## Your distance tracker

My age:

My fundraising target: £

My distance target:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					* • *	01.
				Time to	E	Distance covered
				Time to lace up!		Total distance
02.	03.	04.	05.	06.	07.	08.
Distance covered	Distance covered	Distance covered	Distance covered	Distance covered	Distance covered	Distance covered
Total distance	Total distance	Total distance	Total distance	Total distance	Total distance	Total distance
				-		-
09.	10.	11.	12.	13.	14.	15.
Distance covered	Distance covered	Distance covered	Distance covered	Distance covered	Distance covered	Distance covered
Total distance	Total distance	Total distance	Total distance	Total distance	Total distance	Total distance
16.	17.	18.	19.	20.	21.	22.
Distance covered	Distance covered	Distance covered	Distance covered	Distance covered	Distance covered	Distance covered
T	T. 1.0.	T 1.0.	T	T - 1 P -	7.1.0	T
Total distance	Total distance	Total distance	Total distance	Total distance	Total distance	Total distance
23. Final Stretch	24.	25.	26.	27.	28.	29.
Distance covered	Distance covered	Distance covered	Distance covered	Distance covered	Distance covered	Distance covered
Total distance	Total distance	Total distance	Total distance	Total distance	Total distance	Total distance
30.	31.					
Distance covered	Distance covered					
		My fund				
Total distance	Total distance	total is:	t			