<table>
<thead>
<tr>
<th>Indicator</th>
<th>Variables/questions in USoc</th>
</tr>
</thead>
<tbody>
<tr>
<td>Creative and cultural</td>
<td>Have you taken part in the last 12 months: Dance, including ballet; Sang to an audience or rehearsed for a performance (not karaoke); Played a musical instrument; Written music; Rehearsed or performed in a play/drama, opera/operetta or musical theatre; Taken part in a carnival or street arts event (e.g. as a musician, dancer or costume maker); Learned or practised circus skills; Painting, drawing, printmaking or sculpture; Photography, film or video making as an artistic activity (not family or holidays); Used a computer to create original artworks or animation; Textile crafts, wood crafts or any other crafts, such as embroidery, knitting, wood turning, furniture making, pottery or jewellery; Read for pleasure (not newspapers, magazines or comics); Written any stories, plays or poetry; Been a member of a book club, where people meet up to discuss and share books</td>
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<tr>
<td>participation</td>
<td>Have you attended in the last 12 months: Film at a cinema or other venue; Exhibition or collection of art, photography or sculpture or a craft exhibition (not crafts market); Event which included video or electronic art; Event connected with books or writing; Street arts or a public art display or installation (art in everyday surroundings, or an art work such as sculpture that is outdoors or in a public place); Carnival or culturally specific festival (for example, Mela, Baisakhi, Navrati, Feis); Circus (not animals); Play/drama, pantomime or a musical; Opera/operetta; Classical music performance; Rock, pop or jazz performance; Ballet; Contemporary dance; African people's dance or South Asian and Chinese dance</td>
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<td></td>
<td>Have you visited or used in the last 12 months: public library service; an archive centre or records office; a museum or gallery; a historical site (lots of other examples given)</td>
</tr>
<tr>
<td>Physical activities</td>
<td>Having done any of the following in the last 12 months: Health, fitness, gym or conditioning activities (including aerobics, keep-fit classes, weight-training or weight-lifting); Gymnastics; Swimming or diving; Cycling, BMX or mountain biking (for sport or recreation); Football (including 5 or 6-a-side); Rugby (Union or League) or American Football; Track and field athletics; Jogging, cross-country, road-running; Hill trekking, backpacking, climbing or mountaineering; Golf (including pitch and putt); Boxing; Martial arts (including tai chi, taekwondo, karate and judo); Water sports, including yachting, dinghy sailing, canoeing, rowing, windsurfing, waterskiing etc.; Horse riding; Basketball; Netball; Volleyball; Cricket; Hockey (exclude ice, roller or street hockey but include in 'other'); Baseball, softball or rounders; Racquet sports such as table tennis, tennis, badminton or squash; Ice-skating; Skiing (on snow, or an artificial surface: on slopes or grass); Motor sports; Angling or Fishing; Archery (if Age &gt; 64); Yoga or pilates</td>
</tr>
</tbody>
</table>
| **Thinking skills (cognitive ability)** | **Delayed word recall: Number of correct items**  
|                                         | **Immediate word recall: Number of correct items**  
|                                         | **Subtract 7: Number of correct answers**  
|                                         | **Verbal fluency: Count of correct answers**  
|                                         | **Numeric ability: Count of items answered correctly** |
| **Mental wellbeing**                   | **feeling optimistic about the future**  
| (Warwick-Edinburgh Mental Wellbeing Scale) | **feeling useful**  
|                                         | **feeling relaxed**  
|                                         | **dealing with problems well**  
|                                         | **thinking clearly**  
|                                         | **feeling close to others**  
|                                         | **able to make up own mind** |
| **Level of education**                 | **Highest educational qualification** |
| **Diagnosed health conditions**        | ‘Has a doctor or other health professional ever told you that you have any of these conditions?’ Listed conditions given:  
|                                         | asthma  
|                                         | arthritis  
|                                         | congestive heart failure  
|                                         | coronary heart disease  
|                                         | angina  
|                                         | heart attack or myocardial infarction  
|                                         | stroke  
|                                         | emphysema  
|                                         | hyperthyroidism or an over-active thyroid  
|                                         | hypothyroidism or an under-active thyroid  
|                                         | chronic bronchitis  
|                                         | any kind of liver condition  
|                                         | cancer or malignancy  
|                                         | diabetes  
|                                         | epilepsy  
|                                         | high blood pressure  
| **Personality – Openness**             | **Being original**  
<p>| (One of the ‘Big 5’ personality traits) | <strong>Being artistic</strong> |</p>
<table>
<thead>
<tr>
<th>Having an active imagination</th>
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<tbody>
<tr>
<td></td>
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<tr>
<td><strong>Longstanding illness or disability</strong></td>
</tr>
<tr>
<td><strong>Social participation</strong></td>
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</tbody>
</table>
| **Mental health (GHQ-12 indicators)** | concentration  
loss of sleep  
playing a useful role  
capable of making decisions  
constantly under strain  
problem overcoming difficulties  
enjoy day-to-day activities  
ability to face problems  
unhappy or depressed  
losing confidence  
believe worthless  
general happiness |
| **Personality – Conscientiousness** (One of the ‘Big 5’ personality traits) | Doing a thorough job  
Being lazy (inverse)  
Being efficient |
| **Home owned outright** | Housing tenure |
| **No means-tested benefits** | Types asked about in USoc:  
icapacity benefit  
income support  
job seeker’s allowance  
national insurance credits  
child benefit (including lone-parent child benefit payments)  
child tax credit  
working tax credit (includes disabled person’s tax credit)  
maternity allowance  
housing benefit  
council tax benefit |
| Civic participation | Educational grant (not student loan or tuition fee loan) 
trade union / friendly society payment 
maintenance or alimony 
income from any other state benefit |
|---------------------|------------------------------------------------------------------|
|                     | In the last 12 months, have you been active in: political party; trade 
unions; environmental group; parents /school association; tenants 
/residents group or neighbourhood watch; religious group or church 
organisation; voluntary services group; pensioners group/organisation; 
scouts/guides organisation; professional organisation; other community or civic group |
| Level of pension income | **Types asked about in USoc:** 
retirement / state retirement (old age) pension 
a pension from a previous employer 
a pension from a spouse’s previous employer 
a private pension / annuity 
a widow’s or war widow’s pension 
a widowed mother’s allowance / widowed parent’s allowance 
pension credit (includes guarantee credit & saving credit) 
severe disablement allowance 
industrial injury disablement allowance 
disability living allowance 
attendance allowance 
carer’s allowance (formerly invalid care allowance) 
war disablement pension |
| Personality – Extraversion (One of the ‘Big 5’ personality traits) | Being talkative 
Being sociable 
Being reserved (inverse) |
| Married | Legal marital status |
| Have friends | How many close friends do you have |
| Neighbourliness of local area | Belong to neighbourhood 
Local friends mean a lot 
Advice obtainable locally 
Can borrow things from neighbours 
Willing to improve neighbourhood 
Plan to stay in neighbourhood 
Am similar to others in neighbourhood 
Talk regularly to neighbours |
| Level of financial wealth | National Savings Accounts (formerly National Savings Bank or Post Office Accounts)  
ISA – cash only  
ISA – stocks and shares or PEPs  
Premium Bonds  
Other types of savings accounts |
|---------------------------|----------------------------------------------------------------------------------|
| Personality – Neuroticism  
(One of the ‘Big 5’ personality traits; reversed to be ‘Emotional stability’) | Worrying a lot  
Getting nervous  
Being relaxed (inverse) |
| Live with other people | number of people in household |
| Working | Current economic activity |
| Widowed | Legal marital status |
| Satisfaction with the standard of local leisure facilities | Please tell me whether you consider your local area services to be excellent, very good, fair or poor? Leisure |
| Personality – Agreeableness  
(One of the ‘Big 5’ personality traits) | Being rude (inverse)  
Having a forgiving nature  
Being kind |
| Satisfaction with the standard of local medical services | Please tell me whether you consider your local area services to be excellent, very good, fair or poor? Medical |
| Low intensity helping/caring | 1-19 hours per week spent looking after or providing help for someone |
| Divorced | Legal marital status |
| Level of housing wealth | Value of property |
| Intergenerational connections  
(monetary and non-) | Help given to parents or children:  
giving them lifts in your car (if you have one)  
shopping for them |
| Monetary | providing or cooking meals  
helping with basic personal needs like dressing, eating, etc  
washing, ironing or cleaning  
dealing with personal affairs e.g. paying bills  
decorating, gardening or house repairs  
financial help  
anything else  

**Help received from parents or children:**  
getting a lift in their car (if they have one)  
shopping for you  
providing or cooking meals  
looking after your children  
washing, ironing or cleaning  
dealing with personal affairs e.g. paying bills  
decorating, gardening or house repairs  
financial help  
anything else  |

<table>
<thead>
<tr>
<th>Material resources</th>
<th>Do you have ...</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A holiday away from home for at least one week a year, whilst not staying with relatives at their home?</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Do you have a small amount of money to spend each week on yourself (not on your family)?</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Keep up with bills and regular debt repayments?</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Enough money to keep your house in a decent state of repair?</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Household contents insurance?</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Enough money to make regular savings of £10 a month or more for rainy days or retirement?</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Enough money to replace any worn out furniture?</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Enough money to replace or repair major electrical goods such as a refrigerator or a washing machine, when broken?</strong></td>
<td></td>
</tr>
</tbody>
</table>

| Level of earnings | Take-home pay (employee)  
Self-employment income |
|-------------------|---------------------|

<table>
<thead>
<tr>
<th>Not looking after anyone</th>
<th>0 hours per week spent looking after or providing help for someone</th>
</tr>
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<table>
<thead>
<tr>
<th>Financial debt</th>
<th>Total amount owed</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Satisfaction with the standard of local shopping facilities</th>
<th>Please tell me whether you consider your local area services to be excellent, very good, fair or poor? Shopping</th>
</tr>
</thead>
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<thead>
<tr>
<th>Home owner with a mortgage</th>
<th>Housing tenure</th>
</tr>
</thead>
<tbody>
<tr>
<td>High intensity helping/caring</td>
<td>20+ hours per week spent looking after or providing help for someone</td>
</tr>
<tr>
<td>------------------------------</td>
<td>------------------------------------------------------------------</td>
</tr>
<tr>
<td>Satisfaction with the standard of local public transport</td>
<td>Please tell me whether you consider your local area services to be excellent, very good, fair or poor? Public transport</td>
</tr>
<tr>
<td>Have children</td>
<td>Living relatives not living in household: son(s)/daughter(s)</td>
</tr>
</tbody>
</table>