About this factsheet

This factsheet provides information about what your landlord can charge you in rent, depending on the type of tenancy you have.

For information about other aspects of tenants’ rights, see Age UK factsheet 68, Preventing evictions and factsheet 67, Home improvements and repairs. The following resources may also be helpful:

- FS8 Council and housing association housing
- FS63 Finding private rented accommodation
- IG08 Housing options

The information in this factsheet is applicable in England and Wales. If you are in Scotland or Northern Ireland, please contact Age Scotland or Age NI for information. Contact details can be found at the back of this factsheet.

Contact details for any organisation mentioned in this factsheet can be found in the Useful organisations section.
1 Recent developments

- In **England**, the Government has announced how social housing rents will be set from 2020. Social landlords will be able to increase their rents each year, but only by a maximum of inflation (the Consumer Price Index) plus 1 per cent. This will apply until 2025. Currently, in most cases, social landlords are required to reduce their rents each year.

- In **Wales**, a new tenancy regime has been legislated for under the *Renting Homes (Wales) Act 2016*. Apart from a few exceptions, all current tenancies will be replaced by two types of occupation contract - a secure contract, based on current secure tenancies issued by local authorities and a standard contract, based on current assured shorthold tenancies used in the private rented sector. The Welsh Government has not announced when this part of the Act will be implemented, so current rules on different tenancy types still apply.

2 Introduction

Different tenants have different rights around rents. You may be able to get a *fair rent* set for your property, challenge the amount of rent you are paying, or challenge a rent increase proposed by your landlord.

Generally, your rights depend on who your landlord is, i.e. a private landlord, a housing association or the council. If you are a private or housing association tenant, your tenancy type is also important.

You can usually tell the type of tenancy you have by checking your tenancy agreement. If unsure, use the *tenancy checker* tool on Shelter’s website or seek further advice from a specialist housing adviser.

The law on tenants’ rights is complicated and it is a good idea to seek advice if you want to take action against your landlord.

If you are having difficulty paying your rent, check whether you are entitled to Universal Credit which is replacing Housing Benefit. These are benefits people on low incomes. You might be eligible for help with Council Tax too.

For more information, see factsheet 92, *Universal Credit*, factsheet 17, *Housing Benefit* and factsheet 21, *Council Tax*.

In Wales, see Age Cymru factsheet 21w, *Council Tax in Wales: information about the tax and help you might get towards your bill.*
3 Private tenants

If you are a private tenant, you are likely to have one of a number of different tenancies.

Today, most private lettings are made on an ‘assured shorthold’ basis, but private landlords can also grant ‘assured’ tenancies. If your tenancy was granted a long time ago, it may be a ‘regulated’ (often called ‘protected’) tenancy.

This factsheet looks at these tenancy types in chronological order, starting with the oldest.

3.1 Regulated (often called ‘protected’) tenants

If you are a private tenant and your tenancy began before 15 January 1989, it is probably a regulated tenancy.

Rent increases

If you have not had a fair rent registered, your landlord can only increase the rent by agreement with you or by getting a fair rent registered. If your landlord wants you to agree to a rent increase, they must draw up a written agreement for you to sign.

The agreement must advise you that refusing to sign will not affect your security of tenure. It must advise you that signing will not affect your right to have a fair rent registered. These statements must not be buried in the small print.

If your landlord does not comply with these requirements, the rent increase is not valid and you may be able to recover up to two years’ overpaid rent. Seek advice from Shelter if you want to know more.

If you have a fair rent registered, your landlord can only increase your rent by applying for a new fair rent. They cannot make an application within two years of the last registration unless special circumstances apply, for example, if they have improved the condition of your property to the extent that the current fair rent is no longer appropriate.

There is usually a maximum amount the rent can be increased by, which takes account of inflation (the Retail Price Index). This cap does not apply if the rent is being registered for the first time or if the landlord has carried out repairs or improvements causing an increase of 15 per cent or more in the existing registered rent.

You can appeal to the Tribunal if you disagree with a fair rent registered by a Rent Officer, but the Tribunal may set a higher rent. You should seek advice before appealing a Rent Officer’s decision.
Fair rents

If you are a regulated tenant, you can ask a Rent Officer to decide what a ‘fair rent’ for your property is. Your landlord also has this right.

A fair rent is the maximum amount your landlord can charge you. In deciding what is fair, the Rent Officer looks at various things, including the age and condition of the property, the condition of any furniture provided by the landlord and rents for similar properties in the area.

They disregard any improvements made, or damage caused, by you. They discount from the amount you could be expected to pay any sum deemed to be attributable to scarcity of accommodation, so you should not pay more if similar properties are in short supply locally.

Seek advice before making an application, as there is no guarantee the rent set by the Rent Officer will be lower than what you currently pay.

If you have not had a fair rent set (‘registered’) or want to apply for a new fair rent, you can apply using form RR1, which can be downloaded at:


Alternatively, ask for a copy from your local Rent Officer service. Details of your local Rent Officer service can be found by contacting the Valuation Office Agency (in England) or the housing division of the Welsh Government (in Wales).

In most cases, if you disagree with the rent set, you can appeal in writing to the Rent Officer. The law says an appeal should be received within 28 days of the date on the Rent Officer’s decision notice, but Officers have been advised to accept appeals received within 35 days to allow for postal delays.

If you miss the deadline, you must have a good reason for the delay, such as being in hospital.

If the Rent Officer accepts your appeal, they refer the case for consideration by the First-Tier Tribunal (Property Chamber – Residential Property). In this factsheet, we refer to this body as ‘the Tribunal’. The Tribunal makes the final decision on the rent that should be set.

Note

In some cases, the Tribunal can set a rent that is higher than the one set by the Rent Officer. You should seek advice before appealing a Rent Officer’s decision.
Assured tenants

You are probably an assured tenant if your private tenancy was granted after 15 January 1989 but before 28 February 1997, provided your landlord did not give advance notice the tenancy was to be ‘assured shorthold’.

If you are an assured tenant, you can be charged market rent. This means your rent is likely to be higher in areas of high demand. Unlike a regulated tenant, you do not have the right to seek a fairer rent than the one you agreed with your landlord. However, you may have limited protection against unreasonable rent increases.

Fixed-term tenancies

If your tenancy was granted for a fixed period of time (a ‘fixed term’), your landlord cannot increase the rent during the fixed term unless your tenancy agreement allows for this (a ‘rent review clause’) or you agree to the increase.

If the fixed term of your assured tenancy ends, you may be entitled to remain in the property under a ‘statutory periodic’ tenancy. This automatically comes into being when a fixed-term assured tenancy ends, you remain in occupation and the landlord does not seek to evict you.

If you are in this position, your landlord can increase your rent, but they must follow a procedure set out in the Housing Act 1988. You must be served a notice in the correct legal form stating the proposed new rent, with at least one month’s notice of the increase. This notice can be given during the fixed period of the tenancy, so that the rise comes into effect when it ends. Your rent cannot go up again within one year of the last increase.

If your landlord gives you notice that they intend to increase the rent and you think the proposed increase is unreasonably high, you can try to negotiate a lower increase.

You have a right of appeal to the Tribunal if the proposed new rent exceeds the market rent for comparable properties in the area. The rent determined by the Tribunal is the maximum amount your landlord can charge you. Seek advice if you want to challenge a rent increase. Be prepared to provide evidence of market rents for similar properties in your area. Your referral must be received by the Tribunal before the proposed increase is due to take effect. Once a rent is set by the Tribunal, your landlord cannot increase it for one year.

Note
In some cases, the Tribunal can set a higher rent than the one being proposed by your landlord, so take advice before making an application for a determination.
Periodic tenancies

Some assured tenancies are periodic from the outset. This means there was never a fixed term. If you have a periodic tenancy, there may be a term in your tenancy agreement allowing for future rent increases, in which case you have no right of referral to the Tribunal. Check your agreement to see what it says.

If there is no such term, your landlord must follow the *Housing Act 1988* procedure set out above when proposing a rent increase. They cannot increase the rent within the first year of the tenancy and cannot normally increase the rent more than once a year without your consent. You can appeal to the Tribunal if you believe a proposed increase exceeds the market rent for comparable properties in the area.

3.3 Assured shorthold tenants

If you have a private tenancy granted on or after 28 February 1997, it is highly likely you have an assured shorthold tenancy.

The rules on rents for assured shorthold tenants are the same as for assured tenants. However, assured shorthold tenants can also challenge the rent agreed at the outset of the tenancy if this is ‘excessive’. Both fixed-term and periodic assured shorthold tenants can do this.

You can only challenge the agreed rent during the first six months of the tenancy. You lose this right once you have been in the property for more than six months, even if your tenancy is renewed.

To challenge your agreed rent, you must apply to the Tribunal using the correct application form, see [www.gov.uk/courts-tribunals/first-tier-tribunal-property-chamber](http://www.gov.uk/courts-tribunals/first-tier-tribunal-property-chamber) for more information.

The Tribunal only makes a decision if there are a sufficient number of comparable properties in the area and your rent is significantly higher than the market rent. If the Tribunal do make a decision, what they decide is the maximum amount your landlord can charge.

Note

Assured shorthold tenants have limited security of tenure after six months (or after the fixed term of the tenancy comes to an end, if this is longer than six months).

It is advisable to carefully consider if it is worth referring your rent or a proposed rent increase to the Tribunal and risk losing the tenancy. See factsheet 68, *Preventing evictions* for more information.
4 Housing association tenants

4.1 Tenancies that began before 15 January 1989

If your tenancy was granted before 15 January 1989 or you had a different tenancy prior to that date but with the same landlord, you have the right to have a fair rent fixed in the same way as regulated private tenants (see section 3.1).

4.2 Tenancies that began after 15 January 1989

Housing association tenancies that began on or after 15 January 1989 are likely to be assured or assured shorthold. See sections 3.2 and 3.3 for information on rents and rent increases.

Most housing associations are regulated, which means there are additional restrictions on their rent setting. As a result, housing association rents are usually cheaper than local market rents. The regulator is the Regulator of Social Housing (in England) or the Welsh Government’s Housing Regulation Team (in Wales).

Since 1 April 2016, housing associations in England have been required to reduce rents by 1 per cent each year. This applies until 2020, when they will be allowed to increase rents by a maximum of inflation (the Consumer Price Index) plus 1 per cent each year for five years.

The current rent reduction applies only to the rent element and not to service charges, unless you have an Affordable Rent property (see section 6). There are exceptions for certain housing associations and certain types of housing, including temporary housing for homeless people, residential care and nursing homes. Supported housing meeting certain criteria, including offering a high level of support to residents, is also exempt.

If you receive notice of a rent increase from a housing association, seek specialist advice to determine whether the rent reduction should apply instead.

5 Local authority tenants

Local authorities are entitled to ‘make such reasonable charges as they may determine for the tenancy’ of their properties. However, this is subject to government regulations and guidance.

Since 1 April 2016, local authorities in England have been required to reduce rents by 1 per cent each year. This applies until 2020, when they will be allowed to increase rents by a maximum of inflation (the Consumer Price Index) plus 1 per cent each year for five years.

The current rent reduction applies only to the rent element and not to service charges, unless you have an Affordable Rent property (see section 6).
There are exceptions to the rent reduction, including temporary housing for homeless people, residential care and nursing homes, and supported housing meeting certain criteria, including offering a high level of support to residents.

If you receive notice of a local authority rent increase, seek specialist advice to determine whether the rent reduction should apply instead.

If you are a periodic secure tenant and the authority can increase your rent, they are likely to do so on an annual basis. They are not required to consult you before doing so. However, they must serve you a ‘notice of variation’ and the rent increase cannot take effect for at least four weeks from the date of the notice. For flexible tenancies, which are granted for fixed terms, the tenancy agreement must contain a ‘rent review’ clause permitting rent increases.

Rent increases must be reasonable. They can be challenged via judicial review. This is a complicated and lengthy process, with potential to incur significant costs, so seek legal advice before taking action. Note, courts have been reluctant to interfere with authorities’ rent setting decisions.

If you are being evicted because you are unable to pay your rent following a rent increase, you may be able to challenge the validity of the increase during possession proceedings.

6 Affordable rents – England

Social landlords (local authorities and regulated housing associations) can charge ‘affordable’ rents for certain properties. These are classed as social housing, but the rent is typically higher than in traditional social housing. It can be up to 80 per cent of the estimated market rent for the property (inclusive of service charges).

The landlord must have an agreement with the Regulator of Social Housing to do this. It must have policies on the criteria it uses to allocate its properties, which should include information on when it grants tenancies at affordable rent levels.

7 ‘High-income’ social tenants – England

Social landlords can set higher rents for households with an annual taxable income of £60,000 and above. Household means the named tenant (or tenants) and their spouse, civil partner or live-in partner. If there are two or more people in your household with taxable income, only the two highest incomes should be taken into account.

Landlords adopting this policy must look at the tenants’ taxable income in the tax year ending in the financial year before the financial year in question. For the 2019/20 financial year, this is income received in the 2017/18 tax year. If a household experiences a ‘sudden and ongoing loss of income’, the landlord is expected to re-evaluate the rent charged.
Rent rebates - England

You may be able to reclaim up to 12 months’ rent from your landlord, if they commit one of a number of specific offences. You can do this whether they have been convicted of the offence or not, but you may be able to reclaim more money if they are convicted.

The offences are:

- operating as a landlord when they have been banned from doing so
- using, or threatening to use, violence to secure entry to your property
- carrying out, or attempting to carry out, an illegal eviction
- harassing you with the aim of getting you to leave the property. This means acting in a way likely to interfere with your peace and comfort, or persistently withdrawing or withholding necessary services
- failing to comply with certain health and safety notices issued by the local authority under the Housing Act 2004
- failing to obtain a licence for your property if it requires one by law or under a special scheme the local authority has set up.

You do this by applying to the Tribunal for a Rent Repayment Order (RRO). This is a court order requiring the landlord to repay you an amount decided by the court.

You can apply for a RRO even if you are no longer a tenant of the landlord who committed the offence. You must have been their tenant at the time of the offence and the offence must have been committed in relation to your home.

Your application must be made within 12 months of the offence. The offence must have been committed on or after 6 April 2017. Slightly different rules apply for licensing offences.

If you want to make an application against your current landlord, you need to think carefully about your security of tenure. Speak to an adviser if you are unsure.

The Tribunal may decide to make an order if they are satisfied, beyond reasonable doubt, that your landlord committed the offence.

In deciding how much the landlord must repay, the Tribunal deduct any Housing Benefit (HB) or Universal Credit (UC) payments you received during the 12-month period.

They take into account factors such as the way you and the landlord have behaved, the landlord’s financial circumstances, and whether they have been convicted of any of the offences previously.
If the landlord has been convicted of the specific offence to which the RRO relates, the Tribunal must order them to repay the maximum amount (i.e. your rent minus any HB or UC payments). The only exceptions are if the offence was failing to obtain a licence or if exceptional circumstances apply.

Local authorities can apply for a RRO to re-claim HB or UC payments made to the landlord. They have a duty to consider making an application if they become aware a landlord letting properties in their area has been convicted of one of the offences.

They may help you to apply for a RRO to re-claim your portion of the rent, for example by helping you to make the application or offering you advice. Speak to your local authority about what help they can provide.

Contact a specialist housing organisation like Shelter if you think you have grounds to apply for a RRO.

For more information on health and safety notices and licensing, see factsheet 67, *Home improvements and repairs*. For more information on security of tenure, see factsheet 68, *Preventing evictions*. 
Useful organisations

The law relating to rights for tenants is complicated. This factsheet aims to give you basic information about your rights but in many cases you may want to get more detailed advice from a specialist adviser.

Citizens Advice
England or Wales go to www.citizensadvice.org.uk
In England telephone 0344 411 1444
In Wales telephone 0344 477 2020

National network of advice centres offering free, confidential, independent advice, face to face or by telephone.

Housing advice services

The availability and quality of housing advice varies from area to area. Local councils have a legal duty to ensure that advice and information about homelessness and how to prevent homelessness are available in their local area. Contact your local authority as soon as possible if you are worried you may become homeless.

In some areas there may be a specific housing advice or housing aid centre, providing advice on a range of housing issues. Your local council or Citizens Advice should be able to tell you if there is a housing advice centre in your area.

Housing Ombudsman Service (The)
www.housing-ombudsman.org.uk
Telephone 0300 111 3000

Investigates complaints about landlords made by tenants in England. Membership is mandatory for social landlords registered with the Regulator of Social Housing. Membership is voluntary for private landlords and very few will be members.

Legal advice

Solicitors can advise you on the law and represent you in court if necessary. If you approach a solicitor about a housing matter, check they are experienced in housing law. Your local housing advice centre or Citizens Advice may be able to refer you to an experienced solicitor. If you are on a low income, you may be able to qualify for free legal advice (legal aid).

For more information see factsheet 43, Getting legal advice.
Local Government and Social Care Ombudsman (LGSCO)
www.lgo.org.uk/
Telephone 0300 061 0614

In England, the LGSCO investigates complaints about injustice arising from poor administration by local authorities (in Wales, see Public Services Ombudsman for Wales).

Ministry of Housing, Communities and Local Government (MHCLG)
Telephone 030 3444 0000

Website has useful information on planning laws, tenants’ rights and environmental protection to England (in Wales, see Welsh Government).

Public Services Ombudsman for Wales
www.ombudsman-wales.org.uk
Telephone 0300 790 0203

In Wales, the Ombudsman investigates whether you have been treated unfairly or received a bad service from a public body, such as a local authority.

Regulator of Social Housing
www.gov.uk/guidance/about-the-regulator-of-social-housing
Telephone 0300 124 5225

Regulates registered providers of social housing in England, including local authority landlords and housing associations. It sets standards that providers are expected to meet, but only intervenes in serious cases where harm has been caused or is likely (in Wales, see Welsh Government).

Shelter
www.shelter.org.uk
Telephone 0808 800 4444 (free call)

A national charity providing specialist housing advice, including advice on tenancy rights, homelessness, repairs and housing benefit.

Shelter Cymru
www.sheltercymru.org.uk
Telephone 0345 075 5005
Tai Pawb
www.taipawb.org
Telephone 029 2053 7630

An organisation in Wales promoting equality and social justice in housing. Tai Pawb works in partnership with providers and receivers of housing services, local authority partners, voluntary organisations and the Welsh Government.

Valuation Office Agency (VOA)
www.gov.uk/government/organisations/valuation-office-agency
Telephone 03000 501501

VOA Rent Officers assess applications for fair rents under the Rent Act 1977. In Wales, this function is carried out by the Housing Division of the Welsh Government.

Welsh Government
www.wales.gov.uk
Telephone 0300 0604400

The devolved government for Wales.

Your local authority (council)
www.gov.uk/find-local-council

If you are not a local authority tenant and are having problems with your landlord, the authority may have a tenancy relations officer who can help you. Whoever your landlord is, the authority must ensure information and advice about homelessness and is available to you free of charge. They may have a duty to help you if you become homeless or are threatened with homelessness.
Age UK

Age UK provides advice and information for people in later life through our Age UK Advice line, publications and online. Call Age UK Advice to find out whether there is a local Age UK near you, and to order free copies of our information guides and factsheets.

Age UK Advice
www.ageuk.org.uk
0800 169 65 65
Lines are open seven days a week from 8.00am to 7.00pm

In Wales contact
Age Cymru Advice
www.agecymru.org.uk
0800 022 3444

In Northern Ireland contact
Age NI
www.ageni.org
0808 808 7575

In Scotland contact
Age Scotland
www.agescotland.org.uk
0800 124 4222

Support our work

We rely on donations from our supporters to provide our guides and factsheets for free. If you would like to help us continue to provide vital services, support, information and advice, please make a donation today by visiting www.ageuk.org.uk/donate or by calling 0800 169 87 87.
Our publications are available in large print and audio formats

Next update June 2020

The evidence sources used to create this factsheet are available on request. Contact resources@ageuk.org.uk

This factsheet has been prepared by Age UK and contains general advice only, which we hope will be of use to you. Nothing in this factsheet should be construed as the giving of specific advice and it should not be relied on as a basis for any decision or action. Neither Age UK nor any of its subsidiary companies or charities accepts any liability arising from its use. We aim to ensure that the information is as up to date and accurate as possible, but please be warned that certain areas are subject to change from time to time. Please note that the inclusion of named agencies, websites, companies, products, services or publications in this factsheet does not constitute a recommendation or endorsement by Age UK or any of its subsidiary companies or charities.

Every effort has been made to ensure that the information contained in this factsheet is correct. However, things do change, so it is always a good idea to seek expert advice on your personal situation.

Age UK is a charitable company limited by guarantee and registered in England and Wales (registered charity number 1128267 and registered company number 6825798). The registered address is Tavis House, 1–6 Tavistock Square, London WC1H 9NA. Age UK and its subsidiary companies and charities form the Age UK Group, dedicated to improving later life.