Adapting your home for easier living

- **Adjustable beds**
  with simple controls can make it easier to get in and out of bed.

- **Motion sensor lights**
  that turn on when you get out of bed could prevent trips in the dark.

- **Powered riser-recliner chairs**
  can be much easier to get in and out of compared with regular armchairs.

- **KeySafe or Door entry systems**
  allow trusted family and carers to let themselves in securely.

- **Easy access showers & Shower seats**
  allow you to walk straight in and sit down, which can help prevent falls.

- **Toilet frames**
  can be helpful for those who struggle to get up and down.

- **Stairlift & Second handrail**
  can make independently getting up and down stairs much easier.

- **Ramps and handrails**
  can replace stairs to your front door for easier access.

- **Kitchen mobility accessories**
  could help if you struggle to reach or lift things in the kitchen.

- **Wider internal doors**
  can improve accessibility when using a wheelchair or walking aid.