might get towards your bill.*
3 Private tenants

If you are a private tenant, you are likely to have one of a number of different tenancies.

Today, most private lettings are made on an ‘assured shorthold’ basis, but private landlords can also grant ‘assured’ tenancies. If your tenancy was granted a long time ago, it may be a ‘regulated’ (often called ‘protected’) tenancy.

This factsheet looks at these tenancy types in chronological order, starting with the oldest.

3.1 Regulated (often called ‘protected’) tenants

If you are a private tenant and your tenancy began before 15 January 1989, it is probably a regulated tenancy.

Rent increases

If you are a regulated tenant, you can ask a Rent Officer to decide what a ‘fair rent’ for your property is. Your landlord also has this right.

Once a fair rent has been decided (‘registered’), your landlord can only increase your rent by applying for a new fair rent. They cannot make an application within two years of the last registration unless special circumstances apply. For example, they improve the condition of your property to the extent that the current fair rent is no longer appropriate.

There is usually a maximum amount the rent can be increased by, which takes account of inflation (the Retail Price Index). This cap does not apply if the rent is being registered for the first time, or if the landlord has carried out repairs or improvements causing an increase of 15 per cent or more in the existing registered rent.

If you disagree with a fair rent registered by a Rent Officer, you can appeal to the First-Tier Tribunal (Property Chamber – Residential Property) or, in Wales, the Residential Property Tribunal Wales. In this factsheet, we refer to these bodies as ‘the Tribunal’. The Tribunal may set a higher rent than that set by the Rent Officer. You should seek advice before appealing a Rent Officer’s decision.

If you have not had a fair rent registered, there are complicated rules on how your rent can be increased. In most cases, the landlord must apply to have a fair rent set for the first time.

However, it may be possible for them to increase the rent by serving a formal notice or drawing up a written agreement for you to sign. This is rare, so seek advice if your landlord tries to do this.
**Fair rents**

If you have a fair rent registered, this is the maximum amount your landlord can charge. In deciding what is fair, the Rent Officer looks at various things, including the age and condition of the property, the condition of any furniture provided by the landlord, and rents for similar properties in the area.

They disregard any improvements made, or damage caused, by you. They discount any sum deemed to be attributable to scarcity of accommodation from the amount you could be expected to pay, so you should not pay more if similar properties are in short supply locally.

Seek advice before making an application, as there is no guarantee the rent set by the Rent Officer will be lower than what you currently pay.

If you have not had a fair rent set (‘registered’) or want to apply for a new fair rent, you can apply using form RR1, which can be downloaded at: www.gov.uk/government/publications/fair-rent-forms

Alternatively, ask for a copy from your local Rent Officer service. Details of your local Rent Officer service can be found by contacting the Valuation Office Agency (in England) or the housing division of the Welsh Government (in Wales).

In most cases, if you disagree with the rent set, you can appeal in writing to the Rent Officer. The law says an appeal should be received within 28 days of the date on the Rent Officer’s decision notice, but Officers have been advised to accept appeals received within 35 days to allow for postal delays.

If you miss the deadline, you must have a good reason for the delay, such as being in hospital.

If the Rent Officer accepts your appeal, they refer the case for consideration by the Tribunal. The Tribunal makes the final decision on the rent that should be set.

**Note**

In some cases, the Tribunal can set a rent that is higher than the one set by the Rent Officer. You should seek advice before appealing a Rent Officer’s decision.
3.2 Assured tenants

You are probably an assured tenant if your private tenancy was granted after 15 January 1989 but before 28 February 1997, provided your landlord did not give advance notice the tenancy was to be ‘assured shorthold’.

If you are an assured tenant, you can be charged market rent. This means your rent is likely to be higher in areas of high demand. Unlike a regulated tenant, you do not have the right to seek a fairer rent than the one you agreed with your landlord. However, you may have limited protection against unreasonable rent increases.

Fixed-term tenancies

If your tenancy was granted for a fixed period of time (a ‘fixed term’), your landlord cannot increase the rent during the fixed term unless your tenancy agreement allows for this (a ‘rent review clause’) or you agree to the increase.

If the fixed term of your assured tenancy ends, you may be entitled to remain in the property under a ‘statutory periodic’ tenancy. This automatically comes into being when a fixed-term assured tenancy ends and you remain in occupation without another tenancy being granted.

If you are in this position, your landlord can increase your rent, but they must follow a procedure set out in the Housing Act 1988. You must be served a notice in the correct legal form stating the proposed new rent, with at least one month’s notice of the increase. This notice can be given during the fixed period of the tenancy, so that the rise comes into effect when it ends. Once your rent has been increased in this way, the landlord cannot increase it more than once a year without your consent.

If your landlord gives you notice that they intend to increase the rent and you think the proposed increase is unreasonably high, you can try to negotiate a lower increase.

You have a right of appeal to the Tribunal if the proposed new rent exceeds the market rent for comparable properties in the area. The rent determined by the Tribunal is the maximum amount your landlord can charge you. Seek advice if you want to challenge a rent increase. Be prepared to provide evidence of market rents for similar properties in your area. Your referral must be received by the Tribunal before the proposed increase is due to take effect. Once a rent is set by the Tribunal, your landlord cannot increase it for a year without consent.

Note

In some cases, the Tribunal can set a higher rent than the one being proposed by your landlord, so take advice before making an application for a determination.
Periodic tenancies

Some assured tenancies are periodic from the outset. This means there was never a fixed term. If you have a periodic tenancy, there may be a term in your tenancy agreement allowing for future rent increases, in which case you have no right of referral to the Tribunal. Check your agreement to see what it says.

If there is no such term, your landlord must follow the Housing Act 1988 procedure set out above when proposing a rent increase. They cannot increase the rent within the first year of the tenancy and cannot increase the rent more than once a year without your consent. You can appeal to the Tribunal if you believe a proposed increase exceeds the market rent for comparable properties in the area.

3.3 Assured shorthold tenants

If you have a private tenancy granted on or after 28 February 1997, it is highly likely you have an assured shorthold tenancy.

The rules on rents for assured shorthold tenants are the same as for assured tenants. However, assured shorthold tenants can also challenge the rent agreed at the outset of the tenancy if this is ‘excessive’. Both fixed-term and periodic assured shorthold tenants can do this.

You can only challenge the agreed rent during the first six months of the tenancy. You lose this right once you have been in the property for more than six months, even if your tenancy is renewed.

To challenge your agreed rent, you must apply to the Tribunal using the correct application form, see www.gov.uk/courts-tribunals/first-tier-tribunal-property-chamber for more information.

In Wales, see https://residentialpropertytribunal.gov.wales/market-rent

The Tribunal only makes a decision if there are a sufficient number of comparable properties in the area and your rent is significantly higher than the market rent. If the Tribunal do make a decision, what they decide is the maximum amount your landlord can charge.

Note

Assured shorthold tenants have limited security of tenure after six months (or after the fixed term of the tenancy comes to an end, if this is longer than six months).

It is advisable to carefully consider if it is worth referring your rent or a proposed rent increase to the Tribunal and risk losing the tenancy. See factsheet 68, Preventing evictions for more information.
4 Housing association tenants

4.1 Tenancies that began before 15 January 1989

If your tenancy was granted before 15 January 1989, or you had a different tenancy prior to that date but with the same landlord, you have the right to have a fair rent fixed in a similar way to regulated private tenants (see section 3.1).

If there is a clause in your tenancy agreement allowing your landlord to increase the rent, they can do this without making an application for a new fair rent. However, you can challenge the proposed increase by asking a Rent Officer to decide whether the new rent is fair. Whatever they decide will be the maximum rent that can be charged.

If your agreement does not contain such a clause, the landlord must make an application for a new fair rent in order to increase the amount charged.

Your landlord is not able to increase your rent by more than inflation (the Consumer Price Index) plus one per cent in any year (even if the Rent Officer sets a higher rent than this).

4.2 Tenancies that began after 15 January 1989

Housing association tenancies that began on or after 15 January 1989 are likely to be assured or assured shorthold. See sections 3.2 and 3.3 for general information on rents and rent increases.

Most housing associations are regulated, which means there are additional restrictions on their rent setting. As a result, their rents are usually cheaper than local market rents.

From 2020, the regulator has stipulated that rents cannot increase by more than inflation (the Consumer Price Index) plus one per cent each year. This applies until 2025. Note, some housing association tenancies are not covered by this policy, including in certain supported housing schemes where a high level of care and support is provided.

The regulator is the Regulator of Social Housing (in England) or the Welsh Government’s Housing Regulation Team (in Wales). In Wales, additional rules apply if CPI falls outside the range of 0% to 3%.

5 Local authority tenants

Local authorities are entitled to ‘make such reasonable charges as they may determine for the tenancy’ of their properties. However, this is subject to government regulations and guidance.
From 2020, authorities cannot increase their rents by more than inflation (the Consumer Price Index) plus one per cent each year. This applies until 2025, but certain tenancies are excluded, including tenancies granted on a temporary basis to homeless people. In Wales, there are additional rules if CPI falls outside the range of 0% to 3%.

To increase your rent, the local authority must first serve you a ‘notice of variation’ and the increase cannot take effect for at least four weeks from the date of the notice. For flexible tenancies, which are granted for fixed terms, the tenancy agreement must contain a ‘rent review’ clause permitting rent increases.

Rent increases must be reasonable. They can be challenged via judicial review. This is a complicated and lengthy process, with potential to incur significant costs, so seek legal advice before taking action. Note, courts have been reluctant to interfere with authorities’ rent setting decisions.

If you are being evicted because you are unable to pay your rent following a rent increase, you may be able to challenge the validity of the increase during possession proceedings.

6 Affordable rents – England

Social landlords (local authorities and regulated housing associations) can charge ‘affordable’ rents for certain properties.

These are classed as social housing, but the rent is typically higher than in traditional social housing. It can be up to 80 per cent of the estimated market rent for the property (inclusive of service charges).

The landlord must have an agreement with the Regulator of Social Housing to do this. It must have policies on the criteria it uses to allocate its properties, which should include information on when it grants tenancies at affordable rent levels.

7 ‘High-income’ social tenants – England

Social landlords can set higher rents for households with an annual taxable income of £60,000 and above.

Household means the named tenant (or tenants) and their spouse, civil partner or live-in partner. If there are two or more people in your household with taxable income, only the two highest incomes should be taken into account.

Landlords adopting this policy must look at the tenants’ taxable income in the tax year ending in the financial year before the financial year in question.

For the 2021/22 financial year, this is income received in the 2019/20 tax year. If a household experiences a ‘sudden and ongoing loss of income’, the landlord is expected to re-evaluate the rent charged.
8 Rent rebates

8.1 Rent rebates in England

You may be able to reclaim up to 12 months’ rent from your landlord, if they commit one of a number of specific offences. You can do this whether they have been convicted of the offence or not, but you may be able to reclaim more money if they are convicted.

The offences are:

- operating as a landlord when they have been banned from doing so
- using, or threatening to use, violence to secure entry to your property
- carrying out, or attempting to carry out, an illegal eviction
- harassing you with the aim of getting you to leave the property. This means acting in a way likely to interfere with your peace and comfort, or persistently withdrawing or withholding necessary services
- failing to comply with certain health and safety notices issued by the local authority under the Housing Act 2004
- failing to obtain a licence for your property if it requires one by law or under a special scheme the local authority has set up.

Applying for an RRO

You reclaim rent by applying to the Tribunal for a Rent Repayment Order (RRO). This is a court order requiring the landlord to repay you an amount decided by the court.

You can apply for a RRO even if you are no longer a tenant of the landlord who committed the offence. You must have been their tenant at the time of the offence and the offence must have been committed in relation to your home.

If you want to make an application against your current landlord, you need to think carefully about your security of tenure. Speak to an adviser if you are unsure.

Your application must be made within 12 months of the offence. The offence must have been committed on or after 6 April 2017. Slightly different rules apply for licensing offences.

Tribunal decision

The Tribunal may decide to make an order if they are satisfied, beyond reasonable doubt, that your landlord committed the offence.

In deciding how much the landlord must repay, the Tribunal deduct any Housing Benefit (HB) or Universal Credit (UC) payments you received during the 12-month period.
They take into account factors such as the way you and the landlord have behaved, the landlord's financial circumstances, and whether they have been convicted of any of the offences previously.

If the landlord has been convicted of the specific offence to which the RRO relates, the Tribunal must order them to repay the maximum amount (i.e. your rent minus any HB or UC payments). The only exceptions are if the offence was failing to obtain a licence, or if exceptional circumstances apply.

Local authorities can apply for a RRO to re-claim HB or UC payments made to the landlord. They have a duty to consider making an application if they become aware a landlord letting properties in their area has been convicted of one of the offences.

They may help you to apply for a RRO to re-claim your portion of the rent, for example by helping you to make the application or offering you advice. Speak to your local authority about what help they can provide.

Contact a specialist housing organisation like Shelter if you think you have grounds to apply for a RRO.

For more information on health and safety notices and licensing, see factsheet 67, *Home improvements and repairs*. For more information on security of tenure, see factsheet 68, *Preventing evictions*.

### 8.2 Rent rebates in Wales

All private landlords of ‘domestic tenancies’ must be registered with Rent Smart Wales. They must obtain a licence from Rent Smart Wales if they manage the property themselves, or appoint a licensed agent to manage the property for them.

Landlords and agents can be prosecuted and may face certain penalties if they are unregistered or fail to comply with the licensing rules. In addition to a fixed penalty notice or a Rent Stopping Order, which stops rent being paid by the tenant for a period, a landlord may be given a Rent Repayment Order (RRO). The RRO will require them to repay any rent, HB or UC received for a particular period.

It is up to your local council or Rent Smart Wales to decide what action to take if your landlord does not register or get the right licence – you can contact them for further advice if you are concerned.

**Action by the tenant**

If your landlord has been successfully prosecuted or received a RRO in respect of your HB or UC payments, you can apply to the Residential Property Tribunal for a RRO covering any rent you paid. Any application must be made within 12 months of the conviction or RRO and costs £155 (unless you are receiving certain income-related benefits).

Contact Shelter Cymru for further information.
Useful organisations

The law relating to rights for tenants is complicated. This factsheet aims to give you basic information about your rights but in many cases you may want to get more detailed advice from a specialist adviser.

Citizens Advice
England or Wales go to www.citizensadvice.org.uk
In England telephone 0800 144 8848
In Wales telephone 0800 702 2020

National network of advice centres offering free, confidential, independent advice, face to face or by telephone.

Housing advice services

The availability and quality of housing advice varies from area to area. Local councils have a legal duty to ensure that advice and information about homelessness and how to prevent homelessness are available in their local area. Contact your local authority as soon as possible if you are worried you may become homeless.

In some areas there may be a specific housing advice or housing aid centre, providing advice on a range of housing issues. Your local council or Citizens Advice should be able to tell you if there is a housing advice centre in your area.

Housing Ombudsman Service (The)

www.housing-ombudsman.org.uk
Telephone 0300 111 3000

Investigates complaints about landlords made by tenants in England. Membership is mandatory for social landlords registered with the Regulator of Social Housing. Membership is voluntary for private landlords and very few will be members.

Legal advice

Solicitors can advise you on the law and represent you in court if necessary. If you approach a solicitor about a housing matter, check they are experienced in housing law. Your local housing advice centre or Citizens Advice may be able to refer you to an experienced solicitor. If you are on a low income, you may be able to qualify for free legal advice (legal aid).

For more information see factsheet 43, Getting legal and financial advice.
Local Government and Social Care Ombudsman (LGSCO)
www.lgo.org.uk/
Telephone 0300 061 0614

In England, the LGSCO investigates complaints about injustice arising from poor administration by local authorities (in Wales, see Public Services Ombudsman for Wales).

Ministry of Housing, Communities and Local Government (MHCLG)
Telephone 030 3444 0000

Website has useful information on planning laws, tenants’ rights and environmental protection to England (in Wales, see Welsh Government).

Public Services Ombudsman for Wales
www.ombudsman.wales
Telephone 0300 790 0203

In Wales, the Ombudsman investigates whether you have been treated unfairly or received a bad service from a public body, such as a local authority.

Regulator of Social Housing
www.gov.uk/guidance/about-the-regulator-of-social-housing
Telephone 0300 124 5225

Regulates registered providers of social housing in England, including local authority landlords and housing associations. It sets standards that providers are expected to meet, but only intervenes in serious cases where harm has been caused or is likely (in Wales, see Welsh Government).

Rent Smart Wales
www.rentsmart.gov.wales
03000 133344

Processes landlord registrations and grant licences to landlords and agents who are required to comply with the Housing (Wales) Act 2014.

Shelter
www.shelter.org.uk
Telephone 0808 800 4444 (free call)

A national charity providing specialist housing advice, including advice on tenancy rights, homelessness, repairs and housing benefit.

Shelter Cymru
www.sheltercymru.org.uk
Telephone 08000 495 495
Tai Pawb
www.taipawb.org
Telephone 029 2053 7630
An organisation in Wales promoting equality and social justice in housing. Tai Pawb works in partnership with providers and receivers of housing services, local authority partners, voluntary organisations and the Welsh Government.

Valuation Office Agency (VOA)
www.gov.uk/government/organisations/valuation-office-agency
Telephone 03000 501501
VOA Rent Officers assess applications for fair rents under the Rent Act 1977. In Wales, this function is carried out by the Housing Division of the Welsh Government.

Welsh Government
www.gov.wales
Telephone 0300 0604400
The devolved government for Wales.

Your local authority (council)
www.gov.uk/find-local-council
If you are not a local authority tenant and are having problems with your landlord, the authority may have a tenancy relations officer who can help you. Whoever your landlord is, the authority must ensure information and advice about homelessness and is available to you free of charge. They may have a duty to help you if you become homeless or are threatened with homelessness.
Age UK

Age UK provides advice and information for people in later life through our Age UK Advice line, publications and online. Call Age UK Advice to find out whether there is a local Age UK near you, and to order free copies of our information guides and factsheets.

Age UK Advice
www.ageuk.org.uk
0800 169 65 65
Lines are open seven days a week from 8.00am to 7.00pm

In Wales contact
Age Cymru Advice
www.agecymru.org.uk
0300 303 4498

In Northern Ireland contact
Age NI
www.ageni.org
0808 808 7575

In Scotland contact
Age Scotland
www.agescotland.org.uk
0800 124 4222

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The evidence sources used to create this factsheet are available on request. Contact resources@ageuk.org.uk

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