

Information Guide Index

May 2018

Number	Title	Date of publication
Money and legal		
IG02	Lesbian, gay, bisexual or trans	April 2018
IG03	When someone dies	August 2017
IG05	Avoiding scams	June 2016
IG21	Powers of attorney	April 2018
IG30	Save energy, pay less	September 2017
IG31	Wills and estate planning	December 2017
IG43	More money in your pocket	April 2018
IG45	Protecting yourself	August 2016
IG49	Attendance Allowance	April 2018
IG50	Pension Credit	April 2018
IG51	Before you go	May 2015
IG52	Carer's Allowance	April 2018
IG53	State Pension	April 2018
IG54	Council Tax Support	April 2018
IG57	Getting help with debt	November 2016
IL08	How to be an executor	June 2016
Health and wellbeing		
IG07	Your hospital stay	June 2016
IG14	Staying steady	November 2017
IG15	Bladder and bowel problems	December 2017
IG24	Healthy living	August 2016
IG27	Winter wrapped up	August 2017
IG32	Bereavement	February 2016
IG38	Healthy eating	January 2017
IG47	Caring for someone with dementia	September 2016
IG48	Living with early-stage dementia	December 2017
IG55	At home with dementia	July 2016
IG56	Your mind matters	September 2016
IL01	Staying cool in a heatwave	January 2017
Home and care		
IG01	Staying safe	June 2017
IG06	Care homes	July 2015
IG08	Housing options	January 2017
IG13	Advice for carers	March 2017
IG17	Adapting your home	November 2016
IG23	Getting help at home	May 2016
IL05	Care home checklist	April 2016
IL07	Home safety checker	May 2017

Work and learning		
IL04	Internet security	June 2017
Travel and lifestyle		
IG10	Useful contacts	April 2018
IG44	In the driving seat	July 2016

To view or download the entire range visit: www.ageuk.org.uk/services/information-advice/guides-and-factsheets/ or call Age UK Advice on: **0800 169 65 65**.