

Read through this set of tasks with the older person you are working with and ask them how confident they feel:

Do they feel confident?

Or are they simply not interested in this topic?

Do they need more practice?

Use these responses to determine what you will cover in your session/s.

Task	I feel confident doing this	I would like more practice	I am not interested in this
I am able to turn on a device			
I am able to connect a device to the safe and secure Wi-Fi network			
I am able to connect to the internet and open a browser to use websites			
I am able to identify secure websites			
I am able to keep information accessed online secure, making use of secure passwords			
I am able to update and change passwords			
I am able to communicate with others via my device e.g. via email or other messaging apps			
I am able to identify suspicious links and know how to respond to them			
I am able to use video calling tools			
I am able to use social media platforms e.g. Facebook			
I am able to set privacy settings on social media and other accounts			
I am able to buy goods or services online			
I am able to access and use public services online			
I am able to use different payment methods online			
I am able to manage my money and transact online securely			